



Winter offers 2019/20  
On the way with the National Park Ranger

East Tyrol

[www.hohetauern.at](http://www.hohetauern.at)

## hohe tauern national park

Total area - Tyrol, Carinthia, Salzburg:  
Nature area in accordance with IUCN criteria:  
National Park communities:  
Natural area:

## a journey back to the beginnings

1,856 km<sup>2</sup>, of which the core area makes up 1,078 km<sup>2</sup>  
880 km<sup>2</sup>  
30  
200 km<sup>2</sup> forest, 766 marshes, 848 lakes  
approx. 180 km<sup>2</sup> of glaciers  
approx. 990 km  
approx. 83% privately owned  
approx. 10,000 species  
approx. 1,500 species  
Trail network 1,200 km

Length of streams:

Ownership:

Animals:

Plants:

Tyrol:

## national park experience

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## experience winter in the national park

The region of East Tyrol, regarded as an insider's secret, stands out for its natural beauty. It is genuine, original and authentic. Guided hiking tours with rangers through the Hohe Tauern National Park's glistening winter landscape provide plenty of opportunities for recharging your batteries and regaining your zest for life away from the stress of everyday life.

The National Park Rangers will impress you with their specialist knowledge of the natural history, and their many years of experience and knowledge of the area provides them with an in-depth grasp of the alpine National Park.

### Wild primeval landscape and cultivated mountain landscape

These are the two faces of the Hohe Tauern National Park. The conservation area is located in the three Federal States of Tyrol, Carinthia and Salzburg. With an area of 1,856 km<sup>2</sup> it is one of the largest national parks in the Alps, and one of the greatest high mountain landscapes on earth.

The protection of, research into, education about, and conservation of the different species of plants and animals are one part of our remit. This opens up to our visitors a fantastic world inviting more in-depth knowledge, and it is well worth a visit.



### My personal recommendation: 'Tauernblicke – Momente des Staunens'.

Visit the new exhibition at the National Park Centre in Matrei in Osttirol.

### The National Park Rangers will gladly accompany you through the National Park's magnificent mountain landscape.

Hermann Stotter  
Tyrol National Park Director

## animal world in energy-saving mode



### Tips and code of conduct in the countryside

- Stay on marked trails in forests.
- Avoid the edges of forests, groups of trees and shrubs and single trees or snow-free areas, as they are often safe areas and hiding places for wild animals.
- Respect and give a wide berth to "undisturbed wildlife habitats" and feeding areas.
- Never approach animals: move out of their way or give the animals time to retreat.
- Keep dogs on a lead.

The winters are long and hard in the Hohe Tauern National Park due to the cold and the lack of food. Too many disturbances and interferences can quickly disrupt the sensitive equilibrium that wildlife needs to survive. In winter, wildlife survives on the "back burner" and lives on reserves. These reserves are quickly used up if these animals need to escape, sapping their strength. Occasionally disturbances by people can lead to the death of animals.

## with the best equipment into nature



National Park "wilderness" activities require good and functional equipment. "Meindl" mountain boots are the perfect companion for your feet for safely tackling open ground and trails in the Hohe Tauern.



## equipment & info

- ✗ Mountain boots with good tread (winterproof)
- ✗ Outdoor clothing (including hats and gloves)
- ✗ Sun protection, drinks and snacks, walking sticks

### Guided tours (registration required)

Minimum number of participants: 5 people  
Group size: up to 12 people  
Special tours and group offers on request  
Registration until 5 pm the previous day

### Winter offers

National Park Centre Matri: 16.12.2019 to 06.03.2020  
and 06.04.2020 to 09.04.2020  
and on request  
Snowshoe tours: 17.12.2019 to 13.03.2020  
Subject to change depending on weather

### Cost, snowshoes included

Adults: € 17,-  
Children 6 to 14 years: € 11,-  
Rent a Ranger: € 210,- / day  
Transfers not included

Info & registration: +43 4875 5161-10  
[nationalparkservice.tirol@hohetauern.at](mailto:nationalparkservice.tirol@hohetauern.at)





## discover hidden spots and treasures

### Winter magic

The untouched landscape of the Hohe Tauern National Park - a paradise with a wild romanticism and raw beauty: The way the magical winter light plays, together with the sounds and smells, remains ingrained in your memory long after an eventful winter day - highlights creating intense moments of happiness.

