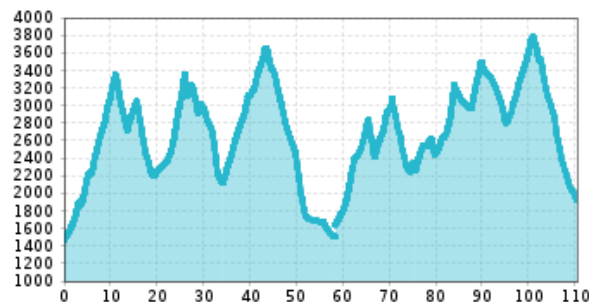


## Altitude profile



## The most important at a glance

altitude meters uphill  
10112 m

highest point  
3790 m

distance  
110 km

altitude meters downhill  
9774 m

difficulty  
difficult

**starting point:**

Hinterbichl / Ströden

**destination point:**

Lucknerhaus

**best season:**

FEB, MAR, APR, MAY

## Gpx file

## Interactive map

[download>](#)

[open>](#)

## Description

The Hoch Tirol plus is probably the biggest dream in the Eastern Alps for many ski tourers. On an impressive route through East Tyrol, it connects some of the most famous mountains in the Hohe Tauern and then reaches its spectacular finale on the Grossglockner. Every day there are summits and crossings above the 3000 metre mark and the views range from the Dolomites to the Berchtesgaden Alps.