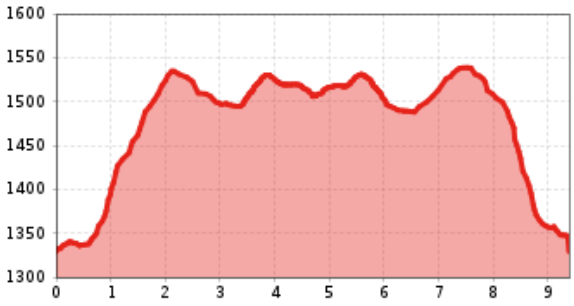
Nature and culture educational trail "Leben am Steilhang"

On the trail of the past



Altitude profile



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The most important at a glance

distance	altitude meters uphill	altitude meters downhill	total walking time
9.4 km	440 m	440 m	3:30 h

highest point	difficulty
1569 m	average

fitness:

* * ☆ ☆ ☆

technique:

* * ☆ ☆ ☆

public transport:

Bushaltestelle St. Veit in Defereggen Bruggen

parking:

Von St. Jakob in Defereggen nach St. Veit in Defereggen in den Ortsteil Bruggen Bruggen

starting point: Bruggen (St. Veit)
destination point: Gassen
best season: JUN, JUL, AUG, SEP, OCT

arrival

Stop

St. Veit in Defereggen Bruggen

St. Veit in Defereggen Kirche

Parking spot

Car park St. Veit

Gpx file

download>

Interactive map

open>

Description

Initially easy uphill to **Holzer Mühle**. After a steep section, going out of the valley, on the mountain slope facing the sunny side you come across typical examples of early mining life in an extreme location. At **Froditzbach** the **Holzer Mühle** is still in operation today. Flax is processed and grain mills are powered by the streams. People had to fend for themselves over the long winter in this secluded area. Information boards recount this to date unfamiliar story. The route may also be tackled from the other direction, for instance from the centre of **St. Veit i. D.** via **Gassen** to **Bruggen**.

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