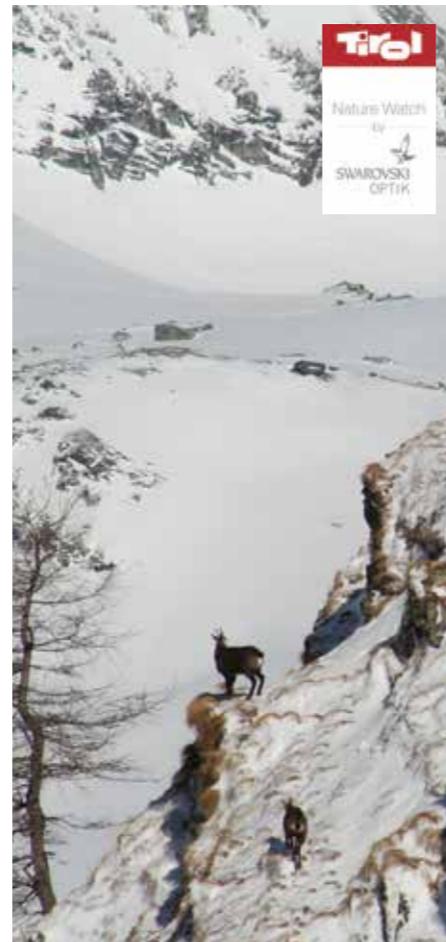
### Nature watch

Every moment is an experience - immerse yourself in the wonderful natural environment with Swarovski Optik binoculars and spotting scopes. Being equipped in

this way lets you experience the National Park's inhabitants of all sizes and features up close on every trip.

### On snowshoes with Rangers into the National Park

Winter in the Hohe Tauern National Park has many fascinating sides. The easiest way to explore the untouched wilderness of the National Park is with a tour on snowshoes. Setting off with rangers into the snowy mountain landscape combines gentle winter sport with solitude, romanticism and experience of nature. Indulge in some time out with a guided snowshoe tour.



## national park offers

Mon - Fri 16.12.2019 - 06.03.2020 and 06.04.2020 - 09.04.2020	<b>Matrei Nationalparkhaus Visitor Centre</b>	Matrei i.O.	21
Wed 18.12.2019, Fri 27.12.2019, Thu 02.01.2020 and every Wed 08.01.2020 - 11.03.2020	<b>Nature Watch - On the trail of tracks</b>	Defereggental	9
Fri 27.12.2019 - 13.03.2020	<b>Nature Watch - Winter hike with wild animal watching</b>	Kals am Großglockner	9
Thu 19.12.2019 and every Thu 02.01.2020 - 12.03.2020	<b>Nature Watch - The allure of winter</b>	Virgental	9
Tue 17.12.2019, Mon 23.12.2019 & 30.12.2019 and every Tue 07.01.2020 - 10.03.2020	<b>Nature Watch - Nature trail</b>	Matrei i.O.	9
Thu 09.01.2020 & Fri 10.01.2020 Fri 07.02.2020 & Sat 08.02.2020 Fri 06.03.2020 & Sat 07.03.2020	<b>Mystical moonlight tours - Magic of the night</b>	Kals a.G., Matrei i.O., Virgen- and Defereggental	11
Mon 30.12.2019 and every Thu 02.01.2020 - 27.02.2020	<b>Sunset hike on snowshoes</b>	Lienz - Zetttersfeld	13
Fri 03.01.2020 & Tue 04.02.2020	<b>Open-air multivision</b>	Naturfreunde Lodge Zetttersfeld	18



## tracks in the snow

On snowshoes into the empire of the ibex, chamois, eagle and bearded vulture

Equipped with binoculars and spotting scopes - we crunch through the snow following the tracks of wild animals. The National Park Rangers will captivate you with their in-depth specialist knowledge of the native plant and animal kingdom, the tracks and trails, and the impressive pristine habitat high up in the mountains.



