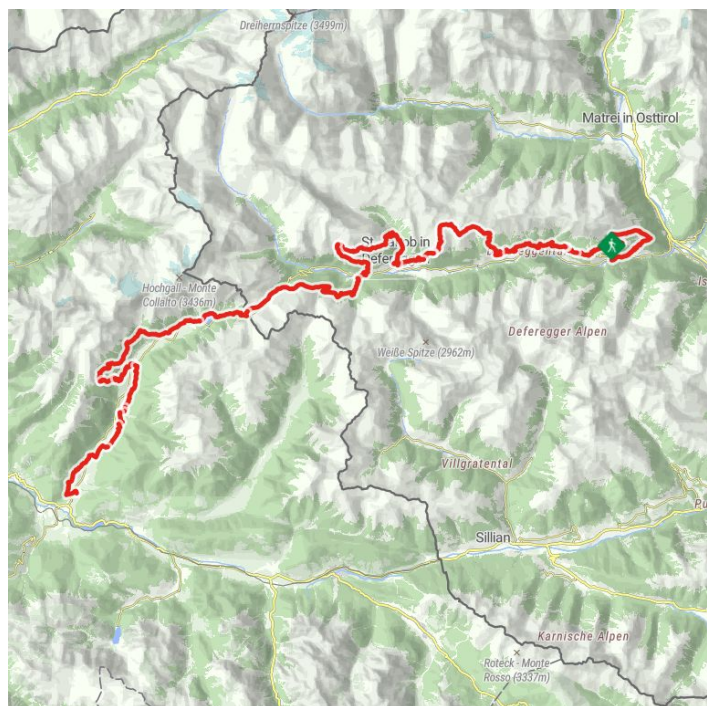
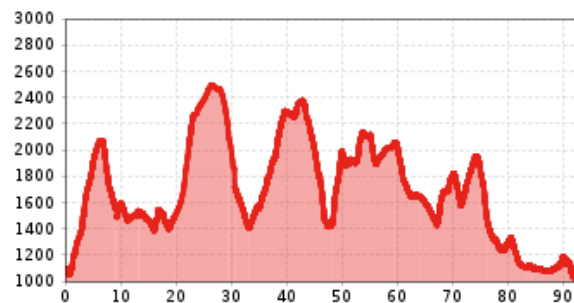


Time-out along the picture balcony of the alps - long-distance-hiking along the "2TälerTrail"



Höhenprofil



The most important at a glance

distance 92 km	altitude meters uphill 5528 m	altitude meters downhill 5788 m	total walking time 34 h
highest point 2383 m	difficulty average		

fitness: * * * * *

technique: * * * * *

starting point: Hopfgarten im Defereggental

destination point: Olang / Südtirol

best season: JUN, JUL, AUG, SEP, OCT

arrival

Bus stop

Hopfgarten i. D. Gemeindeamt

St. Veit i. D. Kirche

St. Jakob i. D. Lärchenhof

Car park

Car park Ratzell

Car park St. Veit

Car park Oberseehütte 2.020m

hut/alpine hut

[Alpengasthaus Obersee 2.020m](#) closed

Gpx file

[download>](#)

Interactive map

[open>](#)

Beschreibung

The boarder crossing "2TälerTrail" from East to South Tyrol leads to ways where minings, varlets, church-goers and smugglers have walked ever since. This path is around 90 kilometres long and takes up to six days from Hopfgarten in Deferegggen via St. Jakob in Deferegggen and the Staller Sattel to Rasen in the Antholzertal-valley.

The "2TälerTrail" is consciously no high alpine long-distance-hiking-trail and also no monoton valley trail, it's just a trail inbetween. It leads along average levels, between high alpine terrain and the valley bottom. Alpine mountain scenarios and cultural landscapes are changing. The views to the snow covered peaks of the Latschberg-group, Villgarter-mountains and the Rieserferner-group are simply stunning.

Figuratively speaking, neither does the hiker walk on the roof nor on the ground floor but on the balcony of the alps. Choose your night stop in a village in one of the lovely hotels, guesthouses with halfboard or private rooms with breakfast after a superior hiking day.