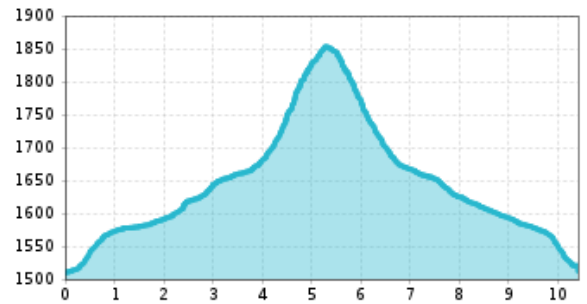


## Altitude profile



## The most important at a glance

distance  
10.5 km

altitude meters uphill  
180 m

total walking time  
3 h

highest point  
1861 m

difficulty  
average

fitness:



technique:



starting point:

destination point:

Parkplatz Lüfter  
Oberstalleralm

## Gpx file

[download>](#)

## Interactive map

[open>](#)