## nature watch tour offers

### Matrei i.O. region – Nature trail

Tue 17.12.2019, Mon 23.12.2019, Mon 30.12.2019,  
and Tue from 07.01.2020 - 10.03.2020

Meeting point: 9:30 am  
Matrei i.O. - National Park Centre

### Defereggental region – On the trail of tracks

Wed 18.12.2019, Fri 27.12.2019, Thu 02.01.2020  
and Wed from 08.01.2020 - 11.03.2020

Meeting point: 9:30 am  
St. Jakob i. Def. - Tourist Information Office

### Kals a. G. region – Winter hike with wild animal watching

Fri from 27.12.2019 - 13.03.2020

Meeting point: 9:30 am  
Infopoint Glocknerwinkel (Lucknerhaus)

### Virgental – Prägraten a. G. – The allure of winter

Fri 19.12.2019, Thu from 02.01.2020 - 12.03.2020

Meeting point: 9:30 am  
Prägraten a. G. - Tourist Information Office



### Tour Infos

Duration: approx. 4 hours  
Level of difficulty: easy to moderate  
Tour ends around 13:30  
Further information on request!

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[nationalparkservice.tirol@hohetauern.at](mailto:nationalparkservice.tirol@hohetauern.at)

## rangers in the tyrol hohe tauern national park



National Park Rangers have specialist knowledge about nature and are the perfect companions for experiencing the East Tyrol National Park.

from left to right: Hermann Mauthner, Andreas Angermann, Matthias Mühlburger, Carola Trojer, Emanuel Egger, Eva-Maria Klauzner, Andreas Rofner, Maria Klauzner, Matthias Berger, Ruth Bstieler, Elisabeth Rofner, Maria Mattersberger, Anna Brugger, Director Hermann Stotter

## magic of the night

### Mystical moonlight tours

Night-time full moon tours are magical and fascinating - the snow crystals sparkle and shine in the moonlight, the snowy splendour dampens all noises, the still of the night is even more enhanced and the senses are heightened.

#### Dates

**Thu 09.01.2020, 7 pm**

Dorfertal car park, Kals a. G.

**Fri 10.01.2020, 7 pm**

Matrei i. O. National Park Centre and St. Jakob i. D. Tourist Information Office

**Fri 07.02.2020, 7 pm**

Matrei i. O. National Park Centre and St. Jakob i. D. Tourist Information Office

**Sat 08.02.2020, 7 pm**

Dorfertal car park, Kals a. G.

**Fri 06.03.2020, 7 pm**

Matrei i. O. National Park Centre and St. Jakob i. D. Tourist Information Office

**Sat 07.03.2020, 7 pm**

Dorfertal car park, Kals a. G.



#### Cost

Adults € 17,-  
snowshoes included,  
excluding any transfer costs

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## sunsethike

### Unforgettable snowshoe touring experience in the evening twilight with National Park Rangers

The guided sunset tours with National Park Rangers are a unique natural experience.

There's not a lovelier way to bring a wonderful winter's day to a close: The Hohe Tauern National Park is resplendent in the light of the setting sun as it disappears behind the snow-clad peaks.

As the bright starry sky appears, your National Park Ranger will share with you stories of the survival strategies of chamois, foxes and mountain hares in winter. Together, you'll explore and identify the tracks of these alpine inhabitants.

