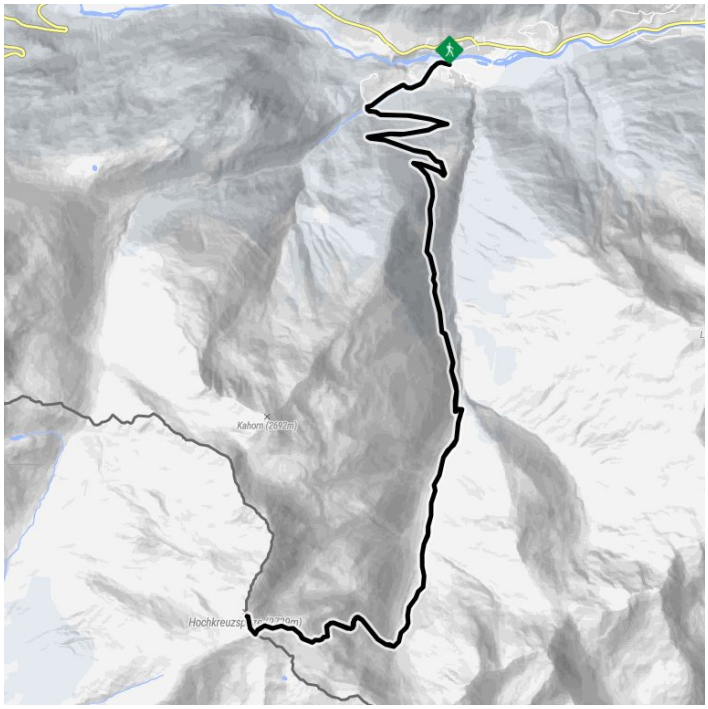
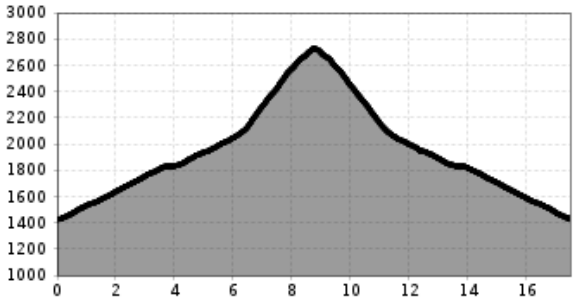
# Hike Hochkreuz 2.739m

**Escape from the daily grind and into the heart of adventure – your route into nature**



## Altitude profile



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## The most important at a glance

| distance | altitude meters uphill | altitude meters downhill | walking time uphill |
|---|---|---|---|
| 17.5 km | 1300 m | 1300 m | 3:30 h |

| walking time downhill | total walking time | highest point | difficulty |
|---|---|---|---|
| 3 h | 6:30 h | 2739 m | difficult |

**fitness:**

* * * * *

**technique:**

* * * * *

**public transport:**

Bushaltestelle St. Jakob i. D. Mariahilf Dorf

**parking:**

Von St. Jakob in Defereggen weiter in den Ortsteil Maria Hilf
Beim kleinen Kirchlein in Maria Hilf

**starting point:** Kapelle Maria Hilf
**destination point:** Hochkreuz
**best season:** JUN, JUL, AUG, SEP

## arrival

**Stop**

St. Jakob in Defereggen Mariahilf Dorf

**Parking spot**

Car park Trojeralmtal 1.640m

## Gpx file

download>

## Interactive map

open>

## Description

The starting point for this tour is Maria Hilf. From here proceed to **Alpe Stalle** and continue via the trail down into the valley to **Hintere Stalle**, where the trail ends. From here via a steep path, ascending slightly to the head of the valley. Then the right side of the slope proceeds via hilly Alpine meadows up to a small altitude plateau on the **Pfoisattel**, then bears right up to the highest point.