

Experience unforgettable moments at the summit.



## Altitude profile



## The most important at a glance

distance  
9.6 km

altitude meters uphill  
1772 m

altitude meters downhill  
1772 m

walking time uphill  
7 h

walking time downhill  
5 h

total walking time  
12 h

highest point  
2891 m

difficulty  
difficult

fitness:

\* \* \* \* \*

technique:

\* \* \* \* \*

best season: JUN, JUL, AUG, SEP

## arrival

### Stop

Hopfgarten in Deferegggen Zwenewaldbrücke

### Parking spot

Car park Ratzell 1.100m

## Gpx file

[download>](#)

## Interactive map

[open>](#)

## Description

From **Blosbrücke** (Hopfgarten i. D.) follow the trail, in a few hairpin bends, into **Zwenewaldtal**. From here you get a lovely view to the **Glockner massif**. The road proceeds south, almost flat, in this lovely altitude valley, past **Zwenewaldalm** up to **Bloshütte**. From the **Bloshütte** the road leads into the valley via the **Fenstersteig** (No. 58) to the **Geigensee** lake and from there to the **Regenstein** (2,891m). Walking time from **Bloshütte** to **Regenstein** ca. 4 hours