**Description:** Ascent on Lienz mountain lifts up to the Steinermandl, followed by sunset hike on snowshoes with rangers along the ridge of the Steinermandl as



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far as the Naturfreunde Lodge. Following a sociable round in the lodge, we continue hiking to the Faschingalm car park (collection by taxi).

**Dates:** Mon 30.12.2019 and every Thu from 02.01.2020 - 27.02.2020

**Meeting point:** Zettlersfeld car park - Lienz mountain lifts, 3 pm

**Return:** 8.30 pm

**Elevation:** 700 metres of descent

**Cost:** € 30,- (snowshoes, guided ranger hike and taxi costs included), excluding lift pass to the Steinermandl (discounted!)



## corporate outings & group trips

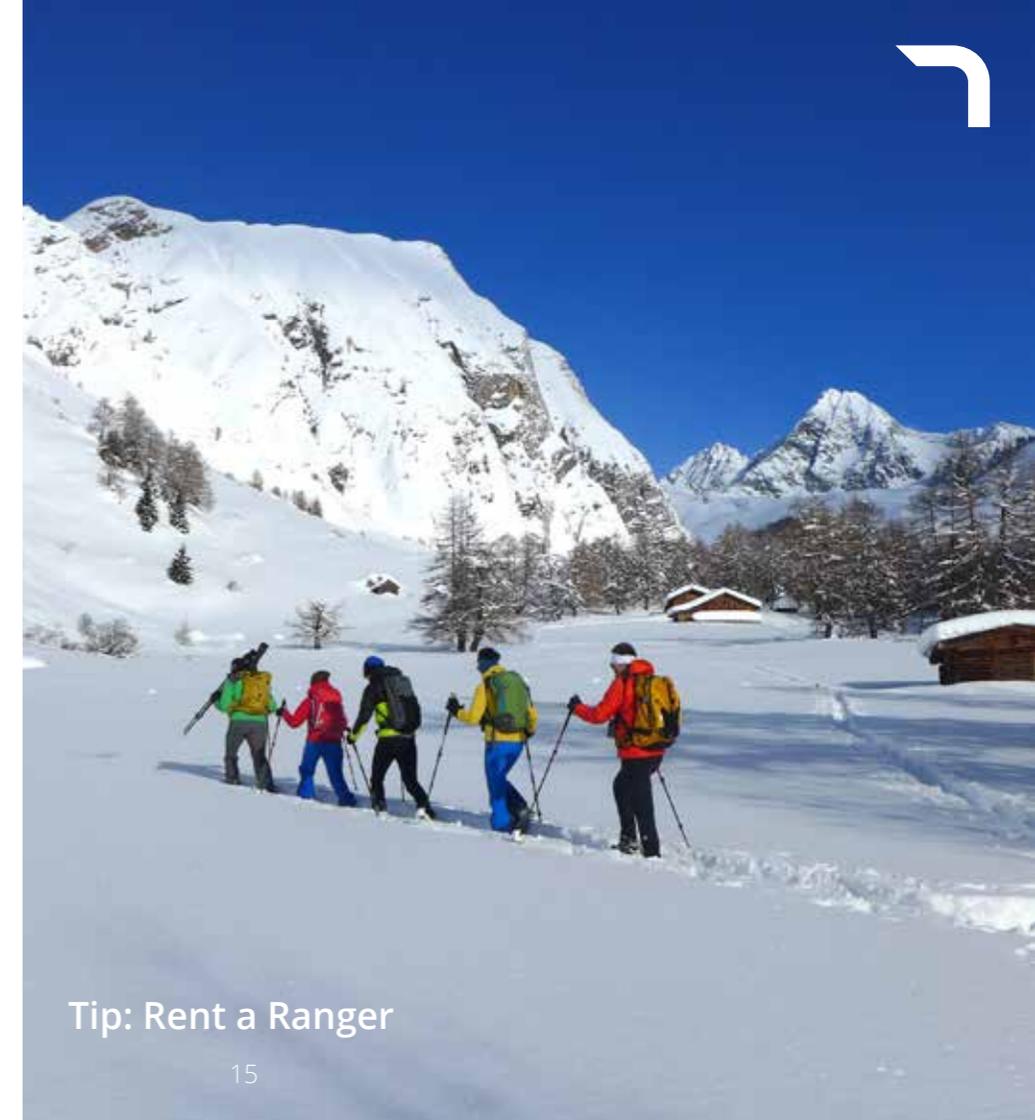
### Rent a Ranger

We will plan an unforgettable tour for you in the Hohe Tauern National Park:

