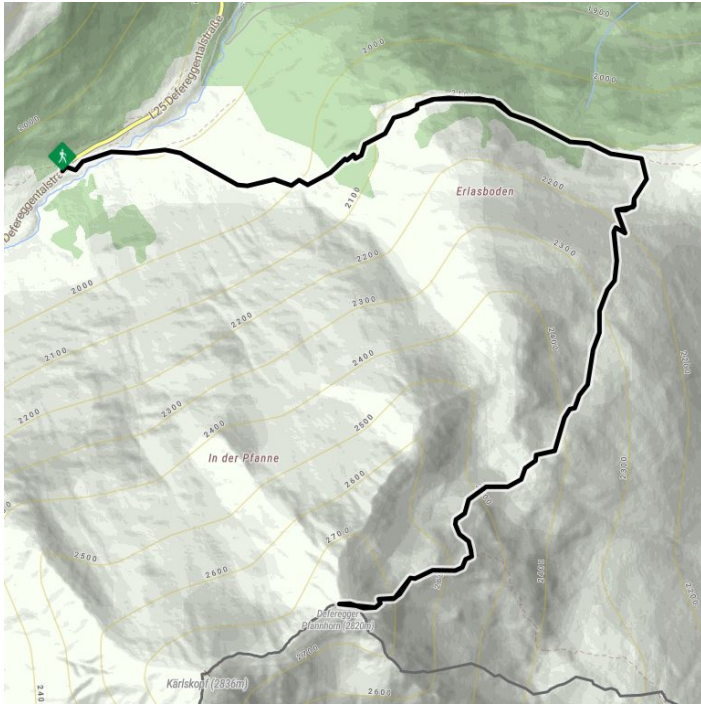
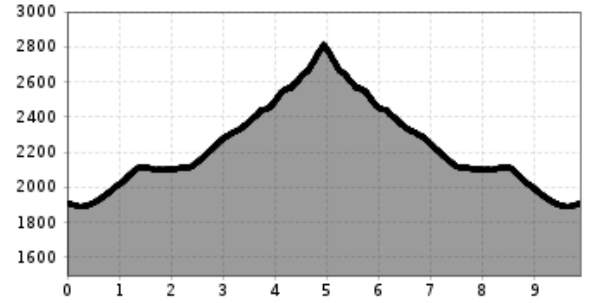


A rewarding hiking destination



## Altitude profile



## The most important at a glance

distance  
14 km

altitude meters uphill  
926 m

altitude meters downhill  
926 m

walking time uphill  
4:30 h

walking time downhill  
4 h

total walking time  
8:30 h

highest point  
2820 m

difficulty  
difficult

fitness:

\* \* \* \* \*

technique:

\* \* \* \* \*

public transport:

Haltestelle Grünbichl

parking:

starting point: Parkplatz Grünbichl  
destination point: Kapelle Maria Hilf  
best season: Deferegger Pfannhorn  
JUL, AUG, SEP, OCT

## arrival

Stop

St. Jakob in Defereggen Mariahilf Dorf

## Gpx file

[download>](#)

## Interactive map

[open>](#)

## Description

The **Deferegger Pfannhorn** is a border summit to the south-west of Maria Hilf. A mountain which comprises fantastic all-round views to the **Rötspitze**, **Großvenediger**, **Großglockner**, **Hochschober**, **South Tirol Dolomites**, ...

Starting point is car park "**Grünbichl**". From there head to "**Hirschbichl**". Now proceed via a steep path via Alpine pastures in a south-westerly direction, then bear left to a distinct hollow. Via the grassy slopes which follow proceed between two impressive rocks, somewhat to the left and climbing steeper up to the flanks of the summit. Via this arduous route section, gravelly in parts – in part over rock ledges – up to the summit.