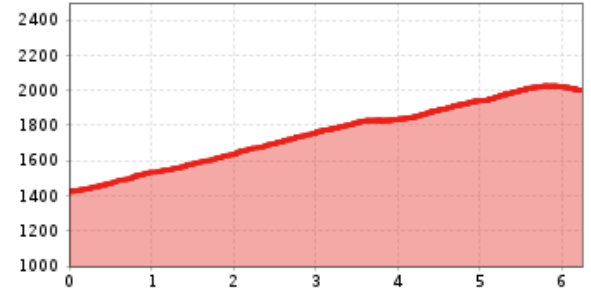


**Altitude profile**



## The most important at a glance

distance  
6.25 km

altitude meters uphill  
60 m

altitude meters downhill  
60 m

highest point  
2030 m

difficulty  
average

circuit  
no

fitness:

\* \* \* \* \*

technique:

\* \* \* \* \*

public transport:

**starting point:** St. Jakob i.D. Mariahilf Dorf  
**destination point:** Hintere Stalle  
**best season:** Jesach Alm  
JUN, JUL, AUG, SEP

## arrival

Stop

St. Jakob in Deferegggen Mariahilf Dorf

## Gpx file

[download>](#)

## Interactive map

[open>](#)

## Description

This moderately difficult MTB route proceeds on the existing MTB route "Hintere Stalle", 2 km east to Jesach Alm. Here you get to enjoy the superb view to Defereggental.