- One- or multi-day programmes
- Tailored to age group and fitness of supporting programme
- Support with organisation of accommodation, catering etc.
- Regional tips
- Multimedia show
- Presentations

### Cost for your personal ranger

€ 210,- / day / ranger  
max. 12 people per group



Tip: Rent a Ranger

# Snowshoeing

Book now:  
guided tour  
in the  
National Park  
in Osttirol

T. +43 50 212 212, info@osttirol.com

Osttirol Information

Foto: NPH/Martin Luggner

experience the high-alpine national park

Anyone who has ever wanted to ascend "up" into the high-alpine National Park would be advised to book the services of an East Tyrol Mountain and Ski Guide. Breathtaking high-alpine snowshoe hikes, glacier tours and wintry summit ski tours in the Hohe Tauern National Park are guaranteed.

**Mountain guide offices in the East Tyrol National Park**

**Venediger Mountain Guide** [www.venediger-bergfuehrer.at](http://www.venediger-bergfuehrer.at)

**Virger Mountain Guide** [www.virgenalpin.at](http://www.virgenalpin.at)

**Matrei Mountain Guide Office** [www.bergfuehrer-matrei.at](http://www.bergfuehrer-matrei.at)

**Kalser Großglockner Mountain Guide** [www.bergfuehrer-kals.at](http://www.bergfuehrer-kals.at)

**Defereggental Mountain Guide** [www.bergfuehrer-stjakob.at](http://www.bergfuehrer-stjakob.at)

**Tyrol Mountain Sport Guides, East Tyrol Section** [www.berg-osttirol.at](http://www.berg-osttirol.at)

## The allure of the Hohe Tauern National Park

Open air – immerse yourself in the National Park with images, film clips and stories. Wonderful shots of the wild and impressive primeval landscape and its inhabitants.

These impressions of the Hohe Tauern National Park under the stars are really worth seeing.



## Naturfreunde lodge Zetttersfeld, Lienz

**Friday, 03.01.2020**

**Tuesday, 04.02.2020**

8 pm, duration: approx. 45 min.

**Free participation!**

Individual presentations and multimedia shows possible on request: Duration approx. 45 min, cost €100.00

## winter light nature photography workshop

On snowshoes to unique spots in the Hohe Tauern National Park with photographer Prof. Patrice Kunte accompanied by a National Park Ranger. Insights into landscape, travel and night photography - you will be given tips on how different lighting can be directed and used creatively. Design your perfect winter National Park scene.

**Dates:** 23.01.2020 - 26.01.2020

**Place:** Hohe Tauern National Park

**Cost:** € 599,- including food and accommodation

**Info & registration:** +43 4875 5161-10  
[nationalparkservice.tirol@hohetauern.at](mailto:nationalparkservice.tirol@hohetauern.at)



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## national park experience indoor

**Exhibition: "Tauernblicke - Momente des Staunens"**  
**Matrei in Osttirol National Park Centre**

The new interactive '**Tauernblicke – Momente des Staunens**' exhibition provides unexpected and spectacular insights into the natural jewel of the conservation area. Immerse yourself in six themed rooms: 'Summit', 'Rock & Ice', 'Streams and Lakes', 'Alpine Grass', 'Mountain Pastures' and 'Mountain Forests'.

Using spectacular 360° videos and virtual reality glasses, the National Park rangers will introduce you to unique places in East Tyrol and open up unexpected digital insights. Also worth seeing is the current special exhibition on the subject: The Alpine Ibex.



