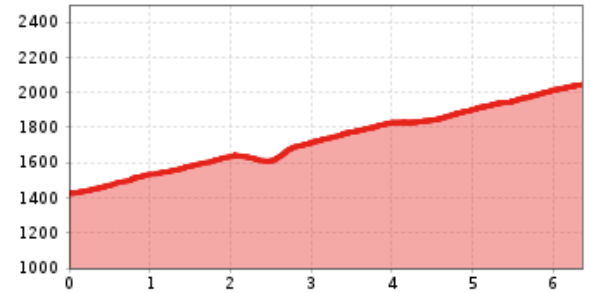


**Altitude profile**



**The most important at a glance**

<b>distance</b> 6.3 km	<b>altitude meters uphill</b> 610 m	<b>highest point</b> 2046 m	<b>difficulty</b> average	<b>circuit</b> no
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**fitness:**



**technique:**



**public transport:**

**starting point:** St. Jakob i.D. Mariahilf Zentrum  
**destination point:** St. Jakob im Defereggental-Kirchl "Maria Hilf" (1422m)  
**best season:** Hintere Alpe Stalle (2046m)  
 MAY, JUN, JUL, AUG, SEP

**arrival**

**Stop**

St. Jakob in Defereggental Mariahilf Dorf

**Gpx file**

**Interactive map**

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### Description

From the starting point, the Kirchl "Maria Hilf", initially there is a moderately difficult climb of around 800 m to Pötsch (asphalt). From there the forest road (gravel) climbs in serpentine up to the Alpe Stalle snack station (1714 m), where the route bears right, heading for Hintere Alpe Stalle (2046 m).