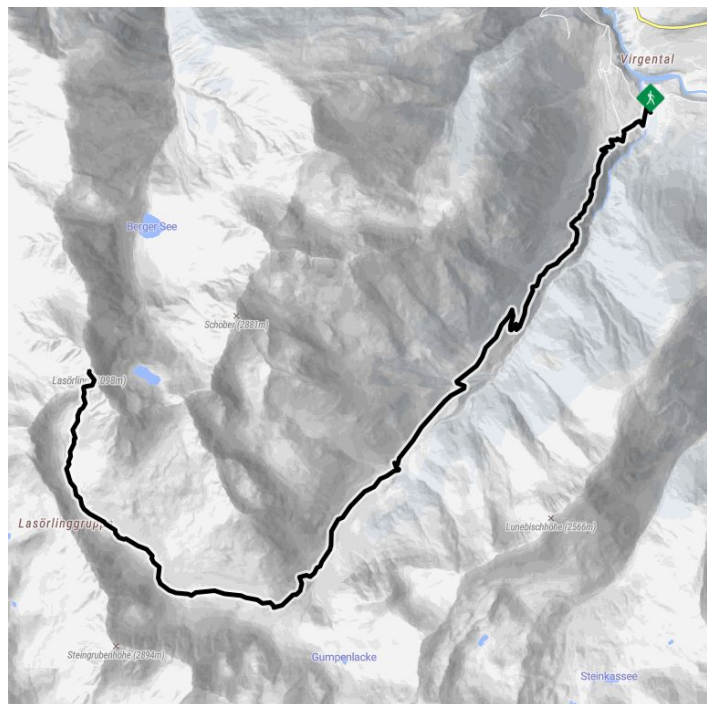
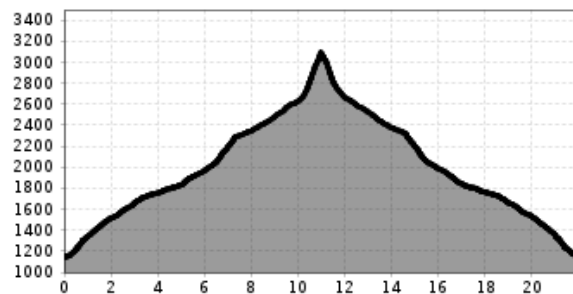


Hike to the Lasörling 3.098m (ascent Virgen)

Mountain tour with breathtaking views of the 3.000-metre peaks of Osttirol



Altitude profile



The most important at a glance

distance
22 km

altitude meters uphill
1940 m

altitude meters downhill
1940 m

walking time uphill
7:30 h

total walking time
12 h

highest point
3098 m

difficulty
difficult

fitness:

★ ★ ★ ★ ★

technique:

★ ★ ★ ★ ★

public transport:

Bus stop Virgen Kirche

parking:

starting point: Car park Lasörlinghütte
destination point: Car park Lasörlinghütte 1.150m
best season: JUL, AUG, SEP

arrival

Stop

Virgen Kirche

Gpx file

Interactive map

[download>](#)

[open>](#)

Description

This demanding tour starts at the parking place "Lasörlinghütte" in the district Niedermauern. After the bridge, turn left and follow a moderately steep climb until reaching the wide forest path (after about 1km). At the end of the valley Mullitztal, after the goods lift of the hut Lasörlinghütte, the forest path rejoins a steep path that leads in several serpentine to the hut Lasörlinghütte. The fantastic view of the mountain range Venedigergruppe and regional delicacies invite you to take a short break.

From here it takes about 3 hours to reach the summit. Follow the path Lasörling Höhenweg (No. 90) in a westerly direction. At the end of the valley, shortly before the striking ascent to the so-called Prägrater Törl, you have to turn right towards the summit Lasörling. This path leads over a scree. Continue following it and watch it become steeper and steeper. The last section leads past imposing boulders and finally ends at the summit of the Lasörling. The highest peak of the mountain range Lasörlinggruppe offers one of the best views of almost all 3.000-metre peaks in Osttirol and also of the South Tyrolean Dolomites.