### Opening times:

16.12.2019 - 06.03.2020 and 06.04.2020 - 09.04.2020  
Mon - Fri from 2 pm - 6 pm

Christmas season: 24.12.2019 & 31.12.2019  
from 9 am until noon

Closed on public holidays!

**Groups on request:** Ranger guided tour through the exhibition or combined group ticket (guided tour with coffee and culinary treat at the Talmarkt)

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[nationalparkservice.tirol@hohetauern.at](mailto:nationalparkservice.tirol@hohetauern.at)

## national park experience indoor

### National Park welcome area Lienz

This will also allow you to marvel without waiting at the conservation area's natural jewels in the district capital of Lienz.  
Place: Lienz Tourist Office



### Im Banne des Großglockners Kals a. Gr.

Opening hours: Fridays from 2:30 pm - 5:30 pm 06.12.2019 - 17.04.2020 (closed on holidays)  
Groups on request, subject to charge  
Place: Glocknerhaus, Kals a. Gr.



### Jenseits der Zeit Virgen

The landscape at Virgen is an ancient cultural space fusing space and time into one. Six individuals look into the past and future.

Opening hours:  
Daily from 8 am - 6 pm  
Place: Virgen Tourist Information Office



### Die Zirbe St. Jakob i.D.

Here, everything revolves around the 'Queen of the Alps', the Arolla pine. Its scent has a calming effect to relieve the circulation and inhibit bacteria.

Opening hours:  
Monday - Friday, 8 am - 6 pm  
Saturday and Sunday on request  
Place: St. Jakob i. Def., Handlhaus

