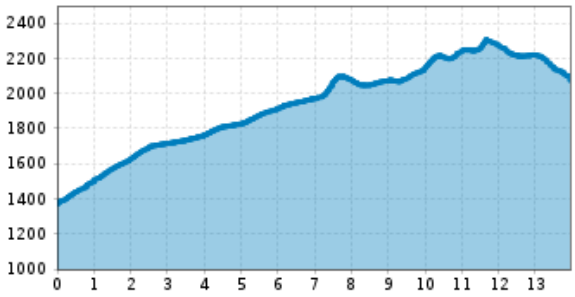
# The Gailtal altitude trail Stage 1




## Altitude profile



# The Gailtal altitude trail Stage 1

## The most important at a glance

| distance | altitude meters uphill | altitude meters downhill |
|---|---|---|
| 13.94 km | 1077 m | 372 m |

| total walking time | highest point | difficulty |
|---|---|---|
| 6 h | 2313 m | average |

**fitness:**

★ ★ ★ ★ ☆

**technique:**

★ ★ ☆ ☆ ☆

**starting point:** St. Oswald bei Kartitsch
**destination point:** Connyalm
**best season:** JUN, JUL, AUG, SEP
**route typ:** family tour

## arrival

**Parking spot**

Car park St. Oswald

## Gpx file

download>

## Interactive map

open>