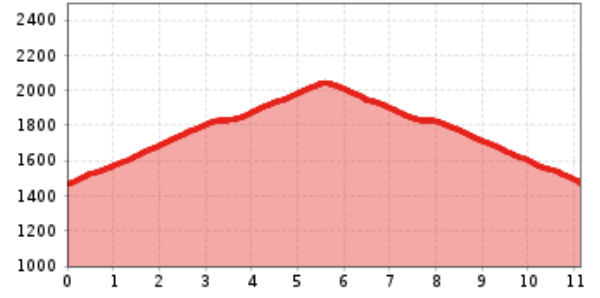




Altitude profile



The most important at a glance

distance
11.1 km

altitude meters uphill
570 m

altitude meters downhill
570 m

highest point
2040 m

difficulty
average

circuit
no

fitness:

* * * * *

technique:

* * * * *

public transport:

starting point: St. Jakob i.D. Mariahilf Zentrum
destination point: St. Jakob im Deferegggen-Kirchl "Maria Hilf" (1422m)
best season: Hintere Alpe Stalle (2046m)
MAY, JUN, JUL, AUG, SEP

arrival

Stop

St. Jakob in Deferegggen Mariahilf Dorf

Gpx file

[download>](#)

Interactive map

[open>](#)

Description

From the starting point, the Kirchl "Maria Hilf", initially there is a moderately difficult climb of around 800 m to Pötsch (asphalt). From there the forest road (gravel) climbs in serpentines up to the Alpe Stalle snack station (1714 m), where the route bears right, heading for Hintere Alpe Stalle (2046 m).