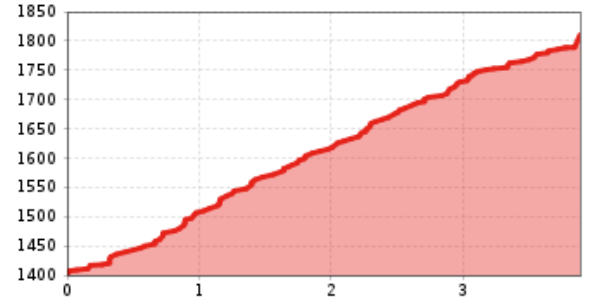




## Altitude profile



## The most important at a glance

distance 3.9 km	altitude meters uphill 410 m	highest point 1810 m	difficulty average	circuit no
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fitness:

\* \* \* \* \*

technique:

\* \* \* \* \*

public transport:

St. Jakob i.D. Brunnalmbahn

parking:

Parkplatz Brunnalmbahn  
Talstation Brunnalm Bergbahnen  
Brugger Alm Jausenstation  
best season: MAY, JUN, JUL, AUG, SEP

starting point:

destination point:

best season:

## arrival

Stop

St. Jakob in Deferegggen Brunnalmbahn

Parking spot

Car park Brunnalm

**Gpx file**

**Interactive map**

[download>](#)

[open>](#)

## Description

The moderately difficult MTB route starts at the valley station of the Skizentrum St. Jakob i. D. cable cars and proceeds via a gravel trail to the Bruggeralm. The gradient is on average 10%, with 400 metres altitude to tackle.