

HOCHPUSTERTAL



# HOCHPUSTERTALi**INFO**

Information & tips for your holiday region

**SUMMER 2019**



[www.osttirol.com](http://www.osttirol.com)





# SCHLOSS BRUCK

MUSEUM  
OF THE CITY  
OF LIENZ



## 18. MAY – 27. OCT. 2019

### EXHIBITIONS 2019

#### PATHS TO MODERNITY

Painting in Carinthia & Tyrol from 1900 to 1960

„PAINT ME THE SKY“

Simon von Taisten at the castle of Bruck

#### SPACE AND SOUL

Bronze sculptures by  
Gottfried Fuetsch (1909 – 1989)

#### SCHLAGLICHT

Lienz and the surrounding area  
in selected photographs

### MUSEUM CAFÉ

with sun terrace

### GUIDED TOURS

each sunday at 11.00  
and after arrangement

### PROGRAMM FOR FAMILIES

Vacation workshop  
Workshops for children  
Night at the museum  
Cultural events  
at the inner courtyard

### MAY / JUNE

Ore 10 – 17, Lunedì chiuso

### JULY / AUGUST

Ore 10 – 18, giornaliero

### SEPTEMBER / OCTOBER

Ore 10 – 16, Lunedì chiuso

### SCHLOSS BRUCK

9900 Lienz, Schlossberg 1

T +43 4852 62580

museum@stadt-lienz.at

[www.museum-schlossbruck.at](http://www.museum-schlossbruck.at)

# Content overview

	<b>Page</b>
<b>The most important from A to Z</b> .....	4
Osttirol's Glockner-Dolomiten Card 2019 .....	14
Regio Bus .....	15
<b>The villages of the holiday region</b>	
Sillian .....	16
Abfaltersbach .....	18
Anras .....	19
Heinfels .....	20
Strassen .....	21
Außervillgraten .....	22
Innervillgraten .....	23
The Tiroler Gailtal valley .....	24
Kartitsch .....	25
Obertilliach .....	26
Untertilliach .....	28
<b>Museums &amp; tourist attractions</b> .....	29
<b>Culinary</b>	
East Tyrolean cuisine .....	36
East Tyrolean breakfast, Hauben-awarded restaurants .....	37
Culinary tips, Pregler .....	38
<b>Sports &amp; leisure time</b>	
Insider tips in the holiday region Hochpustertal .....	45
Family offers .....	46
Hiking area Thurmtaler / Mountain railways .....	49
Hiking area Golzentipp / Mountain railways .....	50
Long distance hikes & theme trails .....	52
Mountain huts & pasture inns .....	57
Mountaineering & climbing .....	58
Cycling, Mountain biking, MTB-Single-Trails .....	60
White-water-sports .....	62
Golf - Dolomitengolf .....	65
Swimming pools .....	66
Paragliding .....	68
Flying .....	69
<b>Excursion tips</b>	
Lienz the Dolomites city .....	71
Water adventure park at Galitzenklamm gorge .....	72
Vitalpinum .....	74
Adventure world Assling .....	75
further excursion tips .....	76
<b>Events</b>	
Brass music band concerts .....	82
Returning events .....	84
Event calendar .....	85
Winter holidays in Hochpustertal .....	86

# The most important from A to Z



## **General important Phone numbers**

Apotheken Notdienst	141
Ärztebereitschaft	141
Bergrettung	140
Bergwacht	+43 664 3453551
Euronotruf	112
Feuerwehr	122
Wasserrettung Lienz	+43 4852 64144
Krankenhaus Lienz	+43 4852 606
Lawinenwarndienst	+43 512 1588
Polizei	133
Rettung	144
Rotes Kreuz	+43 4852 62321
Felbertauernstraße	+43 4875 880611
ARBÖ	+43 50-123-2706, Notruf 123
ÖAMTC	+43 4852 63322, Notruf 120
ÖBB - Bahnhof Lienz	+43 5 1717
Postamt-Auskunft	+43 577677 9900

## **Alpine Club**

**OEAV Sektion Sillian.** Anton Sint, Sillian 185d, 9920 Sillian  
Tel. +43 664 5750847, sillian@sektion.alpenverein.at, www.alpenverein.at/sillian

## **Animal protection association East Tyrol**

9900 Lienz, Pfister 6, Tel. +43 664 4433919 oder +43 664 9163342

## **Archery Archery parcour Schützengilde Hochpustertal.**

www.sgphp.at, Sat + Sun from 15.00-18.00 (except 1st weekend of the month)  
Fee: incl. equipment rental and enrollment - without time limit  
Adults: € 15,00 | Kids, youth: € 10,00 | Use of parcours without equipment rental  
Members: € 5,00 | Non-members: € 10,00. Reservation: Weiler Ingo, Tel. +43 676 6273891 (from 5 persons also possible at other times on request)

## **Automobile clubs**

**ARBÖ** - Base Lienz: Pustertaler Str. 1, Tel. +43 50 123 2706 or quickdial 123

**ÖAMTC** Lienz: Tiroler Straße 19a, Tel. +43 4852 63322 or quickdial 120

## **Banking | ATM**

**Raiffeisenbank Sillian**, Marktplatz 10, Tel. +43 4842 63310

**Lienzer Sparkasse – branch Sillian**, Marktplatz 99, Tel. +43 50 10033650

**Dolomitenbank – branch Heinfels**, Panzendorf 150, Tel. +43 4842 5151

**Raiffeisenbank Sillian – branch Strassen**, Dorfstraße 15, Tel. +43 4842 6331-52100

**Raiffeisenbank Sillian – branch Abfaltersbach** HNr. 197, Tel. +43 4842 6331-52200

**Raiffeisenbank Sillian – branch Anras**, Dorf 33, Tel. +43 4842 6331-52500

**Raiffeisenbank Sillian – branch Kartitsch**, HNr. 80, Tel. +43 4842 6331-52300

**Raiffeisenbank Sillian – branch Obertilliach**, Dorf 4, Tel. +43 4842 6331-52400

**Raiffeisenkasse Villgratental – Außervillgraten**, HNr. 136, Tel. +43 4843 5205

**Raiffeisenkasse Villgratental – Innervillgraten**, Gasse 79, Tel. +43 4843 5304

## **Bike rent | -service & E-bikes**

**Zweirad-Center Bodner**, Zentrum 80, 9920 Sillian, [www.autobodner.at](http://www.autobodner.at),  
office@autobodner.at, Tel. +43 4842 6709

Price/day: Citybike € 13,- to 15,-, Kids-bike € 6,- to 8,-, E-Bike € 30,-

**Sunny Sport 2000**, Pustertaler Straße 40, 9920 Sillian, [www.sunny-2000.com](http://www.sunny-2000.com),  
office@sunny-2000.com, Tel. +43 4842 51422

Price/day: Citybike € 15,- to 20,- Kids-bike € 5,- to 8,- E-Bike € 30,-

**Papin Sport Innichen** - Service Station, Bahnhofsgelände Sillian,  
[www.papinsport.com](http://www.papinsport.com), info@papinsport.com, Tel. +43 720 445566

Price/day: Citybike € 16,- to 25,- Kids-bike € 10,- to 14,- E-Bike € 30,- to 43,-

**Sport Auer** - Dorf 7, 9942 Obertilliach, [sport.auer@aon.at](mailto:sport.auer@aon.at), Tel. +43 664 1523608  
[www.sport-auer.com](http://www.sport-auer.com). Price/day: MTB from € 20,- Kids-bike from € 8,- E-Bike from € 35,-

**E-Bike Verleih Wiedemair** - Gasse 71, 9932 Innervillgraten  
[claudia.wiedemair@gmx.at](mailto:claudia.wiedemair@gmx.at), Tel. +43 664 2010555

Price/day: E-Bike € 35,- childrens-bike-seat € 5,-



## **Camping**

**Camping Lienzer Dolomiten**, 9918 Strassen, Tassenbach 23

Tel. +43 4842 5228, Mobil +43 664 5593268, [www.camping-tirol.at](http://www.camping-tirol.at)

## **Car rent**

**Autohaus Rogen**, Kärntner Str. 36, Tel. +43 4852 62335

**Autohaus Niedertscheider (Hertz)**, Tiroler Straße 17, Tel. +43 4852 63644



## **Children's playgrounds**

**Sillian** | „Wichtelpark“ – with a 30 m tube slide and lots of other attractions – [www.wichtel.at](http://www.wichtel.at)

**Heinfels** | situated on the east side of the village next to the sports center (near Drau Cycle Path).

**Strassen** | situated in the center of the village, beyond the elementary school

**Abfaltersbach** | in the center of the village at the pavilion

**Anras** | children's playground "Titschsiedlung"

**Außervillgraten** | in the hamlet Unterfelden

**Innervillgraten** | lies with the Kneipp path and forest educational trail in the forest „Gutnigger Waldele“ at the beginning of Innervillgraten.

**Kartitsch** | children's playground at the sports & leisure center

**Obertilliach** | on „Mühlboden“ at the funcourt and at the elementary school

**Untertilliach** | in the hamlet Eggen

 **Culture and concerts** view program of events from page 111 as well as according to the notice and the Osttiroler Bote.

## **Church service (catholic)**

**Sillian / Heinfels**, Tel. +43 4842 6319, Sta 19.00, Sun 10.00 , Sun 8.30  
Expositur Heinfels St. Peter und Paul

**Strassen / Abfaltersbach / Anras**, Tel. +43 4846 6351, Sat 19.30, Sun 8.30 und 10.00. Monthly changing times in those villages for each church service.

**Außervillgraten**, Tel. +43 4843 5228, Sat 19.30, Sun 8.15

**Innervillgraten**, Tel. +43 4843 5306, Sun 10.00

**Kartitsch**, Tel. +43 4848 5255, Sun 6.30 and 9.00

**Hollbruck**, Sat 19.30

**Obertilliach**, Tel. +43 4847 5209, Sta 19.00 , Sun 08.30

**Untertilliach**, Sun 10.00, last Sat of the month 19.00

Those are the usual returning times of church service. Detailed programmes are available at the municipal websites!

**Protestant church** at the Drau-bridge in Lienz, Tel. +43 4852 62146.

Church service at 9.30 on each 2nd and 4th Sunday of the month and on holidays

## **Cinema CINE X (3D Digital)**

9900 Lienz, Am Markt 2, +43 4852 67111, reservations online: [www.cinex.at](http://www.cinex.at), cinema center with 4 halls, china restaurant, barber and cinebar, weekly changing program (see also in Osttiroler Boten); Slot machines, table football

## **Doctors**

**Dr. Lukas Hofer**, 9920 Sillian 179a, Tel. +43 4842 6418

**Dr. Jakob Walder**, 9920 Sillian 84a, Tel. +43 4842 20050

**Dr. Rhonda Sternik**, 9920 Sillian 155, Tel. +43 4842 200 7777

**Dr. Herbert Steurer**, 9913 Abfaltersbach 147, Tel. +43 4846 6400

**Dr. Josef Obmascher**, 9942 Obertilliach, Dorf 120, Tel. +43 4847 5133

**Dr. Gernot Walder**, 9931 Außervillgraten, Unterwalden 30, Tel. +4843 20065

 **E-gas station** see gas stations on page 12

## **Emergency calls (Quickdials)**

**Feuerwehr** 122, **Polizei** 133, **Rettung** 144, **Bergrettung** 140

**ÖAMTC** 120, **ARBÖ** 123

 **Excursion tips** see from page 71

## **Farmers' market / - store**

**Bauernladen Hochpustertal**. Tel. +43 680 5572072,  
[bauernladen.sillian@gmail.com](mailto:bauernladen.sillian@gmail.com), [www.bauernladen.wordpress.com](http://www.bauernladen.wordpress.com)

**Stadtmarkt Lienz**, year-round weekly market with fresh and regional delicacies and specialities. Friday: 13.00 – 18.30 and Saturday: 8.30 – 12.30

## **Fishing (fishing cards and information)**

**Sillian**. Fishing possibilities on the Drau, from the state-border till Rabland/Heinfels: Mr. Calovi Anton, Sillian 201j, Tel. +43 4842 6594, Price: € 35,-

**Strassen**. Reservoir pond Tassenbach, Mr. Bodner, Forellenhof, Tel. +43 4842 6317, Price: € 30,-

**Innervillgraten**. Fly fishing on creek Villgrater Bach, Gannerhof, Tel. +43 4843 5240, +43 650 2037008, Preis: € 50,-

**Obertilliach**. lake Klafsee and creek Dorferbach, Hotel Unterwöger, Dorf 26, Tel. +43 4847 5221, Preis: € 30,-

**Kartitsch**. Creek Kleine Gail, Mr. Bodner, Forellenhof, Tel. +43 4842 6317

## **Fitness Studio**

**Gesundheitswelt Sillian**, Nr. 92, Tel. +43 4842 670067,  
[www.gesundheitswelt-sillian.at](http://www.gesundheitswelt-sillian.at); Opening times: Mon, Wed, Fri 8.30-12.00 and 16.00-21.00 ; Tue, Thu 16.00-21.00 ; Sa 16.00-20.00

**Langlauf- u. Biathlonzentrum Osttirol GmbH**, Rodarm 25, 9942 Obertilliach, Tel. +43 4847 20060, [www.biathlon-obertilliach.com](http://www.biathlon-obertilliach.com) (on request!)

## **Flying school (paraglider)**

### **Blue Sky Flugschule Hochpustertal GmbH**

Tandem flights, trial courses, basic- and training-courses!

Zentrum 83, 9920 Sillian, Tel. +43 4842 20176, office-bluesky@aon.at, www.bluesky.at

## **Gas stations**

**BP Tankstelle**, Grenze, Sillian | **OMV Tankstelle**, Grenze, Sillian

**Lagerhaus Tankstelle**, Westeinfahrt, Sillian | **Shell Tankstelle**, Heinfels

**Tankstelle M3**, Tassenbach | **Tankstelle Lugger**, (Tankautomat), Obertilliach

**E-gas station Feuerwehrhaus**, Sillian | **E-gas station Locker**, Heinfels

**Autogas** bei Fa. Schedl Energie + Technik GmbH, 9900 Lienz, Südbahnstr. 3

## **Golf | Golfschool | Golfshop** Dolomitingolf on page 65.

## **High wire course**

The high ropes course is located in the Wichtelpark in Sillian. The adventure park high wire garden invites the whole family to an exciting journey of discovery in the natural forest. For details see page 47.

## **Hiking offers | Hiking badges** see page 54

## **Horse carriage rides**

**Walder Gottfried**, Strassen 101, Tel. +43 664 4949171

**Fürhapter Ingo**, Außervillgraten 137, Tel. +43 664 4457221

or Jausenstation „Reiterstube“ Tel. +43 4843 5188

## **Horse riding**

**Christine Weber**, 9919 Heinfels, Panzendorf 245,

Tel. +43 664 5427909, weber\_christine@aon.at

**Hotel-Gasthof Andreas**, 9942 Obertilliach 109,

Tel. +43 4847 5196, info@hotel-andreas.at

## **Hospital Lienz** Emanuel v. Hibler-Straße 5, Tel. +43 4852 606-0

## **Indoor swimming** see Dolomitenbad on page 67

## **Information points**

**Tourist information Sillian**, 9920 Sillian, Gemeindehaus 86

Tel. +43 50 212300, www.hochpustertal.com, hochpustertal@osttirol.com

**Tourist information Kartitsch**, 9941 Kartitsch, Gemeindehaus 80

Tel. +43 50 212350, www.kartitsch.com, kartitsch@osttirol.com

**Tourist information Obertilliach**, 9942 Obertilliach, Dorf 4

Tel. +43 50 212360, www.obertilliach.at, obertilliach@osttirol.com

**Tourist information Innervillgraten**, 9932 Innervillgraten, Gasse 78

Tel. +43 50 212340, www.villgratal.com, innervillgraten@osttirol.com

**Osttirol Information**, Mühlgasse 11, 9900 Lienz

Tel. +43 50 212 212, Fax +43 50 212 2122, [www.osttirol.com](http://www.osttirol.com), [info@osttirol.com](mailto:info@osttirol.com)

**Nationalpark Hohe Tauern**, 9971 Matrei i. Osttirol, Kirchplatz 2,

Tel. +43 4875 5161-10, Fax -20, [nationalparkservice.tirol@hohetauern.at](mailto:nationalparkservice.tirol@hohetauern.at), [www.hohetauern.at](http://www.hohetauern.at)

## Internet stations | Wi-Fi

**Tourist information Sillian**, Gemeindehaus 86, Tel. +43 50 212300, Opening times as posted

**Bäckerei Cafe Rainer**, 9920 Sillian, Gemeindehaus 86

Tel. +43 4842 20144, Opening times: Mon-Fri 7.00-19.30, Sat 7.00-12.30, gratis Wi-Fi

**Bar P99**, Marktplatz, 9920 Sillian, Tel. +43 4842 20041, gratis Wi-Fi

**Library Sillian**, Sillian 84, Tel. +43 4842 5283, [buecherei.sillian@aon.at](mailto:buecherei.sillian@aon.at), [www.sillian.bvoe.at](http://www.sillian.bvoe.at); Internet station – gratis

Opening times: Tue 15-18, Thu 09.30-12.30, Fri 15.00-18.30

**Café Baguette**, 9920 Sillian, Tel. +43 50 322926103

Opening times: Mon-Fri 08.00-18.30, Sat 08.00-17.00

**Tourist information Obertilliach**, Dorf 4, Tel. +43 50 212360, Opening times as posted

## Kids-programm

From July till September – 10 different attractive programs are held weekly under the supervision of pedagogically trained guardians. The new dwarf-train takes you to different adventure spots, such as the Wichtelpark Sillian with its twin towers, spectacular tube slide and numerous playground items, or to the "Wonky-Tonky River", where adventurous treasure hunters wash gold and maybe even find it.

## Kneipp facilities

**Abfaltersbach** | below „Aigner-Badl“

**Außervillgraten** | Kneipp facilities Winkeltal, at **Gasthof Reiterstube**

**Innervillgraten** | Kneipp facilities at the playground „Gutnigger Waldile“

## Library

**Library Sillian**, Sillian 84, opening times: Tue 15.00-18.00, Thu 9.30-12.30, Fri 15.00-18.30

**Library Heinfels**, municipal office, opening times: Tue 14.00-17.00, Fri 17.00-18.00

**Library Abfaltersbach**, Walde 92, opening times: Tue 16.30-18.00, Thu 17.30-18.30

**Library Anras**, Pflegehaus Schloss Anras, opening times: 16.00-18.00,

Sunday 2 hours after Holy Mass – in summer vacations 9.00-12.00

**Library Außervillgraten**, School house, opening times: Tue 9.00-10.00, Thu 15.00-17.00

**Library Innervillgraten**, Pfarrhaus, opening times: Wed 7.45-8.45, Fri 17.00-18.30

**Library Kartitsch**, municipal office, opening times: Wed 14.30-16.30

**Library Obertilliach**, municipal office, Opening times: Mon 9.00-11.00, Fri 15.00-17.00

## Locksmiths

**Stocker Sicherheitshechnik**, Gries 55, 9909 Leisach, Tel. +43 4852 67000

## Lost and found at the municipal offices!



## **Massages**

**Praxis für Massagen & Bowen, Susanne Woschnak**, 9920 Sillian, Arnbach 83a  
Tel. +43 664 1326997, [www.wohlfuehlen-pur.at](http://www.wohlfuehlen-pur.at), [susanne.woschnak@gmx.at](mailto:susanne.woschnak@gmx.at)

### **Karl Assmayr (Heilmassagen)**

9920 Sillian, Hibler Moos 212, Tel. +43 699 11683420

**Dolomitenresidenz Sporthotel Sillian**, Tel. +43 4842 6011

### **Brigitte Maria Mayr (Heilmassagen)**

9920 Sillian, Nr. 185, Tel. +43 664 9382518, [brigitte-mayr@gmx.at](mailto:brigitte-mayr@gmx.at)

### **Staatlich geprüfter Heilmasseur Rudolf Tengg**

9913 Abfaltersbach, Nr. 25, Tel. +43 664 73515728, [tr.massagen@gmail.com](mailto:tr.massagen@gmail.com)

**Herrenansitz Strasserwirt**, 9918 Strassen, Dorfstraße 28, Tel. +43 4846 6354

**Panoramahotel CIS**, 9941 Kartitsch, Wiese 39, Tel. +43 4848 5333

**Barbara Kunzer**, 9942 Obertilliach, Dorf 104, Tel. +43 650 9506060

**Almfamilyhotel Scherer**, 9942 Obertilliach, Dorf 145, Tel. +43 4847 20000

## **Medical emergency service**

**East Tyrol Medical Emergency Association** for the three valleys (Iseltal - Pustertal - Defereggental). Current Doctor in service: [www.notarztverband.at](http://www.notarztverband.at)

## **Mountain guides**

**Hannes Grüner**, certified mountain & ski guide, 9920 Sillian 1b  
Tel. +43 664 5750847, [www.bergschule-aah.at](http://www.bergschule-aah.at), [info@bergschule-aah.at](mailto:info@bergschule-aah.at)

**Bruno Schneider**, certified mountain & ski guide, 9920 Sillian  
Tel. +43 664 9685403, [brus@aon.at](mailto:brus@aon.at)

**Hannes Webhofer**, certified mountain & ski guide, 9920 Sillian  
Tel. +43 664 4108015, [han.web@hotmail.com](mailto:han.web@hotmail.com)

**Josef Lugger**, certified mountain & ski guide, 9942 Obertilliach  
Tel. +43 699 17346545, [fam\\_lugger\\_sepp@hotmail.com](mailto:fam_lugger_sepp@hotmail.com)

Contact addresses of all mountain & hiking guides in East Tyrol at: [www.berg-osttirol.at](http://www.berg-osttirol.at)

## **Mountain huts | pasture inns** see on page 57

## **Mountain railways**

**Hochpustertal mountain railways - Sillian**, Tel. +43 4842 6011-0 ... page 49

**Obertilliach mountain railways**, Tel. +43 4847 5300 ... page 50



## **Mountainwatch – Bergwacht Tirol**

Head of base: Kösslbacher Roland, Tel. +43 660 5690696  
Chef of district: Robert Niederbacher, Tel. +43 664 3453551

## **Municipal offices**

Address and contact (phone, email, web) see the villages presentations.

