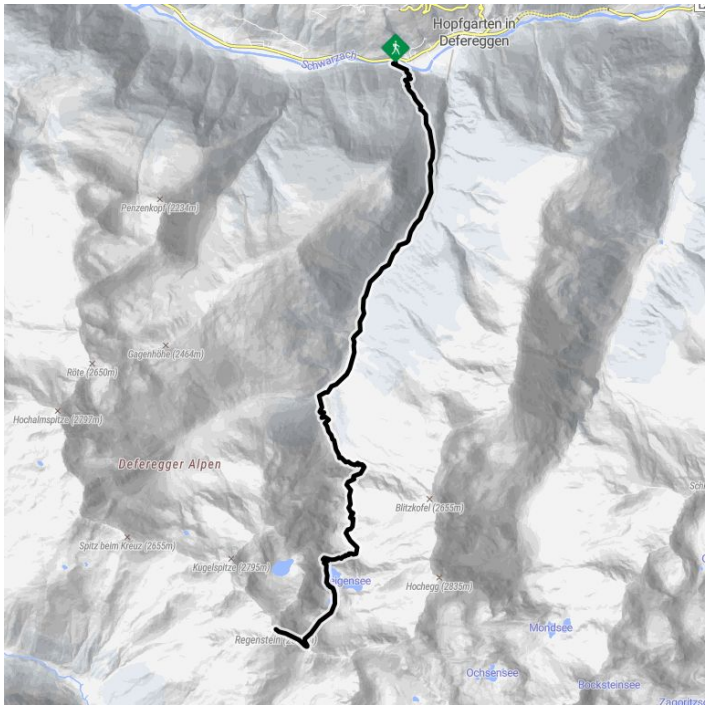
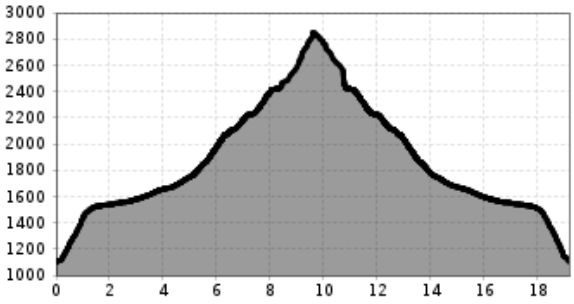
# Hike Regenstein 2.891m

**Experience unforgettable moments at the summit.**




## Altitude profile



# Hike Regenstein 2.891m

## The most important at a glance

| distance | altitude meters uphill | altitude meters downhill | walking time uphill |
|---|---|---|---|
| 9.6 km | 1772 m | 1772 m | 7 h |

| walking time downhill | total walking time | highest point | difficulty |
|---|---|---|---|
| 5 h | 12 h | 2891 m | difficult |

**fitness:**

* * * * *

**technique:**

* * * * *

**starting point:** Car park Blosbrücke 1.100m
**destination point:** Car park Blosbrücke 1.100m
**best season:** JUN, JUL, AUG, SEP

## arrival

**Stop**

Hopfgarten in Defereggen Zwenewaldbrücke

**Parking spot**

Car park Ratzell 1.100m

## Gpx file

download>

## Interactive map

open>

## Description

From **Blosbrücke** (Hopfgarten i. D.) follow the trail, in a few hairpin bends, into **Zwenewaldtal**. From here you get a lovely view to the **Glockner massif**. The road proceeds south, almost flat, in this lovely altitude valley, past **Zwenewaldalm** up to **Bloshütte**. From the **Bloshütte** the road leads into the valley via the **Fenstersteig** (No. 58) to the **Geigensee** lake and from there to the **Regenstein** (2,891m). Walking time from **Bloshütte** to **Regenstein** ca. 4 hours