

Beautiful bike route in the middle of high alpine pastures with overwhelming panoramic views of over sixty 3000ers, for example the Grossglockner.



### Altitude profile



## The most important at a glance

<b>distance</b> 5.3 km	<b>altitude meters uphill</b> 248 m	<b>altitude meters downhill</b> 252 m	<b>highest point</b> 2410 m
<b>difficulty</b> average	<b>circuit</b> no		

**fitness:**

\* \* \* \* \*

**technique:**

\* \* \* \* \*

**public transport:**

Matrei i.O. Süd

**parking:**

Parkplatz Happeck  
Adler Lounge

**starting point:**

**destination point:**

**best season:**

Adler Lounge  
JUN, JUL, AUG, SEP

### Gpx file

### Interactive map

[download>](#)

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## Description

Beginning at the Adler Lounge, the route runs along a gravelled track, initially downhill in slight hairpin bends, where you reach the picturesque Goldriedsee after a short drive.

Near the Matreier Goldriedbergbahnen there's a turnoff. To your right, the tour continues over lush alpine meadows, rising slightly up to the Kals-Matreier Törl Haus, which is perfect to take a short rest. Near the crest of the mountain bike trail there is the mountain bike trail leading back to the Adler Lounge.