## **Minigolf**

**Wichtelpark Sillian**, 18 holes-Minigolf course, Tel. +43 50 212300

**Café Erbhof**, minigolf course, Tel. +43 4848 5221  
daily open till the end of September, price on request

## **Museums & tourist attractions** see from page 29

## **Mushroom-collecting regulation**

Please note the legal regulations when collecting mushrooms. At all days from 7.00 to 19.00, max. 2kg / person and day. Please note the collection prohibitions in private forests. In case of violation follows a criminal complaint! The fungal control is controlled by the Tyrolean mountain-watch!

## **Pharmacy**

**Marien-Apotheke**, Sillian, Hauptstraße 8, Tel. +43 4842 6329

Night, weekend and holiday service can be found by calling the number 141 (Ärztetfunk) as well as on the respective notice displayed at the pharmacies.

## **Police station Sillian**

9920 Sillian, am Gerberbach 203b, Tel. +43 59 1337238

## **Post partner (Österreichische Post AG)**

**Sillian** | Gemeindehaus 86, Tel. +43 664 9580711, Mon-Fri 8.30-12.00 & 14.00-17.30

**Innervillgraten** | Gasse 79, Tel. +43 810010, Mon-Fri 8.00-12.00



**Klettern**  
in den  
**Lienzer Dolomiten**  
Grafik Zloebel

**€ 20,-**

**KLETTER FÜHRER**  
» **Klettern in den Lienzer Dolomiten** «  
Sportklettergärten und Alpentouren mit Übersichtsskizzen, Topos und Routenbeschreibungen, ZLOEBL Verlag, 15x23 cm, 84 Seiten, allseitig 4-farbig, ISBN 978-3-9503142-6-7

Erhältlich im Buchhandel, bei Bergsport Gassler Lienz u. La Ola Shop Lienz sowie zu bestellen unter [www.grafikzloebel.at](http://www.grafikzloebel.at)



## Public transport information (trains & autobus)

**Railway information:** Railway station Lienz, Tel. +43 5 1717, [www.oebb.at](http://www.oebb.at)

**Autobus information:** ÖBB-Postbus Lienz, Tel. +43 512 390390, [www.postbus.at](http://www.postbus.at)



## Rafting / Kajak / Canyoning

Information on white-water-sports und -suppliers see on page 62.



## Railway information

Phone +43 5 1717, [www.oebb.at](http://www.oebb.at)



## Sauna | Day Spa

**Vital-Landhotel Pfleger**, 9912 Anras, Dorf 15, Tel. +43 4846 6244

**Herrenansitz Strasserwirt**, 9918 Strassen, Dorfstraße 28, Tel. +43 4846 6354

**Dolomitenresidenz Sporthotel Sillian**, Sillian 49d, Tel. +43 4842 60110

**Alpenhotel Weitlanbrunn**, 9920 Sillian, Arnbach 31, Tel. +43 4842 6354

**Panoramahotel CIS**, 9941 Kartitsch, Wiese 39, Tel. +43 4848 5333

**Die Waldruhe**, 9941 Kartitsch, Nr. 154, Tel. +43 4848 6302

**Almfamilyhotel Scherer**, 9942 Obertilliach, Dorf 145, Tel. +43 4847 20000

**Hotel-Gasthof Andreas**, 9942 Obertilliach, Dorf 109, Tel. +43 4847 5196

**Acqua Fun** – Saunawelt in Südtirol, Innichen, Tel. +39 474 916200



## Swimming pools see on page 66



## Solarium | Sun-studios

**Sunny-Shine Sonnenstudio**, Panzendorf 141, 9919 Heinfels

Tel. +43 4842 6919-19, Mon-Sat: 7.01-22.03, supervised times: Mon-Fri 7.01-12.03

**Hotel Pfleger** (on request), Dorf 15, 9912 Anras, Tel. +43 4846 6244



## Summer topogon run

**All-year-round topogon run „Osttiroler“ at Hochstein** see page 70

**Summer topogon run Assling:** Erlebniswelt Assling (next to wildlife park)

Informations see page 75 and on: [www.erlebniswelt-assling.at](http://www.erlebniswelt-assling.at)



## Taxi | Car rental | Excursion tours

**Mietwagen Klaus Sprenger**, Sillian, Tel. +43 664 2306191 oder +43 4842 6204

**Taxi Philipp Rainer-Pranter**, Tessenberg, Tel. +43 664 3412813

**Taxi/Busreisen Mitterdorfer**, Abfaltersbach

Tel. +43 4846 62210 oder +43 664 2246939

**Taxi/Busreisen Schmidhofer GmbH**, Innervillgraten

Tel. +43 4843 5322 oder +43 664 3336295

**Mietauto Bodner Heinz**, Kartitsch, Tel. +43 664 1618723

**Taxi Scherer Konrad**, Obertilliach

Tel. +43 4847 5101, +43 4847 5134 oder +43 664 9299829

**Mietauto Mitterdorfer Pepi**, Obertilliach, Tel. +43 664 5531679



## Veterinarians

Diplomtierzart **Dr. Michael Baldauf**, Sillian 50, 9920 Sillian

Tel. +43 4842 5128 (nach tel. Vereinbarung)

Diplomtierzart **Dr. Ferdinand Steidl**, Panzendorf 79, 9919 Heinfels

Tel. +43 4842 6517-3 (nach tel. Vereinbarung)

Diplomtierzart **Dr. Heinrich Rauchegger**, Abfaltersbach 73, 9913 Abfaltersbach

Tel. +43 4846 6636 oder +43 664 4416217 (nach tel. Vereinbarung)



## Tennis

**Sillian | Sports center**, Tel. +43 650 6624659, 3 sand courts

[www.sillian.com/tennis](http://www.sillian.com/tennis), adults € 14,- (training lessons on request)

**Heinfels | Tennisplatz beim Fußballplatz**,

Court-tickets at the Restaurant Heimspiel Tel. +43 +43 699 199 617 43

Adults 10,- / Children 8,- per hour

**Abfaltersbach | Tennis court at the south of the village**,

Reservations and training lessons at Gasthof Mitterdorfer Tel. +43 4846 62210

Adults 10,- / children 9,- per hour, [www.residence-mitterdorfer.at](http://www.residence-mitterdorfer.at)

**Anras | Tennis court in the north of the village**, info & reservation:

Friedrich Obwurzer, Rain 3, 9912 Anras, Tel. +43 4846 6488

Adults 9,- / children 5,- per hour

**Kartitsch | Tennis courts at the sports- & leisure center Kartitsch**,

Tel. +43 4848 5248, Platz 8,- per hour



**Via ferratas** see on page 58.



**Water rescue Lienz**: Rechter Drauweg 1b, Tel. +43 4852 64144



**Weather information** weekly at your host on the notice board. The best online weather websites for the holiday region Hochpustertal are: [www.wetter-osttirol.at](http://www.wetter-osttirol.at) sowie [www.bergfex.at/sommer/osttirol/wetter](http://www.bergfex.at/sommer/osttirol/wetter)

# OSTTIROL's GLOCKNER-DOLOMITEN CARD

3-day-ticket: children EUR 22,00 / adults EUR 44,00

7-day-ticket: children EUR 27,50 / adults EUR 55,00

valid 1 June - 29 September



Bild: bebbard / Ronald Kalchauer

**New 2019:**

25% discount on rental bicycles and various outdoor activities at numerous bonus partners.



## Get on the bus and let's go!

**All buses in East Tyrol can be used for free!** All public transportation in East Tyrol are reformed and improved. All valleys will be reachable all year round almost every hour. Guests with a valid guest card can take full advantage of this mobility offer. The only prerequisite is the guest card, which can be requested free of charge at your lodging: your landlord will be happy to supply you with that card (as long as you stay overnight for at least one night and have the registration form completed). [www.osttirol.com/service/gratisbenuetzung-verkehrsmittel.html](http://www.osttirol.com/service/gratisbenuetzung-verkehrsmittel.html)

### Valid bus routes:

- Linie 940 Lienz – Debant – Dölsach - Nikolsdorf
- Linie 941 Lienz – Peggetz – Nußdorf Debant - Lavant
- Linie 942 Lienz – Dölsach – Winklern
- Linie 951 Lienz - Matrei - Prägraten - Ströden
- Linie 952 Lienz - Huben - Kals a. G. - Lucknerhaus
- Linie 953 Lienz - Huben - St. Jakob i. D. - Staller Sattel
- Linie 953T Anrufsammeltaxi Defereggental  
(Tel. +43 664 1964433)
- Linie 954 Lienz – Oberlienz – Schlaiten
- Linie 955 Lienz - Matrei - Matreier Tauernhaus
- Linie 961 Lienz – Sillian – Arnbach
- Linie 962 Lienz – Leisach – Assling – Anras
- Linie 962T Anrufsammeltaxi Pustertaler Höhenstraße  
(Tel. +43 676 841540700)
- Linie 965 Sillian – Kartitsch – Obertilliach – St. Lorenzen
- Linie 966 Sillian - Innervillgraten
- Linie 998 St. Veit i. D. – Innerstandsbrücke
- Linie 900N Debant – Lienz – Huben – Matrei
- Linie 901N Sillian – Lienz - Nikolsdorf
- Linie 1 - 3 Regiobus Lienz
- Linie 447 Sillian - Innichen/San Candido



**For the best  
connection  
information  
use the free  
VVT app  
SmartRide!**

**Attention:**  
Train connections,  
bus route 960X  
Lienz-Innsbruck and  
950X Lienz-  
Kitzbühel and the  
Wanderbusroute  
Herz Ass and all  
„Wanderbus-routes“  
in Lienz are  
not for free!

# Die Orte der Ferienregion



## Sillian 1.103 m

Sillian, which has 2077 inhabitants, is one of the big-hitters among the towns in East Tyrol. It is gradually moving up into the real premier league, when you compare it with other towns in the so-called Oberland area in East Tyrol. Here, Sillian, even as the main town, is the town which has the most inhabitants. Yet it is not just this that makes Sillian an appealing excursion and holiday destination. It is also its location which marks out Sillian in particular. The town is located at the foot of the Thurmtal, which towers majestically at 2407 metres and almost as if by magic draws the gazes of guests to it. Another special feature which is found in Sillian, and nowhere else in East Tyrol, is that Sillian is a real "borderline case". The western edge of the town is also the state border between Austria and Italy.

Sillian is a real paradise, for hikers in particular and it is an excellent starting point for very motivated, keen hikers. That's because in the south, Sillian is bordered by the so-called Carnic Ridge. The Carnic altitude trail provides the perfect opportunity to pursue the trend of long-distance hiking.

**Municipal office:** 9920 Sillian, Zentrum 86, Tel. +43 4842 6321  
[www.marktgemeinde-sillian.at](http://www.marktgemeinde-sillian.at)

**Tourist information** Hochpustertal, Tel. +43 50 212 300

**Bank/ATM: Raiffeisenbank Sillian**, Marktplatz 10, Tel. +43 4842 63310



[www.dolomitenbank.at](http://www.dolomitenbank.at)

*Der Region verbunden.*

## Gastronomy in Sillian

### Hotels / Guesthouses ... with restaurant

**Dolomitenresidenz  
Sporthotel Sillian** Sillian 49 D, Tel. +43 4842 60110  
www.sporthotel-sillian.at

**Gasthof Sillianer Wirt** Pustertaler Straße 51, Tel. +43 4842 20150  
www.sillianerwirt.at

**Gasthof Sprenger** Sillian 201g, Tel. +43 4842 6204  
www.gasthof-sprenger.at

### Restaurants

**Insieme Casale  
Ristorante & Pizzeria** Sillian 99, Tel. +43 676 3615827

**Pizzeria Petrus** Marktplatz 115a, Tel. +43 4842 20047

**Puschtra Alm** Arnbach 41, Tel. +43 4842 20142, www.puschtra-alm.com

### Coffee houses / Bars

**Adler Bar** Zentrum 12, Tel. +43 650 5307229  
www.schwarzer-adler-sillian.com

**Bäckerei Café Rainer** Gemeindehaus 86, Tel. +43 4842 20144

**Bar P99** Marktplatz 99, Tel. +43 4842 20041  
www.perfler.at

**Café West** Sillian 1k, Tel. +43 4842 6691

**Eis Café Sagui** Sillian 96, Tel. +43 4842 51129

**Michla's Café** Zentrum 116, Tel. +43 676 7848608

**Pichler's Schokoladenwelt** Zentrum 115, Tel. +43 4842 6255, www.pichler-sillian.at

**Sportstüberl** Aue 200b, Tel. +43 4842 6637, www.tennisunion-sillian.at

**BottleBar** Sillian 96, Tel. +43 676 4378423

### Snacks

**Metzgerei Ortner** Zentrum 96, Tel. +43 4842 6250 77

**Würstelstand Platzhirsch** Am Drauradweg in Arnbach, Tel. +43 664 4324471

### Mountain-/Pasture-inns, mountain huts

**Leckfeldalm** (1.900 m) Tel. +43 664 3412813, www.leckfeldalm.at

**Sillianer Hütte** (2.447 m) Tel. +43 664 5323802, www.sillianerhuette.at

## Everything for the daily needs

### Food markets

**Billa Sillian**, Sillian 42b

**Hofer Sillian**, Sillian 2h

**M-PREIS Sillian**, Sillian 207

**Spar Markt Sillian**, Zentrum 11

### Butcher

**Meister Metzger Ortner**, Zentrum 96

### Delicatessen

**G'sundes & mehr**, Sillian 11

**Hochpustertaler Bauernladen**, Zentrum 8

### Bakeries | Patisseries

**Bäckerei Rainer**, Zentrum 128

**Pichler's Schokoladenwelt**, Zentrum 115

### Drugstores

**DM Drogeriemarkt Sillian**, Sillian 1i



## Abfaltersbach 983 m

The town of Abfaltersbach is indeed small. Covering some 10.27 km<sup>2</sup> it is the second smallest of the 33 towns in East Tyrol. With 646 inhabitants, it is however somewhat ahead. If you have ever come across the saying “small, but oh my”, then think of Abfaltersbach. Abfaltersbach’s location is great – to the south west of the district of Lienz in Hochpustertal. The name Abfaltersbach evolved and was first mentioned in documents dating from 1160 as “Affoltrupach”. The name again is reference to a settlement of a time long past.

Agriculture and forestry are still ever-present in Abfaltersbach; tourism doesn’t have that great a role to play. The overnight stay figures and tourist numbers are among the lowest in the district. All the better, since you get to discover Abfaltersbach in Hochpustertal all to yourself and can head away from the tourist “trails”. A few more tips – the current St. Andreas parish church really is worth a visit. And in Geselhaus there has been a Lourdes Chapel since 1905. You ought to see this too.

**Municipal office:** 9913 Abfaltersbach 183, Tel. +43 4846 6210, [www.abfaltersbach.at](http://www.abfaltersbach.at)

**Tourist information** Hochpustertal, Tel. +43 50 212 300

**Bank/ATM: Raiffeisenbank Sillian – Branch Abfaltersbach,**  
Abfaltersbach 194, Tel.: +43 4842 6331-52052

## Gastronomy in Abfaltersbach

### Hotels / Guesthouses ... with restaurant

**Aigner Badl** Abfaltersbach 13, Tel. +43 699 11591377, [www.aigner-badl.at](http://www.aigner-badl.at)

**Gasthof Kantschieder** Abfaltersbach 25, Tel. +43 4846 53348  
[www.gasthof-kantschieder.at](http://www.gasthof-kantschieder.at)

### Coffee houses / Bars

**Bäckerei Café Rainer** Abfaltersbach 177, Tel. +43 4846 20015  
[www.baeckerei-rainer-peter.at](http://www.baeckerei-rainer-peter.at)

## Everything for the daily needs

**Food market**

**ADEG Markt Aichner,** Abfaltersbach 20



## Anras 1.262 m

The village of Anras is set in a lovely location. The settlements of this area are predominantly on the south-facing upland terrace, and also on the floor of the valley. So the sun has great intentions for Anras. In Anras there are currently 1292 inhabitants; it has very much changed since the time of World War 2. Houses were built, so Anras, which was once known as the “granary of Pustertal”, today has a very different glow.

Anras was and still is idyllic today, and this is evident, amongst other features, by its crest – a white lamb on a green mountain. And in fact in the not especially densely developed Anras, you will also find a great deal of greenery and lots of nature. Set at 1261 metres, it offers more than “just” nature.

**Municipal office:** 9912 Anras, Dorf 33, Tel. +43 4846 6205, [www.anras.at](http://www.anras.at)

**Tourist information** Hochpustertal, Tel. +43 50 212 300

**Raiffeisenbank Sillian – Branch Anras,** Dorf 33, Tel. +43 4842 6331-52500

## Gastronomy in Anras

### Hotels / Guesthouses ... with restaurant

**Vital-Landhotel Pfleger**

Anras, Dorf 15, Tel. +43 4846 6244  
[www.hotel-pfleger.at](http://www.hotel-pfleger.at)



Die neue Pflegelinie mit  
reinstem BIO ZIRBENÖL  
fördert die Balance  
von Körper  
und Seele.

**WOHL  
FÜHL  
TIPP**

Pflege, Erholung, Vitalität: Das Wohlfühlpark für  
alle Generationen – Mai bis Oktober täglich geöffnet!\*

**Vitalpinum**  
Wohlfühlen aus den Tiroler Bergen



Schaubrennerei  
Wohlfühlgarten  
Jubiläumspfad  
Spielpark | \*Shop  
(auch im Winter)



A-9911 Assling, Thal-Aue 13 · Tel. 04855 / 81009  
[office@vitalpinum.com](mailto:office@vitalpinum.com) · [www.vitalpinum.com](http://www.vitalpinum.com)



## Heinfels 1.097 m

Heinfels Castle sits enthroned just above the town and piques your curiosity about Heinfels itself, its history and what it is like today. In Heinfels castle we have extremely striking landmark, which, even in the 13th century, not in its current form of course, had such an influence on the overall aspect of the town. In turn, the name of Heinfels originated, as would seem natural, from Heinfels Castle.

In addition to the already mentioned, exceptionally impressive, history-charged Heinfels Castle, there are also other special sights in the district and these recount the area's history. There are a variety of sacred buildings here; one special gem is the "Punbrugge" road bridge, which recounts times past. The predecessor construction of this bridge dates back to 1548; the bridge which you see there today was constructed in 1781 by Swabian carpenters.

**Municipal office:** 9919 Heinfels, Bundestr. 126, Tel. +43 4842 6326, [www.heinfels.at](http://www.heinfels.at)

**Tourist information** Hochpustertal, Tel. +43 50 212 300

**Bank/ATM: Dolomiten Bank,** Panzendorf 150, Tel. +43 4842 5151

## Gastronomy in Heinfels

### Hotels / Guesthouses ... with restaurant

**Gasthaus Burg Heinfels** Heinfels 5, Tel. +43 4842 20094, [www.burgheinfels.com](http://www.burgheinfels.com)

### Restaurants

**Bar-Restaurant Heimspiel** Panzendorf 25a, Tel. +43 699 19961743, [www.heim-spiel.at](http://www.heim-spiel.at)

**Pizzeria Aroma** Panzendorf 150, Tel. +43 4842 20154

### Coffee houses / Bars

**Cafe Brückenwirt** Panzendorf 12, Tel. +43 4842 6336

**Locker Moccaria und Shop** Panzendorf 196, Tel. +43 4842 6060, [www.locker.com](http://www.locker.com)

## Everything for the daily needs

**Food market**

**Hofer Markt Heinfels,** Panzendorf 182

**Food market**

**Spar Markt Heinfels,** Panzendorf 150a



## Strassen 1.099 m

Strassen is located in Hochpustertal. Strassen, which has 825 inhabitants, and lies at 1098 metres, also has a great deal to offer. It is a classic scattered settlement, i.e. the area of settlement is partly in the floor of the valley, and also partly in the south-facing slope area.

