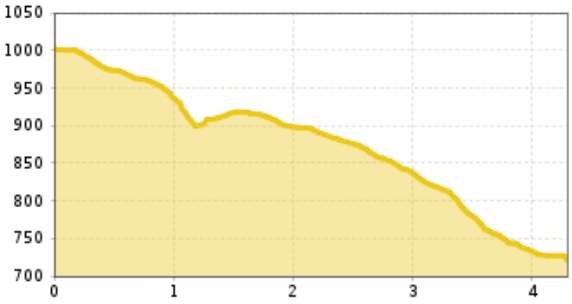
Flow Family Trail Nr. 155



Altitude profile



Flow Family Trail Nr. 155

The most important at a glance

distance	altitude meters uphill	altitude meters downhill	highest point
4 km	60 m	340 m	1000 m

difficulty	circuit
easy	no

fitness:

★ ★ ★ ★ ★

technique:

★ ★ ★ ★ ★

public transport:

Take the bus to the bus stop "Lienz Hochstein/Schloss Bruck" and then take the gondola to the Moosalm.

parking:

By car in direction Iseltal, on the left side you will find the Schlossbergbahn.
Car park Schlossbergbahn valley station

starting point: Moosalm
destination point: Schrankenanlage Stadtweg
best season: MAY, JUN, JUL, AUG, SEP

arrival

Parking spot

Parking lot Hochstein valley station

Gpx file

download>

Interactive map

open>

Description

The Flow Family Trail starts at the Moosalm at approx. 1000 m above sea level. From there the newly created trail of 4 kilometres length winds through the shady forest towards Bruck Castle and on to the valley station. About 340 metres of difference in altitude are to be mastered. The trail was laid out with chicken lines so that less experienced trail riders can bypass dashes and bumps. The Hochstein thus provides a new route that also allows beginners to curve down the trails into the valley. Please note: from the Bruck Castle area, the road traffic regulations apply!