



**Altitude profile**



## The most important at a glance

distance  
7.8 km

altitude meters uphill  
790 m

altitude meters downhill  
790 m

walking time uphill  
3:30 h

walking time downhill  
2 h

total walking time  
3:30 h

highest point  
2453 m

difficulty  
average

fitness:

\* \* \* \* \*

technique:

\* \* \* \* \*

public transport:

Mit dem Herz-Ass Wandertaxi bis zur Unterstaller Alm

parking:

**starting point:** Parkplatz Unterstaller Alm - kostenpflichtig  
**destination point:** Jausenstation Unterstalleralm  
**best season:** JUN, JUL, AUG, SEP  
**route typ:** circuit

## arrival

**Parking spot**

Car park Unterstalleralm 1.670m

**Gpx file**

**Interactive map**

[download>](#)

[open>](#)

## Description

From the car park at Unterstalleralm route 15 proceeds in the bottom of the altitude valley via Arntaler Bach to a partly stony steep path with plenty of bends up to what is known as the Restlangarten at 2241 m. This rocky, Alpine ascent continues via ledges and boulders up to the mysterious, dark Schwarzsee (pay attention to the signposts!). Descent via the same route to Restlangarten, bear left there onto route 15a, which proceeds initially to one of the loveliest Alpine villages in East Tirol, Oberstalleralm, continuing then to Unterstalleralm.