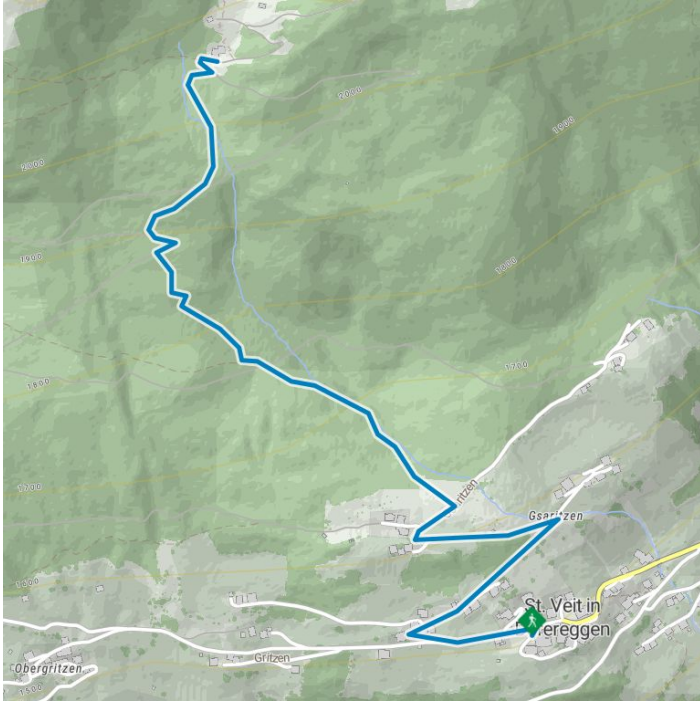
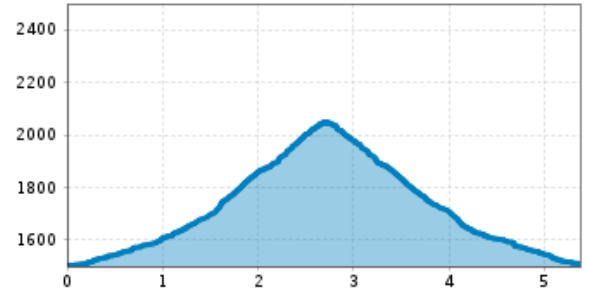


Easy hiking tour on the sunny side of Defereggental



### Altitude profile



## The most important at a glance

distance 5.37 km	altitude meters uphill 550 m	altitude meters downhill 550 m	walking time uphill 1:50 h
walking time downhill 1:30 h	total walking time 3:20 h	highest point 2050 m	difficulty easy

fitness:



public transport:

Bushaltestelle St. Veit in Deferegggen Dorf

parking:

starting point: Parkplatz Oberholz  
destination point: Parkplatz  
best season: JUN, JUL, AUG, SEP, OCT

## arrival

Stop

St. Veit in Deferegggen Kirche

Parking spot

Car park St. Veit

## Gpx file

[download>](#)

## Interactive map

[open>](#)

## Description

Starting from the carpark at the community office of St. Veit i. Deferegggen, walk towards the district of Gsaritzen from where a shorter path and the broader road way lead to Speikbodenhütte. Both tour variants are easy to hike and offer magnificent views all over Defereggental. Speikbodenhütte is located on 2,050 metres above sea level and provides not only a sun deck but also many culinary highlights.