

Beautiful bike route in the middle of high alpine pastures with overwhelming panoramic views of over sixty 3000ers, for example the Grossglockner.



### Altitude profile



## The most important at a glance

distance 5.3 km	altitude meters uphill 248 m	altitude meters downhill 252 m	highest point 2410 m
difficulty average	circuit no		

**fitness:**

\* \* \* \* \*

**technique:**

\* \* \* \* \*

**public transport:**

Matrei i.O. Süd

**parking:**

**starting point:** Parkplatz Happeck  
**destination point:** Adler Lounge  
**best season:** JUN, JUL, AUG, SEP

### Gpx file

### Interactive map

[download>](#)

[open>](#)

## Description

Beginning at the Adler Lounge, the route runs along a gravelled track, initially downhill in slight hairpin bends, where you reach the picturesque Goldriedsee after a short drive.

Near the Matreier Goldriedbergbahnen there's a turnoff. To your right, the tour continues over lush alpine meadows, rising slightly up to the Kals-Matreier Törl Haus, which is perfect to take a short rest. Near the crest of the mountain bike trail there is the mountain bike trail leading back to the Adler Lounge.