The town itself is exceedingly notable; many of the farms are heritage farms which are worth seeing since they recount a rich history; one characterised by agriculture. The Holy Trinity Church is also notable. For those who don't want to "only" concern themselves with the beauty and the history of Strassen, and who fancy setting out on their trusty bicycle to enjoy the fantastic natural surroundings, the nearby Drau cycle trail is at hand.

**Municipial office:** 9918 Strassen, Nr. 63, Tel. +43 4846 6336  
[www.gemeinde-strassen.at](http://www.gemeinde-strassen.at)

**Tourist information** Hochpustertal, Tel. +43 50 212 300

## Gastronomy in Strassen

### Hotels / Guesthouses ... with restaurant

#### Herrenansitz Strasserwirt

Dorfstraße 28, Tel. +43 4846 6354  
[www.strasserwirt.com](http://www.strasserwirt.com)

#### Landgasthof Lenzer

Messensee 40, Tel. +43 4846 6342-0, [www.lenzer.at](http://www.lenzer.at)



©wikimedia-commons/speicher-tassenbach



## Außervillgraten 1.287 m

Außervillgraten is a very distinct scattered settlement and has 766 inhabitants. Villgratental itself has a long history, and was first mentioned in documents dating from 769. Although at this time the valley was not really settled, evidence points to occasional alpine farming.

Anyone who wants to head out on a hiking or ski tour, could hardly find a better place to do so than in Außervillgraten. One interesting phenomenon is the versatility of Außervillgraten. Tourist numbers are almost as high in summer as they are in winter, a phenomenon which is really quite rare. Yet it is not just tourism which has an astonishing role to play in Außervillgraten. The village's buildings are also worth seeing. Especially beautiful and worthy of note is the "Heilige Gertraud von Nivelles" church, a late Baroque building with echoes of classicism. Bauernhof Wurzer is one of the oldest farms in the region which you ought to visit.

**Municipal office:** 9931 Außervillgraten, Dorf 136, Tel. +43 4843 5522, [www.ausservillgraten.gv.at](http://www.ausservillgraten.gv.at)

**Tourist information** Innervillgraten, Tel. +43 50 212 340

**Bank/ATM: Raiffeisenbank Villgratental,** Außervillgraten 136, Tel. +43 4843 5205

## Gastronomy in Außervillgraten

### Hotels / Guesthouses ... with restaurant

**Gasthof Perfler** Dorf 143, Tel. +43 4843 5202, [hochpustertal.com/gasthofperfler](http://hochpustertal.com/gasthofperfler)

**Reiterstube** Winkeltal 108, Tel. +43 4843 5188, [www.reiterstube.at](http://www.reiterstube.at)

### Coffee houses / Bars

**Café Pfiff** Dorf 150, Tel. +43 4843 5472, [www.tiscover.at/bergmann](http://www.tiscover.at/bergmann)

**Moonlight Stüberl** Dorf 29, Tel. +43 664 2121705

**Niederbruggerhof** Dorf 29, Tel. +43 4843 5231

### Mountain-/Pasture-inns, mountain huts

**Bergrestaurant Gadein** (2.100 m) Außervillgraten 250, Tel. +43 4842 6320

**Thurntaler Rast** (2.000 m) Außervillgraten 250, Tel. +43 4843 5243, [www.thurntaler-rast.at](http://www.thurntaler-rast.at)

**Volkzeiner Hütte** (1.886 m) Winkeltal, Tel. +43 4843 200 31, [www.volkzeinerhütte.at](http://www.volkzeinerhütte.at)

## Everything for the daily needs

### Food markets

**ADEG – Kaufhaus Perfler,** Außervillgraten 143

**Spar Markt Obbrugger,** Außervillgraten 149



## Innervillgraten 1.402 m

The town of Innervillgraten has 965 inhabitants and is located in the inner section of Villgratental. What many people are perhaps not aware of is that the western and southern municipal boundaries also represent the border with South Tyrol. Moreover, the location, which is very exposed and unusual, has - in historical terms - not always been advantageous, since the valley has only been accessible year-round since 1956. Summer and winter, the varied offer attracts mountain enthusiasts of all kinds to the Villgraten valley. No wonder, since Innervillgraten does exactly what it says on the tin with regard to its almost unspoiled natural and cultural landscapes.

You'll find a bolt-hole in one of the most traditional and most beautiful mountain villages in Tirol, in the guise of private rooms, holiday apartments, B&Bs and guesthouses. Yet you ought not just to enjoy East Tyrolean hospitality, you should also discover Innervillgraten, situated at 1402 metres, off your own bat. There are numerous chapels waiting to be discovered.

**Municipal office:** 9932 Innervillgraten, Gasse 78, Tel. +43 4843 5317, [www.innervillgraten.at](http://www.innervillgraten.at)

**Tourist information** Innervillgraten, Tel. +43 50 212 340

**Bank/ATM: Raiffeisenbank Villgratental**, Innervillgraten 79, Tel. +43 4843 5304

## Gastronomy in Innervillgraten

### Hotels / Guesthouses ... with restaurant

**Alfonsstüberl** Gasse 70a, Tel. +43 4843 5319, [www.alfonsstueberl.at](http://www.alfonsstueberl.at)

**Alpenpension Bad Kalkstein** Kalkstein 148, Tel. +43 04843 5346

**Gasthaus Bachmann** Gasse 79a, Tel. +43 4843 5307, [www.gasthof-bachmann.at](http://www.gasthof-bachmann.at)

**Gasthof Gannerhof** Gasse 32, Tel. +43 4843 5240, [www.gannerhof.at](http://www.gannerhof.at)

**Gasthaus Raiffeisen** Gasse 77, Tel. +43 4843 5318, [www.villgratental.com](http://www.villgratental.com)

### Restaurants

**Bad'l Alm** Kalkstein 160a, Tel. +43 4843 20026

### Mountain-/Pasture-inns, mountain huts

**Jausenstation Unterstalleralm** (1.673 m) Arntal, Tel. +43 676 4224532 oder +39 348 396 97 99

## Everything for the daily needs

**Food market**

**Spar Markt Lanser**, Gasse 79

**Bakeries | Patisseries**

**Bäckerei u. Konditorei Bachmann**, Gasse 79a

## Das Tiroler Gail- & Lesachtal

### Kartitsch - Untertilliach - Obertilliach

Nestled between the Lienz Dolomites and the Gailtal Alps in the north and the Carnic Ridge in the south, are the mountaineering villages – selected by the Austrian Alpine Association – Kartitsch (1,350 m), Obertilliach (1,450 m) and Untertilliach (1,235 m) situated in the Tyrolean Gail valley and Lesachtal valley in the sunny south of East Tyrol.

The valley is characterized by the tough work of hard-working farmers, that still today effort with great expense and sometimes heavy physical hassle for an unforgettable and harmonious recreational landscape. In the midst of the unique mountain panorama lies the small idyllic village **Obertilliach**. The scene is dominated by many, often hundreds of years old, traditional farmhouses, that's why the center of the "wooden made alpine village" not without reason is monumental protected. In addition to a fantastic scenery, the place in summer also offers numerous hiking and mountain biking opportunities and the Biathlon Center provides a 4.2 km long track for all sports enthusiasts.

In the mountaineering village of **Kartitsch**, countless hiking trails with beautiful mountain scenery invite you to experience the East Tyrolean mountain world. With its meadows covered with haystacks and the quiet and cool forests, Kartitsch presents from its most beautiful side in summer.

The small mountaineering village **Untertilliach** with its sunny hamlets offers for all rest seekers an ideal retreat for a relaxing holiday. In the east, the community borders the Carinthian Lesachtal and the famous pilgrimage church in Maria Luggau is only a stone-cast away.



  
**waldruhe**

BAR . LOUNGE . HOTEL



**Unique. Place.**  
**Cosy. Summer garden-lounge.**  
**Small. Casual. Perfect. Since 1929.**

Open from 07:00 to 24:00  
Lounge breakfast  
BBQ evenings in summer  
4/5 course surprise menu

*IN & OUTDOOR  
ON WEDNESDAY  
ON PRE-ORDER*





## Kartitsch 1.353 m

Anyone who travels to Kartitsch is heading to the highest lying of all East Tyrol's valleys – Tyrol's Gailtal. The municipal Kartitsch is a scattered settlement at 1.356m. With its hamlets Hollbruck and St. Oswald, the community extends over the village center up to Rauchenbach at the Kartitscher saddle (1.535m). Accompanied by a fascinating and well-maintained natural landscape, the mountaineering village Kartitsch like the Tyrolean Gailtal valley and Lesachtal valley are among the most beautiful high valleys in the Alps. At the usual holiday seasons the place and the entire region radiate an uncanny charm - holiday joy pure!

That's hardly a surprise; the activity options are impressive in winter and summer alike. The hiking trails on the Carnic altitude trail are almost (quite rightly) legendary. Obstansersee-Hütte and Filmoor-Standschützenhütte tempt you in to stay a while, but it's also worth staying in the village itself, since there are a few conservation-protected buildings in Kartitsch, which are mainly religious. The pilgrimage church "Unserer Lieben Frau Mariahilf" and its filial church "St. Oswald" stand out in particular.

**Municipal office:** 9941 Kartitsch, Nr. 80, Tel. +43 4848 5248, [www.kartitsch.at](http://www.kartitsch.at)

**Tourist information** Kartitsch, Tel. +43 50 212 350

**Raiffeisenbank Sillian – Branch Kartitsch,** Tel. +43 4842 6331-52300

## Gastronomy in Kartitsch

### Hotels / Guesthouses ... with restaurant

<b>Gasthaus Dorfberg</b>	St. Oswald 31, Tel. +43 664 1618723, <a href="http://www.fam-bodner.at">www.fam-bodner.at</a>
<b>Gasthof Dolomitenhof</b>	Kartitsch 85, Tel. +43 4848 5245, <a href="http://www.dolomitenhof.net">www.dolomitenhof.net</a>
<b>Gasthof Oswalderhof</b>	St. Oswald 19, Tel. +43 4848 5205, <a href="http://www.oswalderhof.com">www.oswalderhof.com</a>
<b>Hotel Schöne Aussicht</b>	Hollbruck 10, Tel. +43 4848 5247, <a href="http://www.hotel-schoenaussicht.at">www.hotel-schoenaussicht.at</a>
<b>Hotel-Pension Sonnblick</b>	Kartitsch 74, Tel. +43 664 1963038, <a href="http://www.sonnblick.com">www.sonnblick.com</a>
<b>Die Waldruhe</b>	Kartitsch 154, Tel. +43 4848 6302, <a href="http://www.waldruhe.at">www.waldruhe.at</a>



**Restaurants / Kaffeehäuser** **Kartitsch****Café Erbhof** Kartitsch 178, Tel. +43 4848 5240, [www.erbhof.com](http://www.erbhof.com)**Café Erika** Kartitsch 87, Tel. +43 4848 5214, [www.tiscover.at/cafeerika](http://www.tiscover.at/cafeerika)**Klammerwirt** Kartitsch 146, Tel. +43 4848 5277, [www.klammerwirt.com](http://www.klammerwirt.com)**NaturBAR** Kartitsch 82, Tel. +43 4848 20036**Waldruhe Bar Café-Lounge** Kartitsch 154, Tel. +43 4848 6302, [www.waldruhe.at](http://www.waldruhe.at)**Mountain-/Pasture-inns, mountain huts** **Kartitsch****Filmoor-Standschützenhütte** (2.360 m) Tel. +43 664 1127153, [www.alpenverein-austria.at](http://www.alpenverein-austria.at)**Obstansersee-Hütte** (2.304 m) Tel. +43 4848 5422, [www.fam-bodner.at](http://www.fam-bodner.at)** Everything for the daily needs****Food market****ADEG Markt Mitterdorfer**, Kartitsch 84a**Delicatessen****NaturBAR**, Kartitsch 82**Obertilliach** 1.450 m

with its 688 inhabitants sits proudly enthroned at 1450 metres in Lesachtal between the Lienz Dolomites and the Carnic Alps. Obertilliach was first mentioned in writing in the second half of the 11th century, presumably at the time it was a paddock area. Silesian emigrants then settled there around 1375.

Tourist numbers are three times as high as the district average. You can really relax here too, since there are an astonishing two 4-star hotels, three 3-star hotels as well as a few private landlords and holiday apartment providers. The legendary Carnic altitude trail is just a stone's throw away. Last, but not least, in the village itself you can then explore a few religious and secular buildings, which are conservation protected and provide information about Obertilliach's abundant history.

**Municipal office:** 9942 Obertilliach, Dorf 4, Tel. +43 4847 5210, [www.obertilliach.gv.at](http://www.obertilliach.gv.at)**Tourist information** Obertilliach, Tel. +43 50 212 360**Raiffeisenbank Sillian – Branch Obertilliach**, Tel. +43 4842 6331-52040

## **T** Gastronomy in Obertilliach

### Hotels / Guesthouses ... with restaurant

**Almfamilyhotel Scherer** Dorf 145, Tel. +43 4847 20000, [www.almfamilyhotel.com](http://www.almfamilyhotel.com)

**Hotel-Gasthof Andreas** Dorf 109, Tel. +43 4847 5196, [www.hotel-andreas.at](http://www.hotel-andreas.at)

**Gasthof Unterwöger** Dorf 26, Tel. +43 4847 5221, [www.hotel-unterwoeger.at](http://www.hotel-unterwoeger.at)

### Restaurants

**Pizzeria Weberstube** Dorf 38, Tel. +43 4847 20048, [www.weberstube.at](http://www.weberstube.at)

### Coffee houses / Bars

**Bäckerei-Café Obererlacher** Dorf 24, Tel. +43 4847 5203

**Café-Bistro im Zentrum** Rodarm 25, Tel. +43 4847 20060

**Hotel-Café Auer** Dorf 68, Tel. +43 4847 5288

**Hotel Weiler Café** Dorf 1, Tel. +43 4847 5202, [www.hotel-weiler.at](http://www.hotel-weiler.at)

### Mountain-/Pasture-inns, mountain huts

**Jausenstation Lienhartherhof** Bergen 19, Tel. +43 4847 5229

**Jausenstation Mitterdorfer** Bergen 3, Tel. +43 660 8606622

**Panorama Restaurant Conny-Alm** (2.070 m) Dorf 7, Tel. +43 4847 5134, [www.connyalm.at](http://www.connyalm.at)

**Porzhütte** (1.942 m) Tel. +43 664 3256452, [www.alpenverein-austria.at](http://www.alpenverein-austria.at)

## **f** Everything for the daily needs

**Food market**

**Spar Markt Obertilliach**, Dorf 37

**Food market**

**Adeg Ebner**, Dorf 66

**Bäckerei**

**Bäckerei-Café Obererlacher**, Dorf 24





## Untertilliach 1.235 m

With 249 inhabitants Untertilliach is certainly not the biggest of the towns in East Tyrol. Yet in terms of location and natural setting it can compete with all the other towns, even out-trump many. In contrast to Obertilliach, tourism in Untertilliach is not particularly evident. Untertilliach, which is often characterised as a very charming little mountain village, located in the lovely Lesachtal, characterised by mountain farms and little chapels. These buildings alone make Untertilliach incredibly charming, original and genuine.

You don't have to "just" stay in the village, to delight in this charm - not at all; you can treat yourself to one view or another in the surrounding mountains, since Untertilliach is an excellent starting point for hikers in particular. For those who are really motivated, the Reitkarspitze (2422 metres) and the Hochspitz (2581 metres) are recommended. The Kircher alpine pastures are another tip, which you can get to from Untertilliach in around two hours.

**Municipal office:** 9943 Untertilliach, Nr. 62a, Tel. +43 4847 5150

**Tourist information** Obertilliach, Tel. +43 50 212 360

## Gastronomy in Untertilliach

### Restaurants

#### Gasthof Wacht

Untertilliach 3, Tel. +43 4847 51409  
[www.hochpustertal.com/gasthof-wacht](http://www.hochpustertal.com/gasthof-wacht)



# Tourist attractions in valley Hochpustertal



## Castle Heinfels

The castle Heinfels is strategically located on a hill above the community Heinfels and is titled "Queen of the Pustertal" because of its position. The name leans back to the legendary founding by the Huns. Thus, the fortification was named "Hunnenfels" until the 16th century. For decades it was abandoned to deterioration. The Loacker company has bought this estate and since 2016 a museum association is working on the revitalization. Opening: end of 2019

## Pasture Oberstaller Alm & Klapfbach waterfall Innervillgraten



Hardly none is not enthusiastic about the scenery site of the pasture Oberstaller Alm. The listed alpine village with 18 rustic alpine huts and a chapel is an easy-to-reach destination (about 20 minutes by feet) and a popular photo motif. The small but beautiful observation platform "Klapfbach waterfall" on the pasture Unterstalleralm can be reached in a about 10 minutes walk.

## Der Wurzerhof Außervillgraten

The farm Wurzerhof is unique in Tyrol. The farm was already mentioned in documents in 1433. Since 2001, the ensemble with chapel, museum, sawmill and grain mill, washhut, blacksmith's is a listed building. Our guests experience alpine history and culture at the Wurzerhof.





## Pilgrimage church Maria Hilf Hollbruck

At the end of the 17th century, an old lady returned from church service at St. Oswald. When she left the village, she discovered a picture of the Virgin Mary in her basket. Baffled, she brought it back to church, but again and again it was back in her basket. Full of amazement, she carried it gently to the small wooden chapel of

Hollbruck. The story spread, and many pilgrims came to that small wooden chapel, which got replaced by the magnificent church building.

## Pilgrimage church Maria Schnee Innervillgraten

Survivors of the black plague will probably have been the first ones who praised God in the first building. The church consecration in honor of Maria Schnee took place in 1660. Since 1880 until 1991 (with interruptions), this succursal church of the parish Innervillgraten was occupied by an own priest. 1868 the church was newly



constructed. The high altar from the 17th century comes from Quirin of Sellrain.



## Holy Trinity Church Strassen

The church was built in the 18th century as an octagonal central building with a curved dome roof and is one of the few examples of this baroque building-style in East Tyrol. Really worth seeing inside are the frescoes and tasteful stucco work, as well as the late Baroque altars.

Due to the earthquake in 1976, the church sustained great damage and had to be closed for safety reasons. On July 15, 1979, the diocesan bishop dr. Paulus Rusch solemnly inaugurated again the church.



## Parish church Sillian

Engildinus was the first pastor in 1212. In 1326 the first church was consecrated ... 1441 a new church building. The gothic statue of Mary on the high altar (Sillian was a pilgrimage to the Virgin Mary), the pointed church tower and the buttresses come from the gothic building. Ceiling paintings and altarpieces are by the Tyrolean court painter Josef Adam Mölck, the 14 apostle statues by the East Tyrolean sculptor Johann Patterer. A folk altar was built according to designs by Sillian-born artist Jos Pirkner.

## Pillory column Sillian

The pillory was first mentioned in 1552. The old pillory was wooden built and due to its old age fell over in 1690. In the summer of 1697 a new one out of stone was erected, consisting of a column with chapter and its ball on it. It comes from the handcrafters workshop of Michael Niedergotscher, stonemason and master bricklayer in Stegen.

### IMPRINT:

Editor and general publisher:

GRAFIK ZLOEBL GmbH, 9907 Tristach, Wasserweg 4, Tel. +43.4852.65065

Responsible for the content: GRAFIK ZLOEBL in cooperation with Tourismusverband Osttirol, Mühlgasse 11, 9900 Lienz | Fotos: Grafik ZloebL, TVB Osttirol (C. Trauner, CK Isep, G. Eisenschink, BergimBild, R. Kachelhauser, H. Schneider, M. Luggler), Nationalpark Hohe Tauern (Martin Luggler), VVT, shutterstock.com, freepik.com, pixabay.com |

Print: Oberdruck Digital Medienproduktion GmbH, 9991 Dölsach, www.oberdruck.at

All rights reserved. Reprint also in part, only with permission. Subject to typographical and printing errors. The information for this edition of the Dolomiteninfo was researched to the best of my knowledge and belief. Nevertheless, some information may be incomplete or incorrect. References to errors or omissions are accepted by the editorial team - in written form by email (office@grafikzloebL.at).