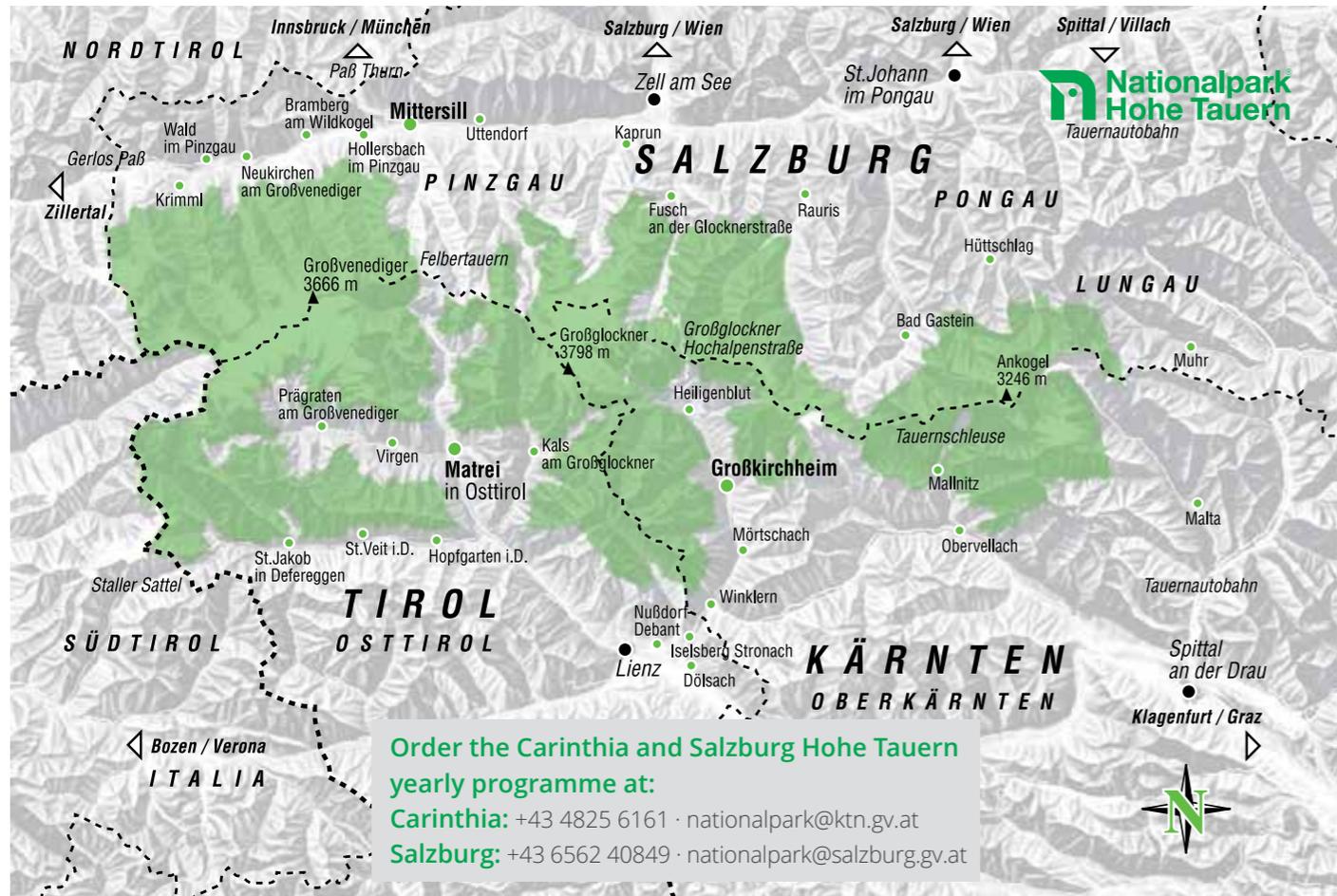


### Zeitreise Deferegggen St. Jakob i.D.

This show provides the visitor with a time lapse film over the millennia from the Ice Age up to the history of mining in the valley and travelling trade.

Opening hours:  
Monday - Friday, 8 am - 6 pm  
Saturday and Sunday on request  
Place: St. Jakob i. Def., town centre





## So delicious - quality-certified National Park regional products

You can see, smell and feel the National Park, but above all: you can taste it! Would you like a piece of the National Park to take home? Gourmets can savour the quality-certified specialist products from the National Park region literally melt on their tongue. Because when it says "Hohe Tauern National Park Regional Product" on the outside, genuine authentic taste is what you find inside. The products are manufactured in East Tyrol and at least 50% of the raw materials used come from the National Park region.

**Available from the following direct retailers:** Matri Market, Bauernladen Virgen Farm Shop, Lienz Market, Hofladen Peischlerwirt Unterpeischlach Farm Shop, Almsenne-rei Tauer Matri Dairy, Genussstankstellen Nußdorf, Kals & Gaimberg, Deferegger Machlkammer Craft Shop, Kalser Handwerksladen Craft Shop



## looking ahead summer 2020

The National Park Rangers are once again getting ready for the spring and summer tours when the marmots wake from hibernation. In East Tyrol the offers range from wild animal watching with a spotting scope and binoculars, glacier exploration and valley crossings, up to specialist hikes on different topics.

### **New Highlight: Wildlife observation tower Oberhaus**

Visiting the tower, you overlook the treetops of the "Oberhauser Zirbenwald" at a height of 22 meters, and it provides you with a fantastic view.

With a little patience and luck one might discover marmots, deer or chamois in the opposite valley flanks.

**Summer tour offers** from mid-May to 26th October (also on request at [nationalparkservice.tirol@hohetauern.at](mailto:nationalparkservice.tirol@hohetauern.at))



## SHARE YOUR NATIONAL PARK MOMENT WITH US!



Information on National Park partner accommodation in East Tyrol:  
[www.nationalpark-partnerbetriebe.at](http://www.nationalpark-partnerbetriebe.at)

Information on the East Tyrol region:  
[nationalpark.osttirol.com](http://nationalpark.osttirol.com)



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