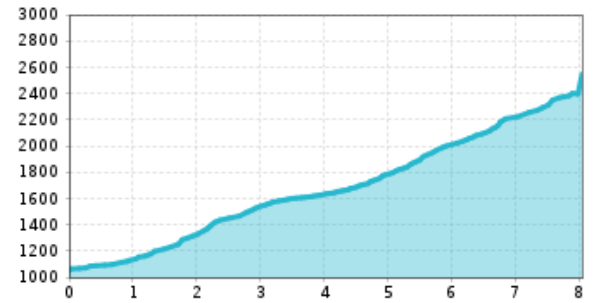


From the Karlsbader hut the ski tour starts on moderately steep terrain, into the Laserz group.



## Altitude profile



## The most important at a glance

altitude meters uphill  
1550 m

highest point  
2600 m

walking time uphill  
4:30 h

distance  
8.1 km

difficulty  
average

**starting point:** Tristach / Kreithof  
**destination point:** Ödkarscharte  
**best season:** JAN, FEB, MAR, DEC

## arrival

### Stop

Tristach Polösling

### Parking spot

Car park Landgasthof Kreithof

## Gpx file

[download>](#)

## Interactive map

[open>](#)

## Description

The Lienz Dolomites summer and winter alike are a perfect and easy to get to tour destination and impress with their wild, rugged rocky setting. The ski tour starts at Gasthof Kreithof (1050 m – fee for parking) and gets to Dolomitenhütte (1616 m), at the entrance to the Laserz, via the ski run which accompanies the toboggan run. Around 1 hour from Kreithof. The ascent to the Dolomitenhütte is closed in winter for private transport (taxi service). From the really exposed Alpine lodge we follow the forest trail to Instein Alm. In the left bend which follows, we leave the track for the goods road and take a shortcut through a flat fosse. This avoids the first section of the summer trail, which is not rewarding terrain for ski touring. As a result, it is recommended that you continue to make use of the shortcuts heading for Marcherstein. Here Karlsbader Hütte becomes visible for the first time. Via lovely pastureland the track swings to the bothy which has been extensively expanded in the last few years. 3 hours at this point from Kreithof. In the event of critical avalanche situation the tour should be terminated here and the steep corries avoided. With favourable conditions several options open up for ski tourers to exert themselves. The route which continues to Ödkarscharte is singled out here as a popular variant. Between the Seekofel rocky bastion and the daring Teplitzerspitze this Hochkar breaks through the rugged rocky landscape of the Lienzer Dolomites. The steep final slope into the wind gap requires good technique with regard to tackling hairpin bends and the ability to make an informed decision with regard to avalanches. Descent proceeds along the ascent track.

Additional ski tour tips can be obtained in the ski tour guides by Thomas Mariacher. These are available here:  
<http://www.grafikzloeb.at/verlag/buecher/>