# GRAFIK ZLOEBL



Werbegrafik



Verlag



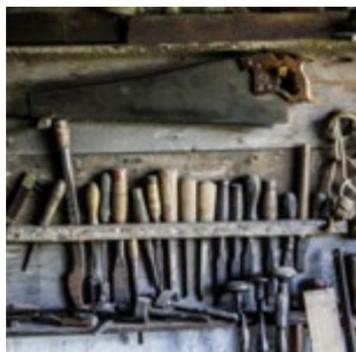
Fotografie



Digitaldruck

9907 Tristach, Wasserweg 4 • Tel. 04852-65065 • office@grafikzloebL.at • [www.grafikzloebL.at](http://www.grafikzloebL.at)

# Museums and exhibitions



## Farmhouse „Wurzerhof“

Grain mill, old house-blacksmiths, Machlkammer, smokehouse, washhut and chapel. The Wurzerhof is located in the Winkeltal, about 2 km from the village center of Ausservillgraten. The Winkeltal is a sidevalley of the Villgraten valley with its length of 12 km, impresses especially through the natural, varied cultural landscape and individual farms, hamlets and extensive pastures.

**Opening times:** June – middle of September, Friday, guided tours at 14.00

**Prices:** Adults € 6,50 / kids under 15 years free, groups possible at any times on request, from 15 persons € 5,00; Tel. +43 4843 5481 or at the municipal office of Außervillgraten, phone +43 4843 5522

## The traditional coach & local history museum Obertilliach

The recently adapted traditional coach and local history museum in "Lugger Stadl", in the middle of the historic village centre of Obertilliach, accommodates an impressive collection of traditional coaches and sleds from several eras of agricultural handcrafted vehicles, to wedding carriages and hearses.



**Opening times:** Mon, Wed, Fri 16.00-18.00, groups also at other times on request, phone +43 664 3176559



## Locker Pastery Workshop

Locker reveals the secrets of its World of Goodness: All who love what is good and genuine are invited to visit this magical world to learn the arts of the confectioner, using their own hands (and plenty of imagination) to produce Locker's flagship product, the wafer.

**Opening times:** Monday - Sunday from 9.00-18.00

**Price Mitmachkonditorei:** Adults € 7,00, kids till the age of 14 € 5,00, kids under 6 years € 3,00. Phone +43 4842 6060; [www.locker.com](http://www.locker.com)

## Wegelate Säge

You'll set eyes on a genuine unique specimen in Innervillgraten - a Venetian saw. And this is not just any saw, here you will find the only water-powered Venetian saw still in operation. It is all alone on the world and is something quite special.

Thanks to the Villgrater's Heimatpflegeverein this unicum could be preserved.

**Guided tours:** begging of July – middle of September. Info: Phone +43 50 212 340

## Schloss Bruck – Lienz

The mighty castle complex was built in the 13th century by the counts of Gorizia. From the founding period, the massive keep, the palas with knight's hall and the double-storey chapel have been almost preserved intact (romanesque and gothic frescoes by Nikolaus Kentner and Simon von Taisten). In 1500, the last gorizian count Leonhard died childless, after that the castle fell to the house Habsburg – on the basis of inheritance contracts – with all its associated sovereignty of Lienz. The castle became private property by the municipality of Lienz in 1943 and since then it has been run as a museum of local history and a gallery (extensive collections of paintings by the painters Egger-Lienz, Franz v. Deferegger and other artists and also yearly changing special exhibitions).

Tel. +43 4852 62580; [www.museum-schlossbruck.at](http://www.museum-schlossbruck.at)

**Opening times:** 18.05.-26.10.2019 / May + June: Tue-Sun from 10.00-17.00  
July + Aug.: daily from 10.00-18.00, Sept. + Oct.: Tue-Sun from 10.00-16.00

**Prices:** Adults € 8,50 / groups, seniors (from 60), reduced € 6,50  
Children, students € 2,50 / kids under the age of 6 free  
Family-ticket (2 adults, 2 kids 6-18 years) € 17,00; guided tour p.pers. € 2,50



## Aguntum – Stadt | Archäologischer Park

The old Roman city is located 5 km outside of Lienz between Debant and Dölsach (flowering about 50-450 AD) and was at that time an important traffic and commercial hub in the Roman road network. The extensive excavations, which are still continued, brought so far an atrium house, a thermal bath and a city gate among others. The museum tries to portray life and everyday life of a small Roman city through various exhibits, which are also copied from other Roman sites. Those range from kitchen ware to fine ceramics, jewelry, glass, bone, lamps, money with purse, tools and technical equipment, as well as luxury furnishings with marble, mosaics and mural paintings on the buildings.

Tel. +43 4852 61550; [www.aguntum.info](http://www.aguntum.info)

**Opening times:** 1st May – 9th June: Mon-Sun 9.30-16.00 / 10 June – 16 Sept.:  
daily 9.30-16.00 / 17 Sept. - 26 Oct.: Mon-Sun 9.30-16.00  
Guided tours beyond the regular opening times on request.

**Prices:** Adults € 7,00 / kids, youth (6-18 years), students € 4,00  
kids under the age of 6 free / reduced (guests with guest card, groups from 10 persons, seniors) € 6,00 / guided tour from 10 persons € 25,00



## Dolomythos - Innichen

Experience a mysterious world of legends and saga and immerse yourself in the world of dinosaurs in the Dolomites. Tel. +39 0474 913462; [www.dolomythos.com](http://www.dolomythos.com)

**Opening times:** 1. Dec. till Easter and 1st June - 4 Oct.: 8:00 – 19:00  
no rest day / Ostermontag bis 31 May and 5 Oct. - 30 Nov.:  
8:00 – 19:00, Sunday rest day

**Prices:** Adults € 10,00; kids € 6,00; kids under the age of 4 free

## Nationalparkhaus – Matrei

Whole worlds open up in Nationalparkhaus in Matrei. A whole tangible world, which really does not stint on beauty – the world of the Hohe Tauern National Park and to be more precise, the Tyrol section of this spectacular National Park. A full two floors have been reserved for people who don't just want to gaze in wonder at the beauty and impressive scenery, but who also want to find out a bit more about the plants and animals which are there, and about the history of the National Park. Tel. +43 4875 516110; [www.hohetauern.at](http://www.hohetauern.at)



**Opening times:** June: Mon - Fri from 10.00 - 12.00, closed on holiday  
July and Aug.: Mon - Sat from 10.00 - 18.00, Sun from 14.00 - 18.00  
Sept.: Mon - Sat from 10.00 -18.00, Oct. (till 26.10.): Mon - Fri from 10.00 - 12.00  
and from 14.00 - 18.00. **Information:** Nationalparkhaus Matrei, Kirchplatz 2,  
Tel. +43 4875 5161-10, [nationalparkservice.tirol@hohetauern.at](mailto:nationalparkservice.tirol@hohetauern.at), [www.hohetauern.at](http://www.hohetauern.at)

## Eisenbahnmuseum Südbahn Heizhaus Lienz

**An experience for all ages, not just for railway enthusiasts**

1800 m<sup>2</sup> of railway history: steam-, electric- and diesel-locomotives, snow plow, tin toys, model railway, old Austrian signal systems. The historic locomotive from the year 1871 can be visited by telephone all year round.

**Access via B100:** at ÖAMTC direction Amlach / Tristach, railway underpass, before the Draubrücke left and along the railway tracks east (350 m). Despite large construction site unhindered access possible.

**Opening times:** 02.06.-29.06.2019 – Wed, Fri and Sun from 14.00 – 17.00  
30.06. - 15.09.2019 – daily from 10.00 – 12.30 and from 14.00 – 17.00.  
Beyond the regular opening times on request.

**Prices:** Adults € 6,00 | Seniors/groups € 4,00 | kids in companion till the age of 9 free (prices incl. guided tour)

**Contact & info:** Verein der Eisenbahnfreunde in Lienz Bahnhofplatz 10 – Südbahn Heizhaus, Tel. +43 676 5518551, [kontakt@ebfl.at](mailto:kontakt@ebfl.at), [www.ebfl.at](http://www.ebfl.at)

# Shopping & worlds of experience

## Mühlmann fashion - Handmade in the alps

Bernd Mühlmann convinces with his passion for details and the high quality materials that are used in his collection. Founded in 1964, traditional custom-made work was still practiced at that time, the workshop consisted only of a small room. Today, the company engages 20 employees and you still can be sure, that every single part comes from a small series and that it was manufactured from a socio-economic point of view and with lots of lifeblood. [www.muehlmann.eu](http://www.muehlmann.eu)

## Villgrater Natur - the best from wool

In the bright, sun-drenched rooms made of local pine and larch wood, you will find not only the Villgrater natural sleeping system and the Woolin insulation materials but also culinary specialties such as sheep and goat cheese, lamb ham and lamb sausages, honey, jams and schnapps. Cosmetics from sheep's milk and soaps are just as popular as the plenty nice gift ideas and handmade products from the East Tyrolean mountains. [www.villgraternatur.at](http://www.villgraternatur.at)

## Schmiede Alfons Steidl - MeisterStücke

Craft can't be done in hurry up. Every smallest piece is handmade. Most importantly, you have to realize that what I've done ... is really handmade "- says Alfons Steidl, smith in Innervillgraten. In his workshop, where an old mansion house combines with award-winning modern architecture, he cultivates the craft in a pure way. [www.schmiede-steidl.at](http://www.schmiede-steidl.at)

**Bürsten Besen Rainer**, 9932 Innervillgraten, Ebene 63a

**Pichler's Schokoladenwelt**, 9920 Sillian, Zentrum 115

**Puschtra Alm**, 9920 Sillian, Arnbach 41

**Vitalpinum**, 9911 Assling, Thal-Aue 13

**Tirol Shop**, 9900 Lienz, Hauptplatz 8a

**Schaukäserei Drei Zinnen**, 39034 Toblach, Pustertalerstr. 3c



**Tirol**

## SHOP LIENZ

Für Sie & Ihre Liebsten.  
Ausgesuchte Geschenke  
& modische Bekleidung  
die Freude bereiten.

9900 Lienz  
Hauptplatz 8a  
Tel. +43-4852-61218  
[tirolshoplienz@aon.at](mailto:tirolshoplienz@aon.at)  
[facebook.com/tirolshop.lienz](https://facebook.com/tirolshop.lienz)



## Cuisine in East Tyrol

### What does East Tyrol actually taste like? How do things actually taste in East Tyrol?

These questions undoubtedly go together, since a region like East Tyrol, which attracts visitors from near and far due to its authenticity, unspoilt natural landscapes and variety of sports and cultural activities, just cannot taste like any other region. East Tyrol is different – more original, more delicious. The cuisine in the region is far from just traditional. East Tyrol's own culinary roots are creatively dealt with, which is why things taste like they do here – very special.

The range is impressive. Considering the question of how East Tyrol really tastes, you might for instance think of a traditional, hearty snack. **'Finger food' East Tyrol style.** What about a good slice of bacon, a 'Hauswürstel' and some characteristic, dark East Tyrolean farmhouse bread? Anyone spending several days in East Tyrol shouldn't miss out on **'Schlipfkrapfen'** - often enjoyed at lunch-time in East Tyrol. Followed by a good shot of schnapps, first and foremost a **'Pregler'** –your culinary enjoyment is perfect and very well-rounded. The fantastic thing about East Tyrol, from snacks through to a 'Hauben'-awarded inn, you'll find almost everything here.

All these culinary specialities and features are united in the fact that they feature produce which is of the highest quality and which for the most part is from local agricultural produce too. So you see, East Tyrol has much more than 'just' mountains to offer. It is not just the highest summits which line up one after another here, the best chefs have clearly found a home here in East Tyrol. 12 restaurants awarded by Gault Millau are located in East Tyrol. Together they have a whopping 16 Hauben – proof of the quality of the regional cuisine, which you just have to sample during a stay in East Tyrol.

## East Tyrolean breakfast - Good morning East Tyrol

A perfect morning of holiday starts with an East Tyrolean breakfast! Here are exquisite products of outstanding quality served. The producers of the „Osttirol Frühstück“ combine the passion and dedication, with which they produce their fresh and tasty products. They cultivate regionally typical old fruits and grain varieties and let cattles, goats and sheep graze on sunny high pastures. With long experience, old recipes, traditional manufacturing methods and new ideas, as well as with love and respect for nature and animals ... they deliver unique regional specialties.

### Providers of East Tyrolean breakfast

listed under: [www.osttirol.com](http://www.osttirol.com)



## Hauben-awarded restaurants in East Tyrol – Gault Millau

A high level of artistic cooking with a down-to-earthness – gourmet oases with a traditional Tyrolean well-being ambience – East Tyrol's Hauben-awarded businesses in 2019. Culinary travel peaks of pleasure in East Tyrol: as well as the 266 three-thousand metre mountains there are a range of culinary peaks, East Tyrol's Hauben-awarded businesses. Eleven of the restaurants recognised by Gault Millau in 2019 have been awarded 15 Hauben.



### **GAULTMILLAU** Haubenlokale in Osttirol

**Gannerhof** in Innervillgraten (2 Hauben, 16 points)

**Gasthof Tirolerhof** in Dölsach (2 Hauben, 15 points)

**Pizzeria Saluti** in Matriei (2 Hauben, 15 points)

**Restaurant Vincena** in Lavant (2 Hauben, 15 points)

**Alpinhotel Jesacherhof** in St. Jakob i. Def. (1 Haube, 14 points)

**Genießerhotel Rauter** in Matriei (1 Haube, 14 points)

**Restaurant Das Pfleger** im Hotel Pfleger in Anras (1 Haube, 14 points)

**Gradonna Mountain Resort** in Kals (1 Haube, 13 points)

**Hotel Strasserwirt** in Strassen (1 Haube, 13 points)

**Parkhotel Tristachersee** in Tristach (1 Haube, 13 points)

**Spa-Hotel Zedernklang** in Hopfgarten (1 Haube, 13 points)

Restaurant im Hotel Pfleger\*\*\*\*

# Das Pfleger

Pfleger



In the charming spot of the village Anras - at the Pustertaler Höhenstraße, one of the most beautiful panoramic roads in East Tyrol - you will find a special kind of culinary delights.

High-quality products with abundant regional references, refined and combined with influences from all over the world and prepared with lot of passion make your visit at the Pflegers an extraordinary experience - a mixture that is mouth-watering.

In addition to these culinary delights of a modern, alpine-mediterranean cuisine, chef Thomas Mascher also conjures on the plates classic "favorite dishes" - such as the East Tyrolean Schlipfkrapfen. In addition to a the wonderful panorama of the sun terrace or the warm atmosphere in the Pfleger parlour ... what else could you ask for?



**GAULT & MILLAU**

Dining times: Thu - Mon: 12:00 - 14:00  
and 18:00 - 21:00

Restaurant & Hotel Pfleger | Familie Mascher | 9912 Anras, Dorf 15 | Tel.: +43 4846 6244  
E-mail: [info@hotel-pfleger.at](mailto:info@hotel-pfleger.at) | [www.hotel-pfleger.at](http://www.hotel-pfleger.at)



# WEBERSTUBE



[www.weberstube.at](http://www.weberstube.at)



**pizza al forno a legna!**

**giornaliero aperto in  
estate dalle 17:00-22:00**

Famiglia Obererlacher, 9942 Obertilliach, Dorf 38  
Tel. & Fax +43(0)4847-20048 · Mobil +43(0)664-73626974



# Strasserwirt

★★★★  
Herrenansitz zu Tirol



## Tyrolean Manor House

-  Hauben awarded restaurant **GAULTMILLAU** 
-  28 rooms and suites
-  Modern SPA with 4 saunas
-  Lyric Garden

Family Bachmann  
Tel. +43 (0) 4846 6354  
Dorfstraße 28  
A-9918 Strassen/Osttirol  
[hotel@strasserwirt.com](mailto:hotel@strasserwirt.com)

**Opening times - restaurant: daily from 12.00 - 14.00 & 18.30 - 21.00**





## Pregler

So marvelous the culinary wealth of East Tyrol ... that rich is also the selection of fine origin spirits. "Pregler" is the protected name for the East Tyrolean fruit spirit, which is distilled from local apples and pears. It is the epitome of rural, traditionally produced schnapps and an old East Tyrolean specialty. He is the „Lord of schnapps“.

The popular saying: **„The Pregler gives strength and joy of life, protects against evil spirits and boredom, promotes digestion, the feeling of life and so many other things.“** The creation of real top distillates requires more than just the purest ingredients. A fine nose, a well-trained palate and many years of experience are the characteristics of the East Tyrolean distillers of schnapps, which for years always have been awarded for their fine spirits. The variety of products ranges from varietal, clear fruit schnapps to liqueurs of all kinds.

## East Tyrolean schnapps route

### In the footsteps of culinary tradition

Take a trip on the Tyrolean schnapps route and enjoy a culinary journey of discovery as you experience the diversity of Tyrolean fruit spirits. Find out more about the long tradition and art of schnapps distilling, which is continually being further refined and newly interpreted.



### Schnapps distilling – a long tradition

From 2014 you can take the East Tyrolean schnapps route and get to know, from the experts, how fruit is turned into a finely distilled drink. As part of the tours, you will find out how the particular clarity, fruitiness and purity of the local spirit comes about. You can then enjoy the high quality of the art for yourself by tasting it for a small fee to cover expenses.

★★ A LA CARTE 72   falstaff III   GAULT & MILLAU   RELAX GUIDE

**Open:** 1 May - Oct. & middle of Dec. - middle of Mar.  
**Dining:** from 12:00 - 14:00 & from 18:30 - 21:30  
[www.parkhotel-tristachersee.at](http://www.parkhotel-tristachersee.at)

DAS PARKHOTEL AM TRISTACHERSEE LIEZ **★★★★**

*Das Kleine Paradies*

Familie Kreuzer  
 9908 Amlach bei Lienz  
 Tristachersee 1  
 Tel. +43 4852 67666

Hotel\*\*\* und Restaurant

# Gasthof Unterwöger



## Regional – True - Authentic

The Tyrolean Tavern Culture is not only offered since three generations at the historic, listed village inn Unterwöger but really lived. On top of all considerations is set the guest's well-being, who is not simply considered a paying individual, but a person who entrusts herself to the hotel's hospitality and should therefore be highly appreciated. The own farm provides best veal, beef and lamb. A kitchen's specialty is the so-called "Lampfandl" – lamb meat served in a pan.



From June 28 at our tavern: **The Tyrolean Alpine Summer & its culinary delicacies.** Enjoy culinary delights made of milk and cheese from our alpine cabin combined with fresh products from our farm.

Dining times:

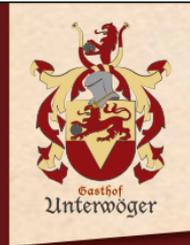
High season: from 11.30 - 21.00

Low season: from 11.30 – 14.00 & 17.30 – 20.00



*Hotel Restaurant Gasthof Unterwöger | Adress and contact below!*

## Gasthof Unterwöger



Family run historic house in the heart of Obertilliach  
· excellent Tyrolean cuisine with products from own farm  
· comfort rooms · holiday apartments · wellness area  
· various rooms for seminars and various celebrations  
Fam. Lugger · 9942 Obertilliach, Dorf 26 · Tel. +43 4847 5221  
info@hotel-unterwoeger.at · www.hotel-unterwoeger.at





## Pichler chocolate and living bakery

Taste, smell, look and marvel. Pichler's chocolate-world invites you to sweet hours. Let yourself be seduced with the biggest chocolate-fountain of Tyrol. An enjoyment for all senses.

Pichler chocolate is handmade, the raw materials are natural, the ingredients from all over the world are exquisite and the pleasure is exclusive. Let yourself get seduced from over 180 varieties of chocolate.

**Living bakery:** The smell of fresh coffee, warm pastry and fresh strudel attracts from afar and with a bit of luck you can look over the shoulder of "master baker" Desirée Pichler and wrangle on or the other trick out of her.

Guide for groups on reservation!

## Lienz city mart

Each weekend fresh for you

The products at the Lienz city mart distinguish with high quality and local origin. In the historic craftsman alley each Friday and Saturday mart stalls are side by side. The manufacturers are proud of their products, which are prepared and made with lots of diligence, special skills and with much passion for detail. The offered goods reflect relationship with nature und patriotism. Look for a visit at the Lienz city mart!

Opening times: weekly on Friday 13.00 – 18.30,  
Saturday 8.30 - 12.30 in Lienz, Messinggasse

[www.stadtmarkt-lienz.at](http://www.stadtmarkt-lienz.at)



## Local game specialties in the glass - fix and ready!

Natural, unadulterated food - game from the region of East Tyrol / Upper Carinthia - gently taken from the wilderness and processed into something very special. The delicious dishes from **Berno's Wildkammer** are produced without preservatives, colorings and flavor enhancers and are as well gluten-free. Available at East Tyrol grocers, at the Lienz city mart (Friday and Saturday) or to order via [www.bernos.at](http://www.bernos.at)



*Fam. Bodner*

Mobile +43 664 16 18 723

or +43 664 19 18 726

Phone +43 4848 5494

bhp@tirolspeed.com

bodner@tirolspeed.com

St. Oswald 79, A-9942 Kartitsch

[www.fam-bodner.at](http://www.fam-bodner.at)



## Restaurant Pizzeria Dorfberg & Apartments

4 apartments at the Gasthaus Dorfberg • 3 apartments in our guest house Patricia

• Taxi service - Car rental service - retrieval service from the Carnic altitude trail



## Guest house Patricia



## Obtanstersehütte



Mountain hut at the Carnic altitude trail  
Ascent from Winkeltal approx. 3 hours  
Phone +43 4848 5422

## Car rental - Taxi



Phone: +43 664 16 18 723

# Sports & leisure

Anyone who has not yet been hiking in the Dolomites, has never really been hiking. There is mountain adventure upon mountain adventure here; overwhelming due to the beautiful landscapes. How does this sound – lush green alpine meadows, alpine flowers right up to 3000 metres and the summits of the Carnic Alps, the Dolomites and the Villgrater mountains always in your line of sight. Sound great and tempting; so have you donned your hiking shoes yet? Then you should have a go at the Carnic altitude trail, the Gailtaler altitude trail and the Pustertaler alpine trail. This is sure to seal the deal for your love of East Tyrol and its scenic assets and charms.

