

A spectacular hike through the Proßeggklamm Gorge



### Altitude profile



## The most important at a glance

distance  
8.3 km

altitude meters uphill  
310 m

altitude meters downhill  
310 m

total walking time  
3 h

highest point  
1120 m

difficulty  
average

fitness:



technique:



starting point:

Parkplatz Korberplatz

destination point:

Parkplatz Korberplatz

best season:

MAY, JUN, JUL, AUG, SEP, OCT

route typ:

circuit

## arrival

Stop

Matrei in Osttirol Korberplatz

## Gpx file

[download>](#)

## Interactive map

[open>](#)

## Description

One of the most beautiful canyons in Osttirol is accessible again since summer 2024!

The hiking trail is classified as a **red mountain trail** - so you should definitely bring surefootedness with you. You can hire helmets at the tourist information centre in Matrei i. O. The trail leads from the southern entrance to the canyon - past calm river meadows - into the gorge, which is over 120 metres deep. The mighty **Steiner waterfall** plunges over 100 metres into the gorge and provides you with a cooling, fresh spray on hot summer days.

Helmets can be hired at the [tourist information in Matrei i. O.!](#)