

Several rewarding descents lead from Goisele into the valley Debanttal.



## Altitude profile



## The most important at a glance

altitude meters uphill  
1200 m

highest point  
2430 m

walking time uphill  
5 h

distance  
8.1 km

difficulty  
average

**starting point:** Lienz / Zetttersfeld Centre  
**destination point:** Goisele  
**best season:** JAN, FEB, MAR, DEC

## arrival

### Stop

Gaimberg Zetttersfeldbahn

### Parking spot

Parkplatz Zetttersfeld/Zentrum 1.812m

Car park Zetttersfeldstraße

## Gpx file

[download>](#)

## Interactive map

[open>](#)

## Description

The Goiselemandl, also shortened to Goisele by the locals, is a little snow pyramid at the north-west end of Lienz's sunny ski area, Zettersfeld. In terms of ski touring technique the ascent is no more than a ski hike, even if there are a few hairpin bends on the somewhat ascending summit ridge. The descent on the east side into neighbouring Debanttal reckons on you having appropriate top-class conditions. Avalanche safety and an option of heading back at the so-called 'Säge' (1170 m) are required, and it is here that our descent variant finishes. It is also possible for the very fit to walk via a not-too-short goods trail (Hochstubenweg) back to Faschingalmstraße and to the Naturfreunde Hütte, where you enter the eastern end of the ski area.

There are several starting points when it comes to climbing the Goisele. The shortest proceeds from the mountain station for the Steinermandl chairlift (2200 m) across the piste heading north-west and reaches the ridge in a dip (wooden signpost), 300 metres to the north west of the mountain station for the Schoberköpfl T-bar lift (2281 m). Those of you who prefer things to be really leisurely can of course also ascend via the T-bar lift to the Schoberköpfl and, descending slightly initially, cross the dip to the north west. A more leisurely, somewhat quieter ascent proceeds from the peak of the 'Thurner-Zettersfeldstraße' (1880 m) via the tranquil Rottmann ski route (No. 13) to the Schoberköpfl and branches off just before Lifthüttl across troughs to the summit ridge of the Goisele. Quite a number of ski tracks now lead us obviously from the aforementioned enclosed basin along the wide ridge, up and down slightly, in a north-westerly direction to the destination of our tour which has a lovely metal cross. The ski tour to the Schleinitz uses the trough to the east side beneath the Goisele, but we disregard it. The descent into Debanttal proceeds through the eastern flank which is a bit steep initially (>30°), before heading into gentle terrain and opens up several variants. One heads in a long left loop (north-east) to Wellalm (steeper), before after glades and the route crossings of the aforementioned Hochstubenweg and in further consequence the bottom of the Debanttal is tackled. From there, after crossing a river at skating pace, head to the start of the asphalt road at the 'Säge'. Those who are heading east to the Seewiesenalm (1996 m) can ascend back into the ski area again there, which yields a nice circular tour, or continue into Debanttal via Kuchlmairalm.

Additional ski tour tips can be obtained in the ski tour guides by Thomas Mariacher. These are available here:  
<http://www.grafikzloeb1.at/verlag/buecher/>