## Insider tips in the holiday region Hochpustertal

### Waterfall Celar trail

At the foot of the 120 m high Celar waterfall, the path, which was newly created in spring 2016, starts. On the two spectacular observation platforms you can watch the mass of water roaring down into the valley, before hiking over a slight ascent up to the Gölbnerblick hut with the Celar chapel.



### Via ferrata at Heinfels castle

At the rocky west side of the Heinfels castle in summer 2016 a family-friendly via ferrata was built with the difficulty B / C. There also exists a variant with difficulty level D for the more experienced mountaineers. From SPAR grocery in Heinfels (parking opportunity) in a few minutes walking distance.

For more information see page 59.

### Stuckenseen lakes in the Leitertal valley

The hike to the two wildly romantic lakes Stuckenseen starts in hamlet Leiten near Obertilliach. First a forest road runs through the Leitertal valley. Then it goes up a steep passage, passing impressive waterfalls. After this escarpment opens up a wonderful plateau, the so-called Stuckböden. Mountain meadows, beautiful alpine flowers, many small hay huts and the two lakes Stuckenseen invite you to linger and relax in untouched nature!

### The Obstanser waterfall

Starting point is the sports and leisure center in Kartitsch. Walking south through the Winklertal till the steep head of the valley. Directly next to the roaring waterfall, a staircase-like path leads up to plateau Obstanserboden. On hot summer days, you can cool down from the spray of the waterfall. Once you have arrived at the Obstanserboden, the view opens up over flower-strewn mountain meadows, bordered by rugged peaks of the Carnic Alps. Your eyes will move left to a small hill, where you will discover the Prince-Heinrich chapel. The chapel was built to commemorate the front of World War I and especially to Major Prince Henry of Bavaria, who supported the Tyrolean Standschützen.

Walking time to Obstanserboden: approx. 2 h

Starting point with parking: Sport and leisure center Kartitsch

Refreshments: Obstanserseehütte 2,304 m, open from the end of June to the end of September (another hour's walk)



# Familie

## Family nest from the beginning of July until mid-September 2019

The "Tyrolean Family Nest" of Hochpustertal is considered the most family-friendly valley in East Tyrol. Because in this holiday world, everything revolves around the little guests – the "Gnomes" as the locals here lovingly call the children. Under the motto "Mountains for dwarves", little adventurers and climbing enthusiasts get to spend the most exciting holidays of their life here.

You can rest assured when promising your children an extraordinary and eventful summer holiday in the East Tyrolean mountains. From July to September, the programme features many attractive highlights supervised by pedagogically trained childminders. With the "Gnomeexpress" it's off to various adventure sports, such as the Gnome park with a twin play-tower, bumper cars and water play area or to the Wonky-Tonky-river, where adventurous treasure hunters can pan for gold and maybe even strike it rich. A special adventure is climbing in the high ropes course in the Gnome Park. Teams are invited to join the dedicated youth programme. The programme is free, only minor expenses (lunch, etc.) need to be paid for.

**Family Nest Team.** Our kids supervisors are constantly undergoing a comprehensive training program, in which a new game motto is learned every year. With our caretakers Engelbert, Mara, Vanessa and Anna-Lena, children experience new adventures almost every day. By the way, Engelbert guides also the Wichtelexpress, that takes you from your accommodation to the various playgrounds.

**Contact and detailed information:** Tourist information Sillian, 9920 Sillian, Gemeindehaus 86, Tel. +43 50 212 300, hochpustertal@osttirol.com

## Wichtelpark Sillian

In the Wichtelpark of Sillian in the East Tyrolean Hochpustertal, your little "imps" will feel great ... because there are many exciting attractions: A small autodrom is a popular meeting place especially for the younger kids, plenty action offers the zipline in lofty height. A spectacular over 30 meters new tube slide attracts big and small ones for the adventurous slide-down. Further there is a twin tower with a tube slide, children's swings, family swings, climbing walls, water-play-features and an 18-hole minigolf course.

The Wichtelpark is located in a romantic forest, where you can also find rest and relaxation. While the kids go for funny rampage, parents have the opportunity to prepare lunch or dinner at the covered barbecue area with rustic charcoal grill. Or you

can come to the kiosk, where a forest stage can be used by you for any kind of performance ... because the Familiennest Hochpustertal is a creative place. The popular Drau cycle path leads past the Wichtelpark.

**Opening times:** May - October daily from 09.00-20.00

**Price:** The Wichtelpark is for free.



## High wire park Sillian

The high ropes course adventure park is also located in the Gnome Park, inviting the entire family to an exciting journey of discovery in the natural forest. Challenges to courage and skills, fun tasks, extraordinary views and, first and foremost, lots of fun await! Experience the adventure space "Forest" from a new perspective! 8 different courses of various degrees of difficulty lead to heights of 1.5 to 8 metres. 65 elements



and stations with 12 zip-lines on a total length of 850m require climbing, balancing, sliding and swinging across a wide range of rope and bridge structures. After having been issued your gear, extensive briefing and completing a trial course, you can explore the park on your own. The park is accessible for children from 3 years (Gnome course) or a body height of 110 cm (medium course) or from 140 cm for the high course.

### Price 2019

**1 Entry:** Wichtelparcours: € 6,- | Persons till 15 years: € 12,- | Persons from 16 years: € 15,-

**10er point Card:** Wichtelparcours: € 45,- | Persons till 15 years: € 95,- | Persons from 16 years: € 125,- | 1 adult + 1 person till 15 years: € 110,-

With the guest card € 1,00 reduction on the daily entry. Price for groups at request.

**Included in the price:** rental equipment (helmet, harness, via ferrata set, wheels); safety briefing. The ticket is valid for 2 hours and is not transferable. Subject to change! Payment by card not possible.

**Opening times:** May - middle of June – Sat, Sun + holidays from 14.00-17.00

middle of June - end of June – Fri, Sat, Sun + holidays from 11.00-17.00

July / 1.9.-8.9.2019 – daily from 11.00-17.00 | August – daily from 10.00-18.00

from 9 Sept. 2019 – Sat, Sun from 13.00-17.00 | Oct. – Sat, Sun from 14.00-17.00

Other dates for groups from 15 persons on request!

Tourist information Sillian, Tel. +43 50 212 300, hochpustertal@osttirol.com

High wire park closed by bad weather; Subject to change!

## Minigolf

The Wichtelpark also has its own 18-hole miniature golf course. So nothing stands in the way of an unforgettable afternoon. The miniature golf course is open during the opening hours of the Wichtelkiosk. Racquets and game logs are also available at the kiosk. **Prices:** Adults € 3,- / children € 2,-

## „Kids-Mile“ at the family hiking area Golzentipp

The Obertilliach mountain railways now offer also a special attraction for the summer. Along the trail suitable for buggies from the mountain station of the Golzentipp mountain railways the "children's mile" was installed with a total of eight stations. Plenty of variety is offered here and the kids don't even realize that in the end they've walked that far.

Over the "stairs-mile", where children can test their long jump fitness, they reach the station where all senses are perceived. Listen, smell, feel and even more. A merry-go-round even sharpens the sense of balance.



After the kids have followed the water course at the third station, they can practice their skills of "climbing" on logs and stones. A highlight for the whole family is the relaxing and resting place at the reservoir pond with plenty of panoramic views. The view sweeps here from the Hohe Tauern with the Grossglockner in the north over the Lienz Dolomites and Gailtaler Alps on to the Carnic ridge, which forms the border to Italy.

After this little rest, the children are already looking forward to the labyrinth, in which a strongly distorted self-reflection provides some laughs. After passing the mountain station of the Glamlift, the final almost flat passage follows to the lake Jochsee, where the "water delivery installation" from the lake arouses the interest of the visitors. Even a tractor and a cow hardened into wood are here, because they are thrilled by the impressive panorama.

And those, who has already walked so far, certainly wants to enrol even in the summit book on Golzentipp, which is only 20 minutes far and offers a wonderful panoramic all round view.



## The Thurntaler - an experience

One of the most beautiful excursion destinations in Alta Pusteria is the hiking and scenic mountain Thurntaler. With the modern 6-seats cable car you can reach the mountain station Gadein at 2,100 m in just a few minutes. From here, the hiker has an comprehensive network of trails for all ages. Families with children appreciate the easy ascent to the imposing three lakes, where especially young mountain enthusiasts feel great. The panoramic path to the "Äußere Hochalm" is even with prams or buggy easy to handle. Two mountain restaurants invite hikers for a stop. The Thurntaler is one of the most famous flying areas for paragliders and hang gliders on the southside of the main Alpine ridge. Those find here due to the solar irradiance optimum thermic conditions, that allow numerous flight-records with the paraglider.

**Opening times summer 2019:** Spring-tours: 3 / 10 / and 17 June  
20.06. - 08.09.2019 from Sunday till Thursday (Friday + Saturday rest day)  
19.07. - 24.08.2019 no rest day

**Operating times:** 9.00-11.45 and 13.00-16.00.  
(Mountain railways run only by good weahter!)

<b>Prices summer 2019</b>	Adults	Kids up to the age of 14
Ascent and descent	€ 26,00	€ 13,00
Ascent	€ 23,00	€ 11,50
Descent	€ 21,00	€ 10,50

**Information:** Hochpustertaler Bergbahnen, Tel. +43 4842 6011,  
info@hochpustertal-ski.at, www.hochpustertal-ski.at





## Adventure & hiking area Golzentipp with the Obertilliacher mountain railways

If you want to enjoy the impressive panorama of the sunny mountain meadows around the Golzentipp you can easily levitate up to 2,000 meters sea level with the 10-seats cable car Golzentipp ... by the way saving about an 1 1/2 hours of walk. Truly eye-filling is also the flower splendor, that manifests especially in late June / early July. The blue gentian - as well as lots of others - thrives quite excellent on the gentle meadows around the "Kutteschupfen" and makes the heart of lovers of nature beat faster.

**Opening times summer 2019:** Daily from 16 June till 29 September 2019 (closed by bad weather). Special-rides in may and october see on website or on demand!

**Operating times:** 9.00-12.00 and 13.00-16.00 . In August till 16.30.

<b>Prices summer 2019</b>	Adults	Kids up to the age of 14
Ascent and descent	€ 14,00	€ 7,00
Ascent	€ 10,00	€ 5,00
Descent	€ 8,00	€ 4,00
Day ticket for paragliders	€ 19,00	
Week ticket for paragliders	€ 60,00	

**Information:** Obertilliacher Bergbahnen, Tel. +43 4847 5300,  
info@obertilliacher-bergbahnen.com, www.obertilliacher-bergbahnen.com



home of sport

[www.sport-auer.com/sport.auer@aon.at](http://www.sport-auer.com/sport.auer@aon.at)

**SHOP - RENT - SERVICE**  
IHR SPEZIALIST RUND UMS RAD





[www.obertilliacher-bergbahnen.com](http://www.obertilliacher-bergbahnen.com)



## FAMILY- PARADISE GOLZENTIPP



**Recreation, enjoyment, rest, exercise, adventure ...  
experiences for young and old.**



With the gondola cableway directly into the family paradise ... for hiking, past the unique „Kutteschupfen“ up to the Golzentipp summit with its beautiful panoramic view ... explore the area by mountain bike ... just lie in the sun and enjoy the fresh mountain air ... children are playing at the adventure playground ... or up in the air with the paraglider to waft over the Gailtaler and Karnische alps and then floating gently to the valley.



**Here at the Golzentipp – there is  
something for everyone!**



family-friendly hiking paradise at the Gailtal high altitude trail (part of the 1st & 2nd daily stage) · a few summits are easily accessible

# Long distance hikes & theme trails

## The Carnic altitude trail „Friedensweg“ Nr. 403 - the great mountain experience!



### 11 huts – 30 light hiking peaks – „Way of peace“ Nr. 403

The Carnic altitude trail or "way of piece" (KHW 403) follows along the entire Carnic main ridge, which also builds the border between Austria and Italy. From Sillian to Arnoldstein the trail extends over a length of 156 km (about 105 km beeline), and is divided into 8-11 daily stages and has a total walking time of 26.5 hours. The slightly longer section east of the Plöcken Pass offers a gentle mountain landscape with expansive alpine meadows and easy hiking trails. West of the Plöcken pass, the alpinistically more interesting part stretches along the highest peaks of the Carnic main ridge.

### Suggestions for daily stages:

- 1. Day:** Sillian – Sillianer Hütte 4 hours
- 2. Day:** Sillianer Hütte – Obstansersee Hütte ca. 4,5 hours
- 3. Day:** Obstansersee Hütte – Filmoorhütte – Porzehütte ca. 6 hours
- 4. Day:** Porzehütte – Hochweißsteinhaus ca. 8 hours
- 5. Day:** Hochweißsteinhaus – Wolayersee Hütte ca. 6 hours
- 6. Day:** Wolayersee Hütte – Untere Valentinalm ca. 2,5 hours
- 7. Day:** Untere Valentinalm – Zollnersee Hütte ca. 6,5 hours
- 8. Day:** Zollnersee Hütte – Straninger Alm ca. 3 hours
- 9. Day:** Straninger Alm – Alpenhof Plattner ca. 6,5 hours
- 10. Day:** Alpenhof Plattner – Egger Alm ca. 4,5 hours
- 11. Day:** Egger Alm – Albergo Starhand ca. 3,5 hours

The lodges have to be reserved, as only a limited number of sleeping places are available!



## "Herz-Ass"-Trail Just follow the heart



The route to 50 impressive summits around Villgratental is now signposted. Creating a heart, the 50 impressive summits have lovingly connected the secluded Villgratental since time immemorial. This can only really be seen from a bird's eye view.

So nobody gets lost, the legendary 5-Day route, which has up to now been regarded as an insider tip among local people, is now signposted throughout.

For "all and sundry", so to speak. That's what East Tyrol people say about this easy variant, which saves you having to do a few summits and in the evenings always leads you to a comfortable overnight stay Option in the valley. The hard tour which has 5500 meters altitude alone to tackle in the climb, covers some 100 kilometers and has two Alpine inns and three nights in a bivy still remains the territory of the map-readers among you.

The Villgrater mountains connect the two mountaineering villages of Außer- and Innervillgraten in one big heart shape. Let the uniqueness of the secluded Villgratental take effect on you, one which will last for a long time to come. Meet like-minded people who are conquering the summit too. On the recently set-up Herz-Ass hiking trail. You get to experience the unique natural surroundings and cultural landscape of Villgratental.



### **Herz-Ass Villgratental - circuit:**

**Day 1:** Almenweg: Außervillgraten to Reiterstube

Around 8 hours walking time - easy hike

**Day 2:** Salzsteig: Reiterstube to Volkzeiner Hütte

Around 7 hours walking time - moderately difficult hike

**Day 3:** Spring and water trail: Volkzeiner Hütte to Unterstalleralm

Around 6 walking time- moderately difficult hike

**Day 4:** Via the Jöcher: Unterstalleralm to Kalkstein

Around 6 hours walking time - moderately difficult hike

**Day 5:** Boarder area hike: Kalkstein to Gadein/Thurntaler

Around 7 Stunden - moderately difficult hike

## The Gailtal altitude trail

In the south of the Lienz Dolomites and in the west wings of the gailtal Alps, the Gailtal altitude trail proceeds through impressive natural landscapes in the Gailtal and Lesachtal. Bounded in the North by the Pustertal and in the south by Tirol's Gailtal and Lesachtal, the Gailtal altitude trail is a gentle complement to the Peace trail (Carnic altitude trail 403) on the carnic ridge. The entire route of the Gailtal altitude trail is not difficult.

The route begins in St. Oswald near Kartitsch and proceeds via the Dorfberg up to the Golzentipp. Continue -after an overnight stay in the "Connyalm" above Obertilliach - via the Kofelspitz to the Gontrunsattel. You have a choice here, either proceed in the valley to the Ochsengartenalm and up again to Gumpedall, or opt for the somewhat steeper climb to the Tamerlanhöhe and from there cross a few steeper gravel gullies to get there. Another trail proceeds at the base of the Eggekofel massif, which has two distinct gravel gullies, across to Hals above the Kircher Almen and from there down to the Lotteralm. Emergency accommodation is available here, should it be too late for another stage to Tuffbad via the Guggenberger Sattel. Otherwise you can spend the night in Tuffbad.

Up to the Gailbergsattel (above Kötschach and Oberdrauburg) there are unfortunately no other overnight stay options! So it is recommended that you choose a day tour so that you may still descend again into one of the villages in Lesachtal to spend the night.



**Stage suggestions:** Section from Kartitsch (St. Oswald) to Gailbergsattel

**Stage 1):** St. Oswald (1.364m) over the Dorfberg (2.115m) to the Connyalm (2.070m):  
▲ 1.240hm ▼ 130hm | Walking time: 5-6 hrs.

**Stage 2):** Connyalm (2.070m) via Ochsengarten (1.747m) to the Lotteralm (1.471m):  
▲ 400hm ▼ 900hm | Walking time: 4,5-5 hrs.

**Stage 3):** Lotteralm (1.471m) via Samalmkreuz (1.992m) to the Tuffbad (1.262m):  
▲ 540hm ▼ 700hm | Walking time: 3,5 hrs.

**Stage 4):** Tuffbad (1.262m) via Tscheltscher Alpe (2.052m) to the Schartenalm (1.523m):  
▲ 1.020hm ▼ 765hm | Walking time: 6,5 - 7 Std.

**Stage 5):** Schartenalm (1.523m) via Mussen (2.038m) to the Gailberghöhe (971m):  
▲ 515hm ▼ 1.070hm | Walking time: 4,5-5 hrs.



## „High and holy“ pilgrimage hike in East Tyrol, South Tyrol and Upper Carinthia

**200 kilometres – nine daily stages – 13.000 meters of ascents**

The „High & Holy“ pilgrimage hike leads over 200 kilometres, split up in nine daily stages, from Lavant over Innichen to Heiligenblut, always with a significant place as a stagepoint. Next to the known Marian pilgrimage places Maria Luggau, Kalkstein in Innervillgraten and Obermauern in Virgen, little gems of the region like St. Korbinian in Assling and St. Oswald in Kartitsch are also visited. To cope with this are on average each stage more than 20 km of track and more than 1000 meters of ascents. The total walking time is calculated with about 65 hours.

**Stage 1:** Lavant – St. Korbinian

19,7 km | Walking time ca. 6 hours

**Stage 2:** St. Korbinian – Dapra Kreuz – Kofelpass – Maria Luggau | 19,2 km | Walking time ca. 7 hours

**Stage 3:** Maria Luggau – Obertiliach – Dorfberg – St. Oswald | 25,3 km | Walking time ca. 7 hours

**Stage 4:** St. Oswald – St. Leonhard – Kartitsch/ Hollbruck – Sillian – Arnbach – Winnebach – Innichen | 24,2 km | Walking time ca. 7 hours

**Stage 5:** Innichen – Silvesterkapelle – Marchkinkele – Kalkstein | 14,5 km | Walking time ca. 7 hours

**Stage 6:** Kalkstein – Unterstaller Alm – Villgrater Törl – Maria Hilf – St. Jakob i. D.

20,4 km, Walking time ca. 8 hours

**Stage 7:** St. Jakob i. D. - Tögisch – Virger Törl – Lasörlinghütte – Gries – Obermauern

20,2 km, Walking time ca. 8 hours

**Stage 8:** Obermauern – Nikolauskirche – Matriei – St. Veit Stöckl – Kals Matriei Törl - Kals

24,9 km | Walking time ca. 9 hours

**Stage 9:** Kals – Lucknerhaus – Glorer Hütte – Bricciuskapelle – Heiligenblut

22,5 km | Walking time ca. 8 hours



## Offers around hiking

### Guided hikes every Tuesday and Thursday

Rough mountain peaks, clear mountain lakes, green alpine pastures and even the highest mountains of Austria - a guided hike is a great way to experience it! Enjoy the insider tips from the local guide:

**Every Tuesday:** Herz-Ass Villgratental, registration until the day before, 12.00 pm at the Tourist Office Innervillgraten, Tel. +43 50 212 340, Fee: adults € 20,00 / children € 12,00 / hiking taxi € 5,00 per person, Meeting place and time depending on the tour

**Every Thursday:** guided hike in the Lesachtal valley / Tyrolean Gailtal valley, meeting point and time depending on the tour! Registration until Wednesday, 15.00 pm in the tourist office Obertilliach, Tel. +43 50 212 360

**The planned tours can be found at [www.hochpustertal.com](http://www.hochpustertal.com)**

### Herz-Ass Hikingtaxi Villgraten valley

You are hiking - we are driving! Kalkstein - Unterstalleralm - Innervillgraten - Ausservillgraten - Reiterstube - Thurntaler Rast - Sillian. All prices are available in the information offices of the Hochpustertal!

