



**Altitude profile**



**The most important at a glance**

<b>distance</b> 14.2 km	<b>altitude meters uphill</b> 645 m	<b>altitude meters downhill</b> 630 m	<b>walking time uphill</b> 3 h
<b>walking time downhill</b> 2:30 h	<b>total walking time</b> 5:30 h	<b>highest point</b> 2037 m	<b>difficulty</b> average

fitness:



technique:



starting point:

Parkplatz Ströden

destination point:

Parkplatz Ströden

best season:

JUN, JUL, AUG, SEP

**Gpx file**

**Interactive map**

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## Description

This beautiful hike's starting point is Ströden carpark. First you walk along the broad driveway all the way to Isplitzeralm where a hiking path to the Umball Waterfalls begins on the right. Then follow the path which features a few stages until you get to a big meadow. Here the path branches off. Follow the path on the left all the way to Clarahütte. Here you can enjoy the breath-taking view onto Rötspitze from the sun terrace above the glacial stream while you're having a snack or coffee and cake.