



Altitude profile



The most important at a glance

distance
7.7 km

altitude meters uphill
400 m

altitude meters downhill
400 m

highest point
1810 m

difficulty
average

circuit
no

fitness:

* * * * *

technique:

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public transport:

St. Jakob i.D. Brunnalmbahn

parking:

starting point: Parkplatz Brunnalmbahn
destination point: Talstation Brunnalm Bergbahnen
best season: Brugger Alm Jausenstation
MAY, JUN, JUL, AUG, SEP

arrival

Stop

St. Jakob in Deferegggen Brunnalmbahn

Parking spot

Car park Brunnalm

Gpx file

Interactive map

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Description

The moderately difficult MTB route starts at the valley station of the Skizentrum St. Jakob i. D. cable cars and proceeds via a gravel trail to the Bruggeralm. The gradient is on average 10%, with 400 metres altitude to tackle.