Registration on the day before the scheduled tour until 17.00 pm.

Bus company Schmidhofer, Gasse 83a, 9932 Innervillgraten,

Tel. +43 4843 5522 or +43 664 8873244

### Hikingbus Villgraten - Gsies 3 July to 20 September 2019

On old trails from the Villgraten valley into the Gsieser valley "The paths over the Jöcher" On three nature trails, information boards inform about old stories of customs, tradition, cultivation and smuggling in the past decades. The hiking bus drives every Wednesday and Friday from 3rd July to 20th September. Registration required, booking in the tourist information offices the day before until 17.00 pm!

**Tourist information Innervillgraten:** +43 50 212 340

**Tourist information Gsieser valley:** +39 0474 978436

#### From the Villgraten valley to the Gsiesertal

3.45 pm from Kalkstein - Parking Bad'l Alm | 16.00 clock from Unterstalleralm

#### From Gsiesertal into Villgraten valley

5.00 pm from Talschlussütte St. Magdalena | 5:15 pm from Gsies St. Martin village center

On the ride there and back, the Tobalch bus station will be approached if required.

### Hiking badges - Hiking pin Hochpustertal

With the hiking pin Hochpustertal you can take home a lasting memory of the wonderful hikes in the East Tyrolean Hochpustertal. The Hochpustertal hiking pin is available in bronze, silver and gold at the tourist information offices in the region at a price of 4.00 Euro. Of course the beautiful souvenirs have to be hiked: info phone +43 50 212 300

**Bronze:** 10 from the given tour destinations achieved

**Silver:** 20 of the given tour destinations achieved

**Gold:** 30 of the given tour destinations achieved

To achieve the mountain hiking pin Hochpustertal the respective stamp is necessary.

# Mountain huts - pasture inns



## Sillian

- ① **Leckfeldalm Hütte**, 1.925 m, from Sillian in 2,5 hours, toll road to the hut, hut-taxi
- ② **Sillianer Hütte**, 2.447 m, ÖAV-hut, from Leckfeldalm in 1,5 hours, from Sillian in 4,5 hours

## Villgrater Berge

- ③ **Panoramarestaurant Gadein**, 2.100 m, reachable by cable car
- ④ **Thurntaler Rast**, 2.000 m, reachable by car
- ⑤ **Reiterstube**, 1.500 m, reachable by car
- ⑥ **Volkzeiner Hütte**, 1.886 m, forest road to the hut
- ⑦ **Bad'l Alm**, 1.640 m, reachable by car
- ⑧ **Jausenstation Unterstalleralm**, 1.673 m, from Innervillgraten via Hochberg in 2,5 hours, reachable by car

## Karnische Alpen

- ⑨ **Obstansersee Hütte**, 2.304 m, ÖAV-hut, from Kartitsch via Winklertal in 2,5 hours, hut-taxi till head of valley
- ⑩ **Filmoor-Standschützenhütte**, 2.350 m, ÖAV-hut
- ⑪ **Porzehütte**, 1.942 m, ÖAV-hut, from Obertilliach via valley Tilliacher Tal in 2 hours; on Sat, Sun and holiday reachable by own car

## Obertilliach

- ⑫ **Conny Alm**, 2.050 m, reachable by cable car

## Anras

- ⑬ **Gölbnerblickhütte**, 1.824 m, from valley Kristeinerntal in 2 hours

## Hiking maps | hiking guide material

Hiking maps (in the scales 1: 50,000 and 1: 25,000) as well as hiking guide materials from the region Hochpustertal and the neighboring regions are available in well-stocked bookstores as well as in the tourist information offices of East Tyrol.

# Mountaineering & climbing



**The Hochpustertal - climbing in the front garden of the Dolomites:** Which mountaineer and climber doesn't dream of the Dolomites? In their 'front yard' are the mountain peaks of the Hochpustertal valley. Along the Karnischer Höhenweg, on formerly popular smugglers' trails, the possibilities are manifold.

## Via ferratas

### Via ferrata Gr. Kinigat, Carnic Alps

The newly built via ferrata includes high alpine character and has the difficulty levels A-D. Via the Erschbaumental to the parking place (walking time 1 ½ - 2 h) another hour of hiking leads to the entrance of the via ferrata (2,100 m). After climbing steep ledges you reach the rest-spot Kartitscherköpfl (2,290 m), crossing the Silberplatte (2,350 m) up to the exit at Hochkar (2,550 m). Till the summit of Gr. Kinigat (2,689 m) it takes about a 45 minutes hike. The via ferrata of the category very difficult has no emergency descent possibility.



### Via Ferrata

#### Filmoorhöhe-Wildkarleck-Porze

This interesting tour already existed during the First World War and has been restored in recent years by Italian mountaineers. The airy climbing ridge leads from the Filmoorhöhe (2,457 m) on impressive rock towers to grassy ridge peaks - next on an iron ladder down to two rock tunnels - then an exposed crossing to caverns with the tour-book - from the last rock again a short descent via chimneys to the saddle of the Wildkarlegg (2,532 m).



## Via Ferrata Spitzenstein, Gailtal Alps

Remains of an old wooden ladder at the entrance are reminiscent of the previously sparse security-facilities of the tour up to the Spitzenstein. In recent years, new, modern steel anchors and a via ferrata rope have been attached and so another summit in Hochpustertal can be reached relatively easy over a via ferrata (difficulty A / B). Particularly rewarding is the view from this most western peak from the mountain ridge Lienz Dolomites.

## Via Ferrata Burg Heinfels

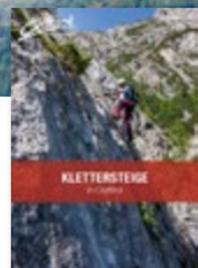
At the rocky west side of the Heinfels castle a new via ferrata was built. The short family-friendly variant with the difficulty level B and the crux with difficulty C right at the beginning is also suitable for experienced children from the age of 10. Those who don't choose the exit of the family route have to handle the difficulties at the following passage rated with C / D. The 45 minute via ferrata ends with a great view over the villages Heinfels and Sillian. In addition a variant with difficulty E was created for experienced mountaineers.

## Via Ferrata Porze, Carnic Alps

The "traverse" of the remarkable Porze (2,589 m) is a beautiful climbing tour including two well-secured via ferratas (difficulty A). A scenic mountain tour that leads in some places past the relics of the First World War (dilapidated shelters and trenches positions).



For more information of further via ferratas and as well on climbing routes see the **brochure Klettersteige in Osttirol**, available at the tourist information offices.



# Cycling & mountain biking



## Drau Cycle Path

San Candido - Sillian - Lienz - Oberdrauburg (only a part of the European-Drau-Cycle-Path from Dobbiaco to Marburg); total length approx. 60 km; average gradient of about 1.5% (mostly flat); asphalted; Also popular are individual stages such as from Lienz to Thal to the adventure swimming pool VITHAL (with a stop at the water adventure park at Galizia gorge) or from Lienz to Oberdrauburg to rural formerly taverns and the swimming bath. Along the route, there are several guest houses – „Drauradweg-Wirte“ prepared on bikers needs, with special cycling packages and services. Detailed information, maps and the description of the entire route can be found on the homepage

[www.drauradweg.com](http://www.drauradweg.com)

**Tip:** „With the railways to South Tyrol - back with the bike!“ (train connections view ÖBB). [www.oebb.at](http://www.oebb.at)

## Mountain-biking in Hochpustertal – a challenge

Mountain-bikers love the side roads in Hochpustertal in particular. Sweat-inducing, but beautiful. The tours through the Carnic Alps in particular but also in Villgratental are also very popular among hard-core mountain-bikers. For instance, the „Berg-Radel-Weg Villgraten“ is a charming way of finding out more about life in this unique valley. This thoroughly demanding circuit course starts and ends in the mountain village of Innervillgraten which lies at 1402 metres; it is around 25 kilometres in length and takes riders up to the Oberstaller Alm at 1883 metres sea level.

### Guided Mountainbike-Tours

**Dolomiti Bikeguide.** Manuel Ploner & Markus Ploner (qualified mountainbike guides), Tel. +43 699 17138730, [dolomiti-bikeguide@gmx.at](mailto:dolomiti-bikeguide@gmx.at), [www.dolomiti-bikeguide.com](http://www.dolomiti-bikeguide.com)

**Price:** Personal Guide full day (1 person): € 149,00 | Personal Guide half-day (1 person): € 79,00 | Tour for group from 3 persons: full day per person € 49,00 | half-day per person € 33,00. Individual multid-day-tours on request!

**Information** about cycling experiences in Osttirol for families, mountain bikers and racing cyclists can be found in the **brochure** „Radeldorado Osttirol“ - available free at the tourist information offices and online at [www.osttirol.com](http://www.osttirol.com)



# MTB-Single-Trails



## Bikepark Lienz

**Peter Sagan Trail.** With georgous 4.6 kilometers of new trails, the bike park Lienz extends continuously! Starting in spring 2019, the bike park Lienz will have – with “Peter Sagan Trail” (difficulty: red) named after triple world champion Peter Sagan and “Welcome to the Jungle” (difficulty: black) – two new single trails. The new **Peter Sagan Trail** is the perfect addition to the existing **Alban Lakata Trail**.

Both trails together add up to an impressive length of around 7.1 kilometres, making it a challenge for any experienced biker. Flow and lots of airtime describe the new trail excellently, and not to forget the stunning and priceless panorama. Where else can you ride your bike over a perfectly shaped 7 kilometres long trail directly into the city!? 55 steep turns, 18 rollers, numerous gaps, step ups, and a mega-panorama boner jump make every biker’s heart beat faster and motivated to repeat the ride.

- **Alban-Lakata-Trail (red)**      • **Welcome to the Jungle (black)**
- **Peter-Sagan-Trail (red)**      • **Pumptrack im Bikepark Lienz**

<b>Prices Bike-Tickets 2019: ASCENT + BIKETRANSPORT</b>	Adults (ab Jg. 2000)	Kids (2001-2013)	<b>ONLY BIKE- TRANSPORT</b>
Day-ticket	€ 29,00	€ 19,50	€ 14,00
Morning-ticket (till 12.30)	€ 19,00	€ 15,50	€ 9,50
4-hours-ticket	€ 24,00	€ 18,00	€ 10,50
Single ascent – Schlossbergbahn	€ 11,50	€ 8,50	€ 3,50
Single ascent Schlossb. + chairlift H II	€ 18,00	€ 12,70	
2-day-ticket	€ 55,00	€ 34,00	
5 days in season	€ 102,00	€ 63,00	(Ki. 2005 - 2013)
10 days in season	€ 204,00	€ 126,00	"
season ticket incl. bike	€ 260,00	€ 164,00	"

**Contact: Lienzer Bergbahnen AG - Hochstein,** Iseltaler Str. 27, 9900 Lienz  
Phone +43 4852 62114-11, E-mail: info@lienzer-bergbahnen.at

**Contact Bikepark:** Tel. +43 50 212 212, facebook.com/BikeparkLienz

# White Water Sports



## Canyoning

is the right thing for the adventurous who just want to experience something special. However, you should already have some alpine experience and an extra dose of courage for the exciting abseiling and sliding sections through narrow gorges and over waterfalls.

## Canoeing

East Tyrol is a real eldorado for lovers of white water sports. Especially the kayak experts will find playgrounds of all difficulty levels, which are a real challenge for advanced canoeists. Not for nothing a well-known canoe track on Drava and Isel is part of the „Dolomitenmann“ – the world toughest team-challenge under the sun. Even normal recreational athletes find here all the white-water-levels that meet their skills and interested newcomers can be introduced to the world of whitewater sports by experts. A frequent meeting point for kayakers is the rodeo wave at the Schlaitener bridge in Ainet. This specially built wave for practice is also an attraction for passing hikers, to watch the canoe-spectacel.

More information about easy and challenging whitewater trails can be found in the **whitewater guide „Wildwasser-eldorado Osttirol“** (available at the tourist offices).



## Rafting

The river Isel in East Tyrol enjoys the reputation of being one of the best rafting routes in central Europe. During the summer months it's really busy at this river. East Tyrol's rafting companies offer the opportunity to participate in such a funny and exciting wave ride. Great emphasis is placed on safety. The participants will be equipped with life jackets, wetsuits and helmets and of course the tours will be guided only by officially inspected and authorized boaters. If you want to be part of this great adventure, you should be able to swim, not be younger than six years and with no fear of getting wet. Different levels of difficulty can be booked - from light family tours to wildest rodeo rides for hardened wave-professionals. Virtually anyone can easily participate in that sport, therefore rafting is by far the most popular way to get to know the fascination of the white-water-elements.

# COOL'S – Center of Outdoor Lienz

## Rafting - this is experience and fun in nature.

From the family tour for children from the age of 5 up to the sport tour. Everyone gets here their money's worth. As pioneers in outdoor sports - especially in rafting and canyoning - we were able to set significant standards in the last 30 years.

**The highest level of security is guaranteed.**

Tour	Duration	Price/Adults	Price/kids till age of 13,9
<b>Beginners Tour</b>	1 hour	€ 39,00	€ 29,00 (min. age 6)
<b>Sport Tour</b>	1,5 hours	€ 49,00	€ 39,00 (min. age 12)
<b>Top Tour</b>	2 hours	€ 59,00	just from the age of 16

### What to bring with?

- Bathing-utensils and -towel

### Options nearby:

- big parking area
- warm Showers/WC direct at the Raftingcenter
- Bouldern/Climbing
- Food/Beverages
- Osttiroler - summer toppogran run (300 meter far)



**Each day from 16 May till 30 September**

**Rafting will be at all weather conditions!**



**COOL'S**  
Center of Outdoor Lienz

9900 Lienz / Pfister 3  
Tel. +43 676 55 66 019  
office@cools-lienz.at  
[www.cools-lienz.at](http://www.cools-lienz.at)



## Whitewater sports suppliers in East Tyrol

### **ADVENTUREPARK Osttirol**

Rafting - Canyoning - Kajak - Climbing - Biken - Teamtraining  
Ainet 108b, 9951 Ainet, Tel. +43 4853 20030, Tel. +43 664 3560450, info@ota.at, www.ota.at

### **COOL'S Lienz – Center Of Outdoor Lienz**

9900 Lienz / Pfister 3, Tel. +43 676 5566019, www.cools-lienz.at,  
office@cools-lienz.at; Rafting - Canyoning - Kajak - Hydrospeed - Paintball ...

### **EDDY RAFTING**

9951 Ainet, Tel. +43 650 3368000, info@raftingcenter.at, www.eddyrafting.com

### **La Ola Kajak - und Kanuschule**

9953 Ainet 108b, Tel. +43 664 4297498 (Hans), info@laolakanuschule.at,  
www.laolakanuschule.at; opened all year round

### **OSTTIROL OUTDOOR**

Canoning - Scuba diving - White water swimming, Striemitzer Franz  
Tel. +43 664 2005682, franz@osttirol-outdoor.at, www.osttirol-outdoor.at

### **Kajakschule Osttirol**

Michael Waldburger, Pfister 3, 9900 Lienz, Tel. +43 699 17092411  
info@kajakosttirol.at, www.kajakosttirol.at

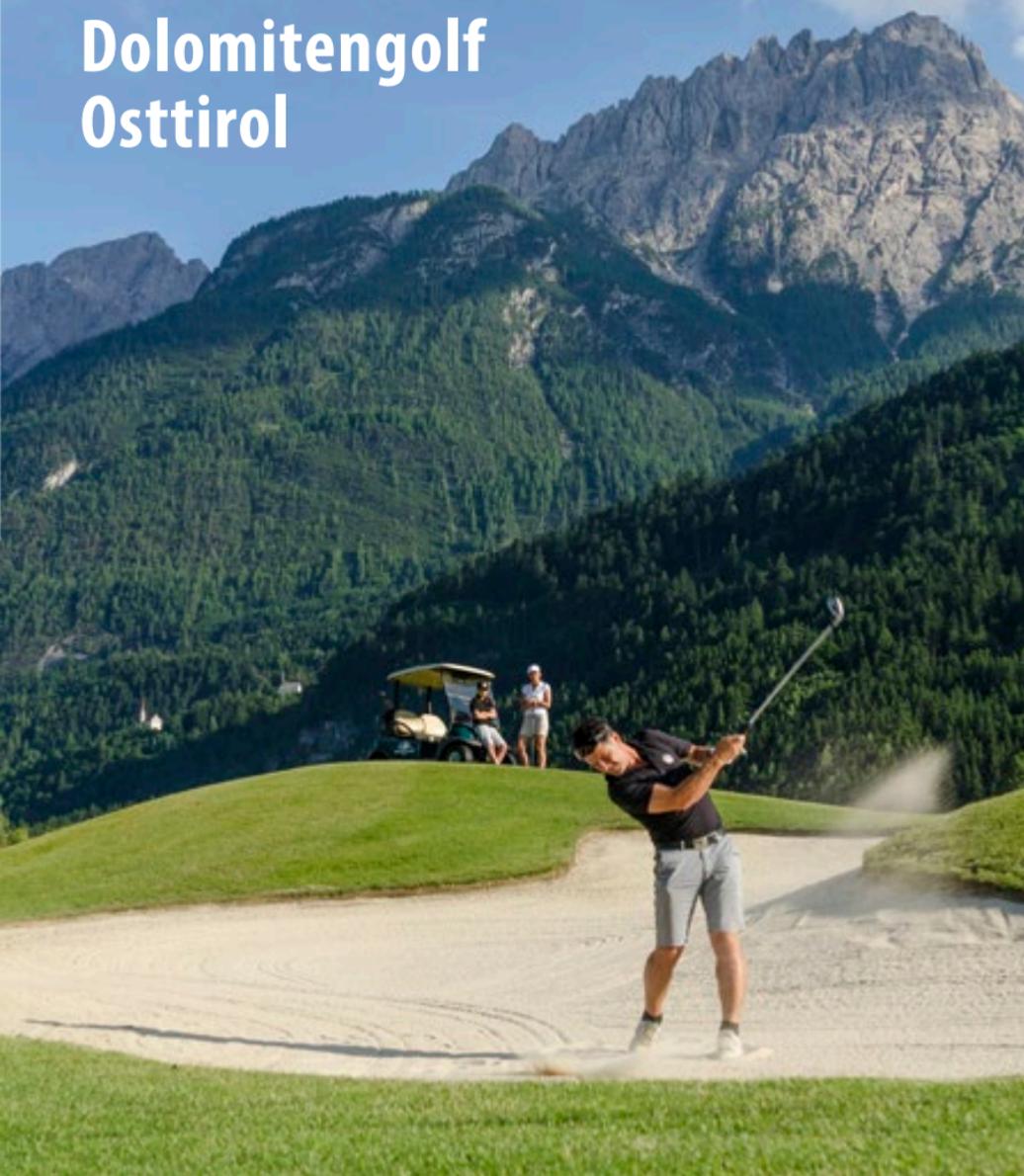
### **Osttiroler Kajak Club**

Obmann Armin Zöttl, Althuberweg 4, 9907 Tristach. Tel. +43 676 82107229,  
armin.zoettl@icloud.com

### **Kajakshop Zimml: LaOla - Zimmermann e.U.**

Mühlgasse 15, 9900 Lienz, Tel. +43 4852 61199, www.zimml.at

# Dolomitengolf Osttirol



## Welcome at the Golfclub Dolomitengolf Osttirol

**36 dreamy holes in flat condition in front of the skyline of the Lienz Dolomites - at the level of 650 m.**

At the foot of the impressive Lienz Dolomites, near the sunny city of Lienz, the GC Dolomitengolf Osttirol welcomes you with the only 36-hole golf course of Tyrol. Look forward to two top-maintained 18-hole championship courses with daily changing course combinations amidst intact fauna and flora with numerous large ponds.

