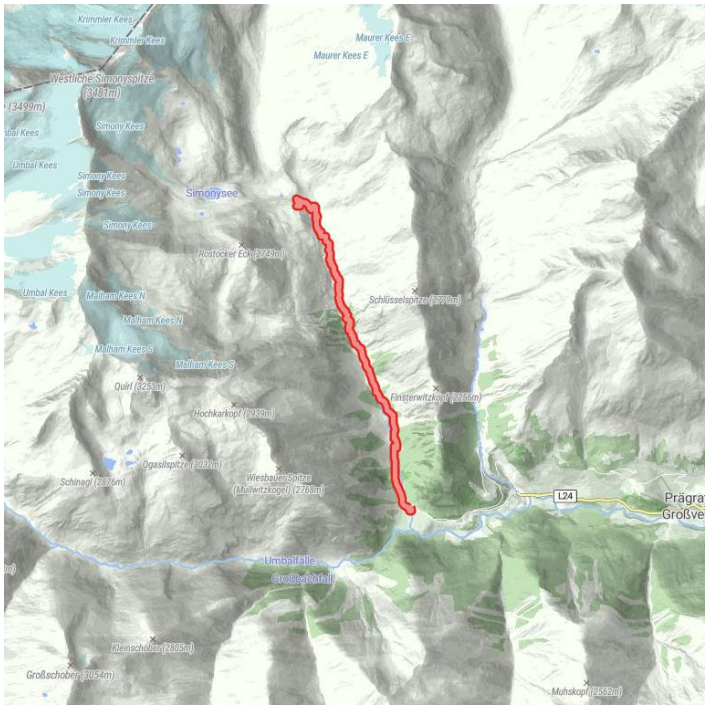
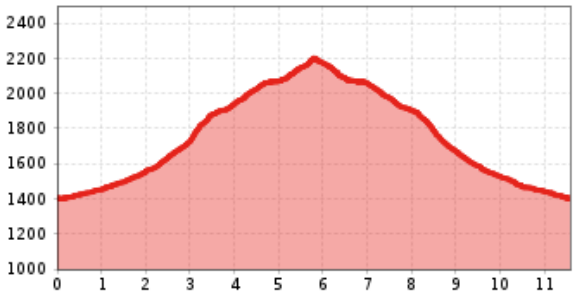
Hiking tour to Essener Rostocker Hütte 2.208m



Höhenprofil



Hiking tour to Essener Rostocker Hütte 2.208m

The most important at a glance

distance	altitude meters uphill	altitude meters downhill	walking time uphill
11.6 km	800 m	800 m	2:30 h

walking time downhill	total walking time	highest point	difficulty
1:30 h	4 h	2200 m	average

fitness: ★ ★ ★ ★ ★

technique: ★ ★ ★ ★ ★

public transport:

parking: Prägraten a.G. Ströden

Parkplatz Ströden

starting point: Parkplatz Ströden

best season: JUN, JUL, AUG, SEP

arrival

Bus stop
Prägraten a. G. Hinterbichl Edelweiß

hut/alpine hut

Essener-Rostocker Hütte 2.208m open

Gpx file

download>

Interactive map

open>

Beschreibung

The hiking trail leads from Ströden carpark right into Maurertal Valley, passing by Stoanalm until you reach the lower terminal of the goods cable lift. From here on, walk on into the valley through steep woodland area, which later gets flatter again, until you reach a water catchment that you cross using the bridge. The last section of the hike is moderately steep and leads across a glacial moraine to the mountain lodge.