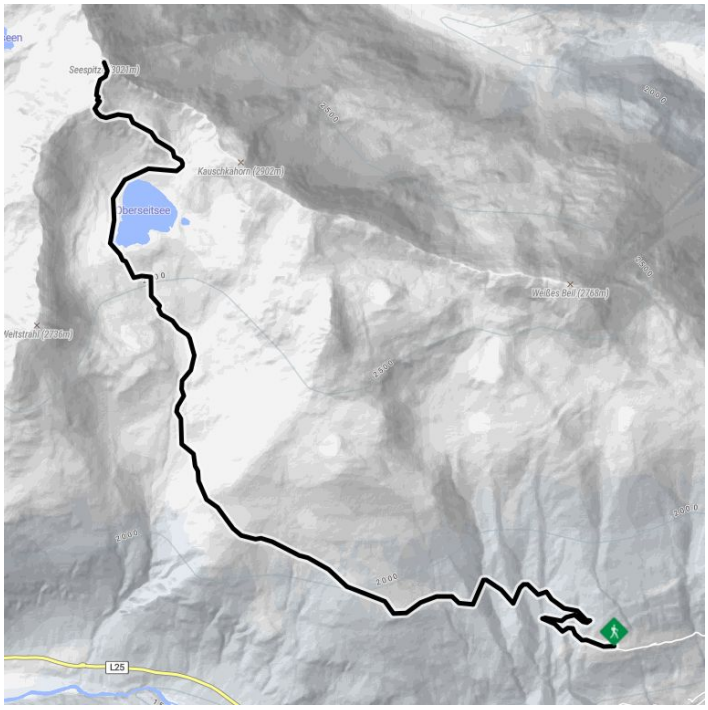
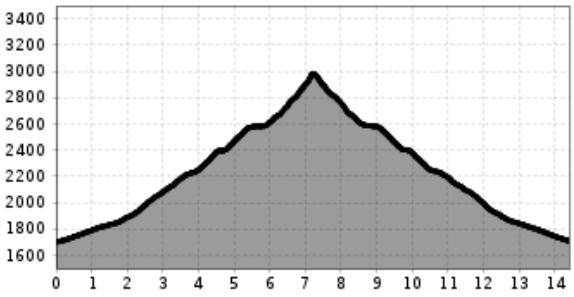
# Hike Oberseitsee - Seespitze 3.021 m

**Every step offers a view, every second an experience**




## Altitude profile



# Hike Oberseitsee - Seespitze 3.021 m

## The most important at a glance

| distance | altitude meters uphill | altitude meters downhill | walking time uphill |
|---|---|---|---|
| 14.4 km | 1310 m | 1310 m | 5 h |

| walking time downhill | total walking time | highest point | difficulty |
|---|---|---|---|
| 3:30 h | 8:30 h | 3021 m | difficult |

**fitness:**

* * * * *

**technique:**

* * * * *

**public transport:**

Bushaltestelle St. Jakob i. D. Gemeindeamt

**parking:**

Von St. Jakob in Defereggen über die Serpentinenstraße in den Ortsteil Außerberg und weiter nach Innerberg zum Parkplatz Trogach
Parkplatz Trogach

**starting point:** Trogach
**destination point:** Seespitze
**best season:** JUN, JUL, AUG, SEP

## arrival

**Parking spot**

Car park Trogach 1.700m

## Gpx file

download>

## Interactive map

open>

## Description

From **Trogach** on the forest trail to **Gasserkofel**, continuing via the meadow slopes to the **Seespitzhütte** (2327 m). There is a signposted path to the superb **Oberseitsee** (2576 m), which formed into a wide corrie trough after the glaciers retreated. To the west, past the lake, a steep path with a rope-secured section to the summit of the **Seespitze**, the most impressive viewing mountain on the **Panargenkamm**.