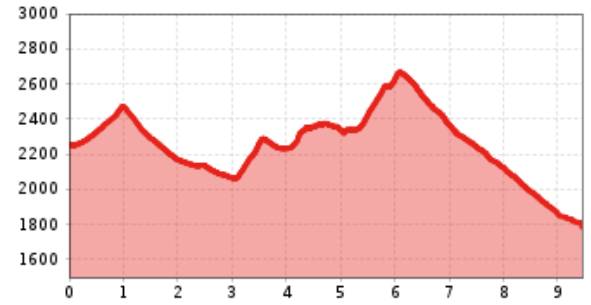


### Altitude profile



### The most important at a glance

<b>distance</b> 9.45 km	<b>altitude meters uphill</b> 1274 m	<b>altitude meters downhill</b> 1741 m	<b>walking time uphill</b> 7 h
<b>total walking time</b> 8:30 h	<b>highest point</b> 2676 m	<b>difficulty</b> average	

fitness:



technique:



starting point:

Karlsbader Hut

destination point:

Hochstadel Hut

best season:

MAY, JUN, JUL, AUG, SEP

### Gpx file

### Interactive map

[download>](#)

[open>](#)

### Description

Along Dreitörlweg (three-gap-path) up to hut Hochstadel. The stage begins with the climb up to the Laserztörl gap. From there, the route leads downhill to the Lavanter Alm covering some 400 m difference in altitude. Then a short climb first leads up to Kuhleitentörl gap. After a short descent and ascent past bizarre rock formations, you will get to the Baumgartnertörl. The climb now continues on to the Leitentörl gap. After a descent and the hike, the stage finishes in a south-facing semi-circle around the Hochstadel at the hut Hochstadel. With adequate fitness, a side trip from the Dreitörlweg path up to the Hochstadel provides a further highlight.