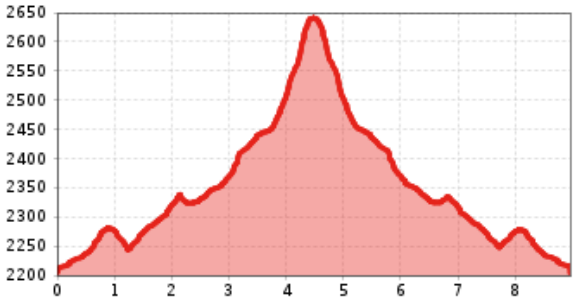
Hike Östliche Sattelköpfe 2,697m

A rewarding destination for a scenic mountain hike.

Altitude profile



The most important at a glance

distance	altitude meters uphill	altitude meters downhill	walking time uphill
4.5 km	485 m	42 m	2 h

walking time downhill	total walking time	highest point	difficulty
1:30 h	3:30 h	2647 m	average

fitness:

★ ★ ★ ☆ ☆

technique:

★ ★ ★ ☆ ☆

parking:

Zettersfeld Zentrum parking lot

starting point: Steinermandlbahn mountain station

destination point: Östlicher Sattelkopf

best season: JUN, JUL, AUG, SEP, OCT

Gpx file

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Interactive map

open>

Description

The hike leads from the **Bergstation der Steinermandlbahn** initially through alpine pastures towards Neualplseen, in the Hohe Tauern National Park. From there, a short steep mountain path leads to the peaks of **the östlichen Sattelköpfe** – with wide views of the Dolomites and the Lienz valley floor. The return journey follows the same route.