

# Circular hike - Pustertal Alpine hike



## Altitude profile



## The most important at a glance

distance 9 km	altitude meters uphill 380 m	altitude meters downhill 380 m	walking time uphill 1:45 h
walking time downhill 1:15 h	total walking time 3 h	highest point 2000 m	difficulty average

**fitness:**

\* \* \* \* \*

**technique:**

\* \* \* \* \*

**public transport:**

Dienstags mit dem Wanderbus Lienzer Dolomiten.

**parking:**

**starting point:** Parkplatz Pedretscher Kaser  
**destination point:** Lienz, Thal, Assling, Parking Spot Wilferntal  
**best season:** Pedretscher Kaser  
**route typ:** APR, MAY, JUN, JUL, AUG, SEP  
circuit

## arrival

**Parking spot**

Parkplatz Pedretscher Kaser 1.700m

## Gpx file

## Interactive map

[download>](#)

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## Description

Anyone who wants to walk with their mind focussed on relaxation is best to enjoy a hike on the Pustertal Alpine path and take pleasure in coming across the rare flora and fauna of this area. The charming Alpine trail is located above Pustertal's sun terrace and is accessible from several points. You also come across a variety of Alpine lodges here, called "Kasern" by the locals. From the car park after the gate, proceed across Gampenbach bridge, continue right, where the route alternates between standard path and steep passage sections up to the Waldhuber Kaser at 2002m.

At Waldhuber Kaser proceed left, heading in a westerly direction along the path to Huber Kaser at 1950m. The Pustertaler Höhenweg then proceeds south-west to Gampener Kaser 1963at m, from there head back down to the starting point on the steep farm route at Gampenbach.