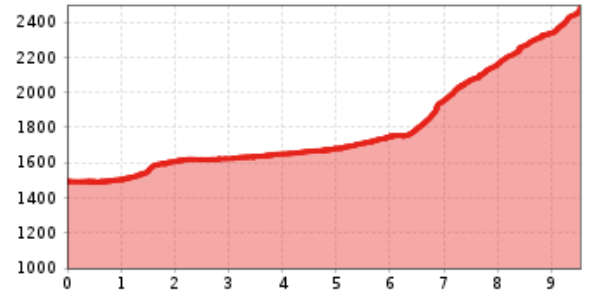




## Altitude profile



## The most important at a glance

distance 9.54 km	altitude meters uphill 1022 m	altitude meters downhill 40 m	walking time uphill 5 h
walking time downhill 4 h	total walking time 9 h	highest point 2482 m	difficulty average

fitness:



technique:



public transport:

by bus line 952

parking:

starting point: Kals/Taurer parking "Dorfertal"  
best season: Parking Dorfertal  
JUN, JUL, AUG, SEP

**Gpx file**

**Interactive map**

[download>](#)

[open>](#)

## Description

On this full-day hike, experienced hikers can explore the Granatspitz Group and follow in the footsteps of those who crossed the Tauern Mountains. Of particular interest are the so-called "Schalensteine"—circular, palm-sized indentations that resemble small bowls and can be found scattered among the rock slabs near the summit. At the Hintere Ochsenalm, Tyrolean mountain sheep can be seen everywhere; they are brought there every year by farmers for summer grazing.