- 36 hole championship golf course
- covered double storey driving range
- 2 areas with putting and chipping greens
- Changing and sanitary areas in the clubhouse
- Secretariat and large pro shop directly at tee 1



**Info & contact:** Dolomitengolf Osttirol GmbH, 9906 Lavant, Am Golfplatz  
Tel. +43 4852 72100 · Fax -777, [info@dolomitengolf.at](mailto:info@dolomitengolf.at), [www.dolomitengolf.at](http://www.dolomitengolf.at)



# Schwimmen

## **Dolomitenbad Lienz - outdoor pool**

Rechter Drauweg 1b, 9900 Lienz, Tel. +43 4852 63820

Heated outdoor pool (up to 25° C water temperature), 50-meter sport pool, non swimmer's pool, pool with 1 meter & 3 meter diving board, small children's pool with water mushroom and 60-meter water slide, childrens playground, 2 beach volleyball courts, approx. 30,000 m2 of sunbathing lawn.

## **Dolomitenbad Lienz - indoor swimming pool**

Closed from 8 July till 18 August 2019! Opening times: Tuesday – Sunday 10:00 – 21:30  
more information on [www.dolomitenbad.at](http://www.dolomitenbad.at)

## **Acquafun Innichen – indoor swimming pool**

The adventure bath in Innichen is a unique alpine adventure world for the whole family. Children's pool, water fountain, water slide, hydromassage, sunbathing area & restaurant. Tel. +39 0474 916 200 [www.acquafun.com](http://www.acquafun.com)

## **Bathing beach at lake Tristacher See - one and only bathing lake in East Tyrol**

up to 24° C water temperature, large sunbathing lawn, buffet, tower jump facility, beach volleyball court, large parking (chargeable - from the beginning of July) also reachable by regional bus (lines 1 and 2), Tel. +43 4852 65601 oder +43 4852 63820

## **Swimming pool at the forest – Leisach**

Large lawn with shady trees, buffet, childrens playground, kids-pool. Tel. +43 4852 62660

## **Swimming pools – Dölsach**

3 pools, modern circulation system, water temperature 22 ° C, terraced lawn, childrens playground, beach volleyball court; Buffet with small dishes and drinks. Phone +43 4852 68233.

## **ViThal - Adventure swimming pools Thal**

Separate swimming and non-swimmer's area, climbing net, wide slide (12 m), waterfall mushroom, separate paddling pool, constant water temperature of 25 ° C, adventure playground, funcourt sports facility for basketball, volleyball, handball, football, badminton and lots more. Phone +43 4855 8305.

# Dolomiten Bad

L i e n z



More bath.  
More fun.  
More sauna.

[www.dolomitenbad.at](http://www.dolomitenbad.at)



SONNENSTADT LIENZ



Modell Schöner Leben

# Paragliding



## **in Sillian at the Thurntaler 2.407 m**

The flying area of Sillian has a long tradition. Since 1986/87, paragliding competitions were held here. High above the valley Pustertal, you fly right on the southern edge of the main Alpine ridge, but within some influence of the upper winds. However, numerous starting positions and starting directions ensure the most possible flight chances. The Thurntaler is also station for the long-distance-aeronauts on the way through the Drau and Pustertal valley from east to west and vice versa.

## **in Obertilliach am Golzentipp 2,170 m**

In a fantastic location in the upper Lesachtal between the peaks of the Lienz Dolomites and the Carnic main ridge is the peak Golzentipp with its wide pasture meadows. This cable-car accessible area allows beginners as well as advanced flights of superior quality in a landscape and tranquility, which are almost impossible to find in the Alps. In Obertilliach an insider community has evolved in recent years, which appreciates spending their flight vacation here.

**Further flying-information on: [www.osttirol.com](http://www.osttirol.com)**

**Contact flying school and tandem flights:**

**Blue Sky Flugschule Hochpustertal GmbH**

Tandem-flights, trial-courses, basic- and training-courses!

Zentrum 83, 9920 Sillian, Tel. +43 4842 20176, office-bluesky@aon.at, [www.bluesky.at](http://www.bluesky.at)



[www.dolomitenbank.at](http://www.dolomitenbank.at)

*Der Region verbunden.*

# Flying

## Gliding in East Tyrol

**The airfield in Nikolsdorf is the main meeting point for all gliding enthusiasts and everyone who would like to be one.**

The gliding airfield in Nikolsdorf near Lienz is one of the best starting points for inspirational circular flights along the main ridge of the Alps (Glockner group & Venediger group) as well as the Lienz and Sexten Dolomites. The unique contrasts in the landscape, as well as the outstanding thermal conditions for most of the year, contingent upon the thermal microclimate in the Drautalbecken, means the East Tyrol provides optimum conditions for gliding. What's more, the great camaraderie and team spirit in the gliding group in Lienz is one bonus which guests and guest gliders always bring here. Learn to aerotow and operate motor gliders here. Circular flights for visitors are also offered during weekends in the season for visitors. Activities are always kept up-to-date on the club homepage.

**[www.flugplatz-lienz.at](http://www.flugplatz-lienz.at), bzw. [www.segelflieger-lienz.at](http://www.segelflieger-lienz.at)**

### **Information airfield Nikolsdorf**

Tel: +43 4858 8309 or +43 4858 8218 - Fliegerclub Lienzer Dolomiten (flyers club)

## The classic East Tyrol circuit flight

### **Aeroplane Robin DR 400 - for 3 passengers**

Dolomites-panoramic-flight, about 25 min € 126,-

Lienz - Marmolada - Sextner Dolomiten

- Lienz, about 70 min € 324,-

Lienz - Weissensee - Lienz, about 35 min € 170,-

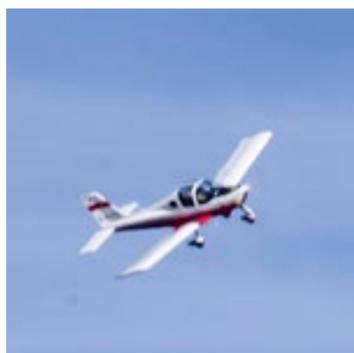
Carinthian lakes, about 65 min € 302,-

### **Motor-glider HB 23 - 1 passenger**

Dolomites-panoramic-flight, about 35 min € 80,-

Lienz - Weissensee - Lienz, about 40 min € 90,-

In addition, flights on individual routes will be offered appropriate the guests wishes !





## Osttirol – photo journey

**BOOKZ GRAFIK ZLOEBL BUCHDESIGN & VERLAG**

Armin, Harald and Georg Zlöbl give as author and photographer trio an impressive, pictorial overview of their home district, whose regions are presented at all seasons.

15,5 x 23,5 cm, Softcover, 76 pages, 165 pictures, ISBN Nr. 978-3-9503142-2-9

*Also in german version available.*

„Osttirol - Bilderreise“ ISBN Nr. 978-3-9503142-1-2

**Bookstore** with lots of material of East Tyrol ... books, music-CDs, DVDs, etc.

**TYROLIA Buch Papier**, Lienz, Rosengasse 3, Tel. +43 4852 62127

**Lienz**  
Schlossbergbahn · Hochstein

11.5.-26.6. DO-SO 10-17 Uhr  
27.6.-15.9. TÄGLICH 10-17 Uhr  
16.9.-27.10. DO-SO 10-17 Uhr

**Tipp**  
Spektakulärster  
Alpine Coaster  
der Alpen

**OSTTIRODLER**

[www.lienzer-bergbahnen.at](http://www.lienzer-bergbahnen.at)

# Excursion tips

**Mountain lakes, gentle slopes, rustic mountain pastures & great deals!** Parents and children experience unforgettable summer vacations together in East Tyrol.

Whether by car, by motorbike, by bicycle, by train or by public transport - rewarding excursion destinations East Tyrol offers en masse - some of that, actually belong to the obligatory program of an East Tyrol vacationer. We would like to introduce you to a small selection of the most popular daily targets on the following pages.



## **Lienz** the Dolomites City

You'll have heard this - Lienz describes itself as a sunny town and maintains that the south begins here. A lot can be said and written, and there is a whopping 2020 of sunshine a year on average and a real Mediterranean style in the town. Stroll through the town in summer for a while and you'll quickly notice that there is no more appropriate way to describe beautiful Lienz. And since mankind does not live on sun, southerly location and sunshine alone, Lienz also has so much more to offer.

Lienz is a very charming small city with some 12,000 inhabitants, where at every turn the past and the lively present meet. Lienz was described as a town in 1242 by Bolzano notary Jakob Haas. From the flat axe dating from 2000 B.C. to Lienz's significance in the early and High Middle Ages, its history has been diverse and eventful. From 1900 the population has grown considerably and with that Lienz has slowly become what it is today.

In addition to unforgettable natural and culinary experiences, Lienz shows another special feature. With enthusiasm and lifeblood-run stores, craft shops and inviting boutiques, like they have become extinct elsewhere ... perfect for a shopping trip to the district capital of East Tyrol.

# Galitzenklamm gorge

**Get up close to pleasure and adventure!**

**Galitzenklamm gorge at the foot of the Lienz Dolomites in East Tyrol has for years been a tip for those in the know! A trip to the adventure park on the Drau Cycle Path is well worth while and is one that will provide lasting memories.**

Whether you are looking for relaxation and pleasure, or fun, games and adventure – in Galitzenklamm gorge everyone will strike it rich. Where the Galitzenbach flows into the Drau, there is an entrance to a unique natural adventure. Imagine a place where you don't just really feel the power of the water, but one where you get to experience it up close. A place which will amaze you when you enter! Whether you are walking along the Water Experience Trail, across spectacular bridges, past steep cliff faces or are having a go on one of the many via ferrata routes, is up to you alone to decide. Just let your mind wander in these unique, unspoilt natural surroundings, or anxiously watch the daredevil climbing expertise of the climbers way up high in the gorge.

As well as the via ferrata route, specifically designed to be family-friendly, Galitzenklamm Gorge also has a huge climbing park, where you can climb through the tree-tops in the footsteps of Tarzan, or just enjoy a fantastic day in the water play area.

## **Galitzenklamm Gorge Water Experience Trail**

Just a few metres before the entrance to the Galitzenklamm Gorge the adventure begins! The Water Experience Trail proceeds along Galitzenklamm Gorge, through forest initially, passing rugged cliff faces up to the viewing platforms. Spectacular bridges provide access to and an insight into a breath-taking nature scene. At hikers' feet the thundering Galitzenbach hurtles into the valley, while on the cliff faces you can watch the daredevil climbers and spot artistic wooden carvings. The Lienz Dolomites sit enthroned above all of this.



## Galitzenklamm gorge Water Play Area

The Water Play Area in Galitzenklamm Gorge provides everything that a child's heart yearns for! While parents relax in the cosy wooden loungers and survey the entire play area, children get to run about to their hearts' content. Climbing, paddling and splashing as much as they want – anything goes! The Natural Play Area, which is constructed from wood, stone and water, provides, as well as a water play labyrinth, a rope ferry, sand pit area with mud area, water wheel, a mini climbing crag with climbing net and a wobble bridge. Family fun is a sure thing at the Water Play Area!

**New in Summer 2019! Kids-Climbing-Village and Sildes-World**

## Via ferratas in the Galitzenklamm gorge

The varied via ferratas in the Galitzenklamm gorge offer for each skills the right possibilities. From easy to daring, that's how you could describe the difficulty levels. Even a family friendly via ferrata especially adapted for kids is included.

**Via ferrata descriptions see page 80!**

### Adresse und Kontakt Galitzenklamm:

Galitzenklamm 3, 9908 Amlach, Tel. +43 50 212 400

[www.galitzenklamm.info](http://www.galitzenklamm.info)

### Opening hours Galitzenklamm gorge:

June - 8 September 2019 from 9:00 - 18:00

9 - 30 September 2019 from 10:00 - 17:00

### Entrance fee Galitzenklamm gorge:

Adults: € 5,- | Bambini (6-14 years): € 4,-

Family tickets: 2 adults and 1 child\*: € 13,- | 2 adults and 2 children\*: € 16,-

2 adults and 3 children\*: € 18,- | 2 adults and 4 children or more\*: € 20,-

Groups from 15 persons per person: € 4,00,- |

School groups per pers.: € 3,50,- (teachers free) | Kindergarten group: free (carer free)

**Seasonal ticket:** Adults: € 35,- (charge per card € 5,-) | children: € 25,- (charge ... € 5,-)

\*children are classified as persons aged between 6 and 14 years

**Equipment rent:** Complete set (3 parts): € 10,- (only day rentals)



## Galitzenklamm gorge Climbing Park\*

The courses in the Climbing Park in Galitzenklamm Gorge range from super easy to really difficult. Alternate between rope constructions, wooden ladders, float elements, moveable beams and flying elements in the high ropes course. The children's course has ten obstacles up to two metres in height. The intermediate course has obstacles up to six metres in height, while the most challenging course has eleven elements up to 12 metres in height. For the courageous there is then the 25 metre Flying Fox above Galitzenbach down to terra firma! What an adventure!

**Opening hours\*:** 1 - 2 June & 6 - 10 June 2019: 10:00 - 17:00

13 - 30 June 2019: 10:00 - 17:00 (Thursday - Sunday)

1 July to 8 September daily from 10:00 - 17:30

Children under the age of 13 have to climb when accompanied by an adult.

**Prices climbing park\*:** Children up to 7.99 years (from 1.10 m height): € 12,-

Children 8 to 15,99 years: € 16,- | Teenagers from 16 years and adults: € 20,-

**Contact climbing park:** Galitzenklamm 3, 9908 Amlach, Tel. +43 664 1212899, [www.kletterpark-lienz.at](http://www.kletterpark-lienz.at)

### Opening times:

May / June / September / October

daily from 10:00 - 17:00

July and August daily from 9:00 - 18:00

### Entrance fee for garden:

Adults € 5,00 / Children 7-15 years € 3,00

kids till the age of 6 free!

**Contact:** Vitalpinum, directly at the Drautalstraße,

9911 Thal - Assling. Tel. +43 4855 81009

[www.vitalpinum.com](http://www.vitalpinum.com)

# Vitalpinum

Feelin' good from the Tyrolean mountains



## Active/Vital - Care - Relaxation

In the Vitalpinum of the company Brüder Unterweger at Assling visitors find several sensory stations placed in the 3 areas, where directly the effect of the regional medicinal plants can be experienced. Thus, at the beginning of the garden, there is a barefoot path, where the guest can enjoy and feel various natural materials, e.g. horse chestnuts, lavender flowers, thyme, juniper berries and marigold blossoms. Afterwards, he follows the Kneipp path and, after a refreshing foot bath, reaches the arnica fountain via end-distilled pine branches and twigs to rub himself in with Arnica-alcoholic-liniment and thereby experiences the vitalising effect of this powerful medicinal plant.

Therewith the visitor doesn't need to wear his shoes in hands, at the first part of his hike through the Vitalpinum, he can use therefor the "mountain-pine-lift". Afterwards the 130-years of history of the company is displayed in the show distillery.



With climbing up the "pine-mountain" you get an overview of the 6,500 m<sup>2</sup> large area ... with diverse herbal patches, "herbal oil horoscope", herbal shower, educational bee-hive, herbal hut, pine-energy-park with waterfall, lavender field, breath-hut with water spring bowls and the relaxation room with indoor waterfall ... all for enjoying nature with all your senses.



The **Vitalpinum Shop** offers a comprehensive range of essential oils and high-quality care products from Unterweger, the brand of the nature.





## A paradise for the whole family – the adventure world Assling

Here in the **alpine zoo** families can explore the miracles of nature in an astonishing way. In the wildlife park area with its 80.000 m<sup>2</sup> of pasture and forest zones, visitors of all ages can watch more than 150 animals of more than 35 individual species.

Beside to the wildlife park the **restaurant Bärenwirt** is located, well known for its regional specialities and home made pastries. Next to its large sun terrace exists an adventure playground, children have enough space for their amusement.

The final crowning is a ride with the **summer funbob** ... or a second ride ... a third ...

**Daily open from 20th April till 3rd November**  
detailed opening times on:  
[www.erlebnisswelt-assling.at](http://www.erlebnisswelt-assling.at)

### Prices funbob

Adults € 5,30 | Children € 4,30  
Adult + child (- 6 years) € 6,30

### Prices wildlife park

Adults € 10,50  
Kids up to the age of 6 – free  
Children 6-16 years € 5,50  
Discounted rates on request!

### INFORMATION

[www.erlebnisswelt-assling.at](http://www.erlebnisswelt-assling.at)  
Telefona +43.4855.8482



# ERLEBNISWELT ASSLING



**Wildlife park**



**Summer funbob**



**Restaurant Bärenwirt**

Panorama road 1.045-1.620 m

# Dolomitenstraße

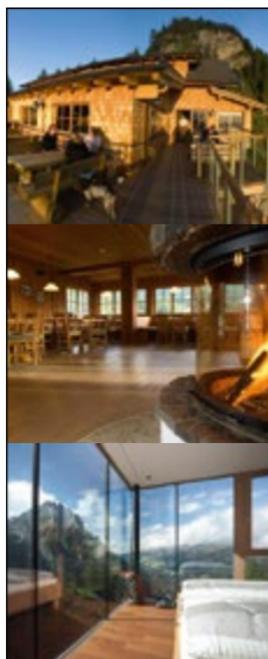


## ... in the heart of the Lienz Dolomites!

A well-maintained and paved toll road directs you by car to the heart of the famous Lienz Dolomites. At the destination target at the Dolomitenhütte – on 1,620 m sealevel – at the large parking area is the starting point for beautiful climbing tours in the solid gray Dolomites rocks, for hikes, such as the shelter

Karlsbaderhütte, about two hours away or for a leisurely walk to the romantically located Instein pasture with memorial chapel. Enjoy the magnificent view to the impressive rock faces of the Lienz Dolomites. Let yourself be thrilled by the fascination of the high mountains.

**Toll road fees 2019:** Car up to 5 persons – € 8,00 (with guest card – € 7,50) | Motorbikes – € 4,50 | Minibus & Taxi (incl. driver) – up to 5 pers. € 8,00 + € 1,00 for each further pers. | Bus € 10,00 + € 1,00 p.pers. | book of 10 tickets € 53,00 | weekly card (valid 7 days for car) € 19,00 | season ticket (for car - on request) € 110,00  
*Information: Phone +43 4852 63700 or +43 676 5481248 | [www.dolomitenstrasse.at](http://www.dolomitenstrasse.at)*



## A hut like from a picture book

  
**Dolomiten  
Hütte**

 [facebook.com/Dolomitenhuette](https://www.facebook.com/Dolomitenhuette)  
 [dolomitenhuette\\_lienz](https://www.instagram.com/dolomitenhuette_lienz)

In the middle of the heart of the Lienz Dolomites, at 1620 meters, the Dolomitenhütte integrates harmonic into the mountain scenery with its sunny panoramic terrace and its spectacular panorama rooms.

9908 Amlach, Dolomitenhütte 1 • Tel. +43 (0)664 2253782  
info@dolomitenhuette.at • [www.dolomitenhuette.at](http://www.dolomitenhuette.at)

Kals - Ködnitztal valley

# Großglockner with Glocknerwinkl

Nationalpark  
Hohe Tauern

## Kals am Großglockner

The famous Glockner village has much to offer, for example the Blauspitz chairlift with its great panoramic views, a wildly romantic hike from the Taurerwirt to the Dabaklamm or a drive by car via the road Kalser Glocknerstraße to the Lucknerhaus to the new National Park visitors center „**Glocknerwinkl**“, right at the Foot of the 3,798 m high Grossglockner (road toll).



**Exhibition: Im Banne des Grossglockners** (Glocknerhaus, tourist office Kals)

Opening times: 24.06. - 27.09.2019 – Mon, Wed & Fri from 15:00 - 18:00

Low-season: 31.05. - 21.06.2019; 04.10. - 25.10.2019 – Fri from 14:30 – 17:30

Dates for groups outside the opening times on request!

**Grossglockner panorama with information point Glocknerwinkl**

The new exhibition at the Lucknerhaus focuses on the Big Five of the national park - ibex, bearded vulture, chamois, golden eagle and marmot. The panoramic terrace offers a fantastic view to the highest mountain in Austria.

Opening hours info point: during the summer months

**Cruising through and around Osttirol  
... in the saddle of a Harley!**

[www.dolomiten-motorcycles.com](http://www.dolomiten-motorcycles.com)



**Harley Davidson  
Motorradverleih**

**Tel. +43 660 205 82 11**

FPH Touristik GmbH  
Dorfstraße 34, 9907 Tristach



Das reinste Vergnügen:  
**BIO SAUNAÖLE** aus 100%  
 biologischem Anbau!

**WOHL  
 FÜHL  
 TIPP**



**Pflege, Erholung, Vitalität: Das Wohlfühlpark für  
 alle Generationen – Mai bis Oktober täglich geöffnet!\***

**Vitalpinum**  
 Wohlfühlen aus den Tiroler Bergen



Schaubrennerei  
 Wohlfühlgarten  
 Jubiläumspfad  
 Spielpark | \*Shop  
 (auch im Winter)

A-9911 Assling, Thal-Aue 13 · Tel. 04855 / 81009  
 office@vitalpinum.com · www.vitalpinum.com

Oldest pasture of Austria

**Jagdhausalm** in Deferegggen valley



The Jagdhausalm nestle in a picturesque natural setting at 2009 metres altitude, at the end of the Deferegggen valley. They comprise 17 stone houses and the Maria-Hilf chapel and are among the oldest alpine inns in Austria. 6 alpine inns, known in common parlance as "Schwaighöfe", have existed here since 1212. Since the settlement is located above the treeline and not

much wood was available to build with, the buildings have been constructed almost totally from the stones which were in the area.

