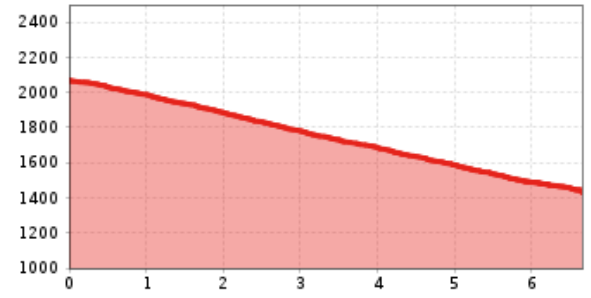


**Altitude profile**



## The most important at a glance

|                    |                            |                        |                                |                   |
|--------------------|----------------------------|------------------------|--------------------------------|-------------------|
| distance<br>6.6 km | walking time uphill<br>2 h | difficulty<br>average  | snowed<br>no                   | illuminated<br>no |
| lift<br>yes        | ascent separated<br>no     | toboggan rental<br>yes | toboggan seal of quality<br>no |                   |

**fitness:**

\* \* \* \* \*

**technique:**

\* \* \* \* \*

**public transport:**

Take bus line 965 to the "Obertilliach Ort" stop. From there it's just a short walk to the gondola lift entrance.

**parking:**

There are two large parking lots right next to the valley station.

**starting point:** Mountain restaurant "Connyalm"

**destination point:** Valley station gondola

**best season:** JAN, FEB, MAR, DEC

**typ:** natural

**information phone:** +43 4847 5300

## arrival

**Stop**

Obertilliach Ort

**Parking spot**

Car park Gondelbahn Obertilliach 1.450m

## Gpx file

## Interactive map

[download>](#)

[open>](#)

## Description

Ascent via the 10-person gondola (fee applies) or walk to the Connyalm. Toboggans can be rented at the mountain station. From the "Connyalm" mountain restaurant, the toboggan run descends via 12 switchbacks to the starting point at the valley station of the Golzentippbahn cable car. If you wish, you can take the groomed toboggan run to Rals before the turnoff via the ski trail and enjoy refreshments at the Mitterdorfer snack bar. The owner will gladly take you back to the village for a small fee!

**Note:**

The respective operators are solely responsible for the operation, condition, and safety of the toboggan runs. The East Tyrol Tourism Association provides information on opening status and times exclusively based on written notifications from the operators and assumes **no liability or guarantee** for this information.