Finds dating from the 7th millennium B.C. confirm that the region around the nearby Klammjoch was a popular camping area for hunters and gathers, even in the Early Stone Age. The Jagdhausalmen buildings themselves are mostly used as stables, supply stores and accommodation for alpine dairymen today. The Jagdhausalmen are accessible from St. Jakob. From the town of Erlsbach a toll road proceeds to the Oberhausalm snack station, which is once again an ideal starting point for a hike to the Jagdhausalmen.

Wellness Oase

**Falkennest**

Zirben-Panorama-Sauna · Kräuterdampfbad  
 Bio Sauna · Infrarot · Liegeterrasse · Ruhe- &  
 Vip-Lounge · Seminar- & Fitnessräume

täglich von 15:00 – 21:00 Uhr · Donnerstag Ruhetag  
 Wochenende & Feiertags 13:00 - 21:00 Uhr

tel. Terminabsprache +43 (0)664 - 410 79 73

Comfort & Wellness CAMPING FALKEN  
[www.camping-falken.com](http://www.camping-falken.com)



Most beautiful head of the valley in the eastern alps

# Gschlößtal

Nationalpark  
Hohe Tauern

At the foot of the Grossvenediger is the recognized most beautiful head of valley of the Eastern Alps. Innerschlöß is reachable from the Matreier Tauernhaus on a flat forest road - passing the small rock chapel - or on the other side of the glacier brook on a romantic hiking trail. As a hike for the more ambitious ones, the glacier educational trail is still highly recommended here. It leads



to the most impressive places in the Venediger group. You learn how glaciers modeled the landscape and not far from the lake Salzbodensee lies the „eye of God“ - a natural, small, triangular pond with a cottongrass island in its center.

If you don't want to walk yourself to Innerschlöß, you can go with the **Gschlösser panorama train** (group registration at Mario Steiner, tel. +43 664 9319512) or taking the **hut taxi** to the Venedigerhaus. Family Resinger, tel. +43 4875 8820.

There are plenty of rest stops: Matreier Tauernhaus, Berghaus Außerschlöß and the Venedigerhaus Innerschlöß.

Water adventure theme trail

# Umbalfälle

Nationalpark  
Hohe Tauern

The waterfalls Umbalfälle are a popular destination for lots of nature lovers. Probably in hardly any other valley, the character of a glacier stream can be experienced this impressive. From the starting point parking Ströden you can reach in a short time – either by feed or by horse-drawn carriage – the starting point of the first installed water-adventure-theme-trail of Europe. A



A new entrance portal for visitors marks the beginning of the new educational trail. This path reveals the power and beauty of the river Isel with new spectacular observation platforms. The hike along the trail takes durates about two to three hours at a height difference of about 240 m. Equipment: weatherproof clothing, good footwear. Requirements: easy

**Parking fees – Ströden:** Car day-ticket € 6,00  
half-day-ticket (from 14.00) € 4,00 / 2-days-ticket € 9,00  
Car-weekly-card € 12,00 / Car-card-for-month € 24,00  
Bus till 30 seats € 13,00 / ... more than 30 seats € 26,00



## Villgratental

Over a narrow section of the valley the road leads to Ausservillgraten. From there, an asphalt road reaches up to 1,900 m, right into the skiing and hiking area Thurntaler. A trip to the Winkeltal to the Volkzeinerhütte is also worthwhile. Or you drive to Innervillgraten and then to Kalkstein, the highest settlement of East Tyrol. A trip to the Unterstalleralm is just as worth as a visit of the unique alpine hamlet Oberstalleralm.



## Aigner Badl

Calcium sulphate mineral springs in Abfaltersbach. Listed historic 18th-century farmhouse bath with larken wood tubs. A Kneipp path is located directly below the bathhouse. End of May to end of September with pre-reservation. Tel. +43 (0)699 11591377



## Panoramic road Pustertaler Höhenstraße

On the sunny side high above the Pustertal valley are the small mountain villages Bannberg, Assling, St. Justina and Anras, which are connected by this beautiful panoramic road. Highlights include the Wildpark in Assling (see page 105), the church of St. Justina on a steep hill and the historic village center of Anras with the second largest church of East Tyrol (baroque style) and the Pflöggerichtshaus.



The **Defereggan** valley is due to its wonderful hiking possibilities a popular excursion and holiday destination. The peasant characterized villages Hopfgarten and St. Veit (at 1,495 m) offer the guests interesting nature and cultural insights about life on the steep slope. At the head of valley, on the three-thousanders of the Rieserfernergruppe and the Panargenkamm crest there is a rich field of activities for hikers and mountaineers till up to the 3,436 m Hochgall (National Park Hohe Tauern ). Also by car you can get in touch with the alpine region, eg on the road to the beautiful lake Obersee at the Stallersattel, 2,052 m, or at the Patschertal valley, where the pasture at Oberhaus is framed by the largest swiss pine forest of the Eastern Alps. An easy walk leads from there to Austria's oldest alpine pasture, the rustic-looking stone-build huts of Jagdhausalm (see page 78).



## Lake Weißensee

The highest situated bathing lake of Austria (930 m) is due to its proximity (55 km) to East Tyrol very popular and often visited. The 11 km long lake, nestled between the mountains, is not only a water sports paradise in summer, but also a tip for a experiencing and interesting tour with the excursion-boats – cruising daily at several times regular.



## ENJOYING THE NATURE PARADISE WEISSENSEE FROM THE SHIP

Experience the picturesque turquoise blue color of the water at the feet of an imposing mountain scenery. The most beautiful way to explore the lake Weissensee is by boat.

**Daily scheduled services until 20 October 2019**

**Departure times from Techendorf / bridge**

In low season: **10:05, 12:35, 15:20**

In high season: **09:40, 12:20, 14:55**

### CHARTER TRIPS

Are you looking for something special for your guests?

Why not use one of our ships exclusively!

You determine the course and the departure time.

**Own ship for groups.**

Special trips from April to October



### ADVENTURE TOUR KIDS'S CAPTAIN

Every child starts as a sailor and finishes the tour as a kids captain.

The adventure tour starts and ends at Techendorf / bridge.

The journey takes about 1 1/2 hours.

Everything worth knowing and the dates you'll find on our website.



Weissenseeschiffahrt  
Techendorf 51 | 9762 Weissensee



+ 43 (0) 676 676 1708



winkler@techendorf.at



www.weissenseeschiffahrt.at



# Brass music band concerts 2019

## MAI

- 18.05.** 20:00 Village hall Abfaltersbach: **Spring-concert of brass music band Abfaltersbach**
- 25.05.** 20:00 House Valgrata Außervillgraten: **Spring-concert of brass music band Außervillgraten**
- 25.05.** 20:00 Village hall Untertilliach: **Spring-concert of brass music band Untertilliach**

## JUNIE

- 09.06.** 11:30 Feuerwehrhaus Tessenberg: **Morning pint concert of brass music band Heinfels**
- 20.06.** 20:00 Pavilion Strassen: **Corpus Christi-concert of brass music band Strassen**
- 20.06.** 15:00 Pavilion Abfaltersbach: **Corpus Christi-concert of brass music band Abfaltersbach**
- 20.06.** 10:00 Dorfplatz Außervillgraten: **Konzert der MK Außervillgraten**
- 20.06.** 12:00 Hotel Andreas Obertilliach: **Concert with brass band Tillia-cher Musikanten**
- 21.06.** 20:00 Village hall Innervillgraten: **Spring-concert of brass music band Innervillgraten**
- 23.06.** Pavilion Kartitsch: **Morning pint concert of brass music band Kartitsch**
- 28.06.** 20:30 Pavilion Innervillgraten: **Sacred-heart-concert of brass music band Innervillgraten**
- 29.06.** 20:00 Pavilion Sillian: **Herz-Jesu Konzert der MK Sillian**
- 29.06.** 19:30 Pavilion Anras: **Herz-Jesu Konzert der MK Anras**
- 29.06.** 20:00 Pavilion Strassen: **Herz-Jesu Konzert der BMK Strassen**
- 29.06.** 20:30 Weberstube Obertilliach: **Sacred-heart-concert of brass music band Untertilliach**
- 30.06.** 12:00 Pavilion Kartitsch: **Herz-Jesu Konzert der MK Kartitsch**
- 30.06.** 16:15 Pavilion Abfaltersbach: **Sacred-heart-concert of brass music band Abfaltersbach**
- 30.06.** 20:30 Kirchplatz Außervillgraten: **Sacred-heart-concert of brass music band Außervillgraten**

## JULY

- 06.07.** 20:15 Pavilion Sillian: **Concert of brass music band Sillian**
- 06.07.** 20:00 Gasthof Unterwöger Obertilliach: **Ulrich-concert of brass music band Obertilliach**
- 06.07.** 20:00 Village square Außervillgraten: **Concert of brass music band Außervillgraten**
- 07.07.** 11:30 Pavilion Heinfels: **Concert of brass music band Heinfels at the fair of Heinfels**



- 13.07.** 20:00 Elementary school Untertilliach: **Concert of brass music band Untertilliach**
- 14.07.** 15:00 Pavilion Abfaltersbach: **Concert of brass music band Abfaltersbach**
- 20.07.** 20:30 Pavilion Innervillgraten: **Concert of brass music band Innervillgraten**
- 20.07.** 20:00 Pavilion Kartitsch: **Concert of brass music band MK Kartitsch**
- 27.07.** 20:30 Pavilion Innervillgraten: **Concert of brass music band Innervillgraten**
- 27.07.** 20:00 Pavilion Strassen: **Jakobi-concert of brass music band Strassen**
- 27.07.** 20:00 Municipal office Obertilliach: **Jakobi-concert of brass music band Obertilliach**
- 27.07.** 20:00 Village square Außervillgraten: **Concert of brass music band Außervillgraten**
- 28.07.** 19:30 Pavilion Sillian: **Concert of brass music band Sillian**

## AUGUST

- 03.08.** 20:00 Hotel Pflieger Anras: **Concert of brass music band Anras**
- 03.08.** 20:00 Pavilion Heinfels: **Concert of brass music band Heinfels**
- 04.08.** 10:00 Pavilion Kartitsch: **Morning pint concert of brass music band Kartitsch**
- 10.08.** 20:00 Tessenberg Heinfels: **Concert of brass music band Heinfels**
- 14.08.** 20:00 Kirchplatz Außervillgraten: **Concert of brass music band Außervillgraten**
- 14.08.** 20:00 Pavilion Strassen: **Concert of brass music band Strassen**
- 15.08.** 10:00 Pavilion Kartitsch: **Morning pint concert of brass music band Kartitsch**
- 15.08.** 19:30 ADEG parking - Obertilliach: **Concert of brass music band Obertilliach**
- 15.08.** 10:00 Elementary school Untertilliach: **Morning pint concert of brass music band Untertilliach**
- 23.08.** 20:00 Pavilion Sillian: **Concert of brass music band Sillian**
- 24.08.** 20:30 Pavilion Innervillgraten: **Concert of brass music band Innervillgraten**

## SEPTEMBER

- 01.09.** **Concert of brass music band Kartitsch**
- 01.09.** 12:00 Pavilion Abfaltersbach: **Concert of brass music band Abfaltersbach**
- 07.09.** 19:30 Pavilion Anras: **Final-concert of brass music band Anras**
- 08.09.** 10:00 Village square Außervillgraten: **Morning pint concert of brass music band Außervillgraten**
- 08.09.** 12:00 Pasture Kircher Alm Untertilliach: **Celebration & Holy Mass**

# Returning events

**09.07.-24.09.2019 – each Tuesday**

## **Guided hiking tour Herz Ass Villgratental**

registration until the day before, 12.00 pm at the Tourist Office Innervillgraten, Tel. +43 50 212 340, Fee: adults € 20,00 / children € 12,00 / hiking taxi € 5,00 per person , Meeting place and time depending on the tour



**17.07./24.07./31.07./07.08./21.08.2019**

## **Summer evening concert on the "Platzl" and Wichtel action night**

While the adults listen to the summer concert, children can go for a funny rampage at the nearby playground and enjoy various attractions such as bungee running, box climbing, cow milking, archery, biathlon shooting or linger in the popcorn corner.

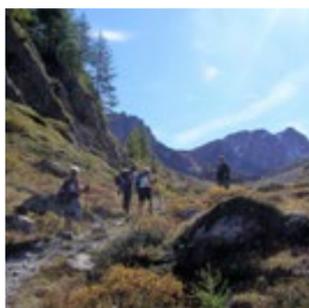
Location: Square at the municipal office



**16.05.-17.10.2019 – each Thursday**

## **Guided hike in the Lesachtal valley**

meeting point and time depending on the tour!  
Registration until Wednesday, 15.00 pm in the tourist office Obertilliach, Tel. +43 50 212 360



**18.06.-24.09.2019 – each Tuesday**

## **Biathlon shooting for guests**

James Bond had hit all 5 targets ... what about you?

Registration in the tourist office Obertilliach

Tel. +43 50 212 360

Meeting point/location:

20:00 – Biathlonzentrum Obertilliach

Fee: € 10,00 per person



**12.07./26.07. & 09.08./23.08.2019**

## **Tilliacher folklore evening**

The pub garden of the hotel Unterwöger is, as always, the scene of the Tilliacher folklore evening. Choir chants, authentic folk music and performances by the folkloric dancing group Obertilliach are the components of the program. In bad weather, the folklore evening takes place in the cozy parlors of the inn.

Location: Obertilliach, Gasthof Unterwöger, 20:30

# Veranstungskalender 2019

## MAY

Sun | 26.05.2019 | 14:30 | various inns in Sillian & Heinfels - **music mile**

Sun | 26.05.2019 | 18:30 | Sillian - village square - **Rote Nasen Lauf**

## JUNE

Fri-Sun | 14.-16.06.2019 | Sillian, Heinfels, Abfaltersbach - **Austria Osttirol Cup**

Thu-Sat | 20.06. - 22.06.2019 | 21:00, 10:00 | Sillian church and cultural center - **22. International Choir Festival**

Fri | 28.06.2019 | 19:30 | Sillian - village square - **Charity Run**

Sat | 29.06.2019 | 15:00 | Sillian - village square - **Hochpustertal Run**

## JULY

Sat-Sun | 13.-14.07.2019 | Sillian - village square - **Bezirkstrachtenfest**

Sun | 14.07.2019 | 11:00 | Kartitsch - Gatterspitze - **Mountain Mass**

Sat-Sun | 20.-21.07.2019 | Strassen - village center  
**Annual celebration of the musicians of the district**

Sun | 21.07.2019 | 11:00 | Obertilliach - Porze - **Mountain Mass**

Fri | 26.07.2019 | 20:30 | Anras - St. Antoni church  
**chamber music – Ensemble Stiftschor Innichen**

Sat-Sun | 27.-28.07.2019 | Anras - village square - **Anniversary 1250 years Anras**

## AUGUST

Sat-Sun | 03.-04.08.2019 | Außervillgraten - village center  
**Annual celebration of the districts marksmen**

Wed | 14.08.2019 | 09:30 | Anras - village center  
**Cultural breakfast with band Anraser Saitenklang**

Fri-Sun | 16.-18.08.2019 | Sillian - village center - **sillian-mart celebration**

Sun | 18.08.2019 | 11:00 | Kartitsch - Gr. Kinigat - **Mountain Mass**

Sun | 25.08.2019 | 10:00 | Obertilliach - **MTB Challenge Conny-Alm Trophy**

## SEPTEMBER

Sun | 01.09.2019 | 11:30 | Sillian - Heimkehrerkreuz – **Mountain Mass**

Sun | 08.09.2019 | 09:30 | Anras - Dorfzentrum  
**Cultural breakfast with band Earcatcher**

Sat | 07.09.2019 | 20:00 | Obertilliach - Pfarrkirche  
**Concert of church choir Obervellach**

Sat | 14.09.2019 | 12:00 | Sillian - Dorfzentrum - **E-Bike World-Championsh.**

Sun | 15.09.2019 | 11:30 | Anras - Spitzenstein  
**Holy Mass at Spitzenstein and concert with band Titla**

Fri | 27.09.2019 | 19:30 | Sillian - village hall  
**Concert of orchestra – Neue Philharmonie München**

# Winter holidays in Hochpustertal



## A winter day in East Tyrol

**A winter holiday in East Tyrol is like a winter fairytale; for one simple reason – no matter how and on what route you get to East Tyrol, on those first metres, kilometres and views to East Tyrol you are entering a different, a more beautiful world. The first thing you notice - it is sunnier than it was just a few kilometres beforehand. The mountains, which suddenly surround you, are more rugged and higher than previously. A feeling of being impressed, and also a feeling of being overpowered. When these summits and the impressive landscape are then covered in snow, then you cannot but be inspired. A joyous expectation for what awaits you during the next few winter days, then escalates to euphoria.**



## The perfect for every purpose and taste: **HOLIDAY SPECIALISTS OSTTIROL**



**Osttiroler Herzlichkeit:** Between the Hohe Tauern and the Dolomites you will find private rooms and apartments of the landlord group „Osttiroler Herzlichkeit“. In these accommodations, you will experience the privilege of being a private guest - inclusive pristine nature, clear mountain air, fresh spring water and flower meadows in their simplicity and beauty.



**National park - partner companies:** In addition to breathtaking nature, the diverse wildlife and the activities in the National Park area, the National Park partner companies contribute significantly to unforgettable holiday experiences. These partner companies have set themselves the task of pampering their guests with a complete carefree package.



**Alpine Gastgeber:** Member companies of this association are subjected to a careful quality control. For the orientation in the variety of the offer, serve the different marks of quality-level and the mark „Alpine Gastgeber“, which are lent by the private tyrolean landlord federation.



**Urlaub am Bauernhof:** Wherever you want to spend your holiday in the beautiful East Tyrol - the rural hosts of „Urlaub am Bauernhof“ are looking forward to you. Here – you just can be happy, get comfortable with the farm-life and experience an honest, familiar hospitality.



**Drauradwegwirte:** If you want to stay overnight at bike-professionals, then the hosts of the Drau cycling path in East Tyrol are highly recommended. They know the needs of cyclists and care about their well-being. Bike room, repair tools, bikes for rent, drying room for laundry, menus for bikers - for these hosts it's all self-evident.



**Golfhotels:** At the foot of the Lienzer Dolomites, near the sun-kissed city of Lienz in Lavant, you will find one of the most beautiful 36-hole golf courses of Austria. At the East Tyrol Golfhotels you benefit from the outstanding quality, the best service and the attractive golf including packages.

**Information & booking:** [www.osttiroler-herzlichkeit.com](http://www.osttiroler-herzlichkeit.com) • [www.drauradwegwirte.com](http://www.drauradwegwirte.com)  
[www.nationalpark-partnerbetriebe.at](http://www.nationalpark-partnerbetriebe.at) • [www.urlaubambauernhof.osttirol.com](http://www.urlaubambauernhof.osttirol.com)  
[www.dolomitengolf.at/de/gc\\_partnerhotels](http://www.dolomitengolf.at/de/gc_partnerhotels) • [www.alpine-gastgeber.at](http://www.alpine-gastgeber.at)

**[www.osttirol.com](http://www.osttirol.com)**

# LIENZER SPARKASSE

[www.sparkasse.at/lienz](http://www.sparkasse.at/lienz)



Geschäftsstelle Sillian, Marktplatz 99



With the interactive map of East Tyrol you can completely plan and experience your holidays in the region. Summer or winter – with this regional online map you get a perfect overview. Routes and tours with detailed descriptions, gpx data, PDF download and routing makes an easy search. Furthermore, the map shows the entire infrastructure of the region with shops, parking places, restaurants and much more. Additionally you also will find there actual bus timetables for your mobility on vacation.



Gugganig Immobilien  
Gaby Gugganig, akad. IM

9900 Lienz  
Johannesplatz 6

+ 43 5 0100 33590  
gaby.gugganig@sreal.at

Ihr Immobilien  
Ansprechpartner Nr. 1  
in Osttirol &  
Oberkärnten

[www.sreal-gugganig.at](http://www.sreal-gugganig.at)



[www.osttirol.com](http://www.osttirol.com)

[maps.osttirol.com](http://maps.osttirol.com)





**... the best way**  
to the south



MÜNCHEN

Salzburg

Kufstein

Innsbruck

Kitzbühel

FELBERTAUERN

Lienz

SÜDTIROLER  
DOLOMITEN

KÄRNTNER  
SEEN

ADRIA

Felbertauernstraße AG  
Tel. 0043 (0)4852 / 63330  
[www.felbertauernstrasse.at](http://www.felbertauernstrasse.at)