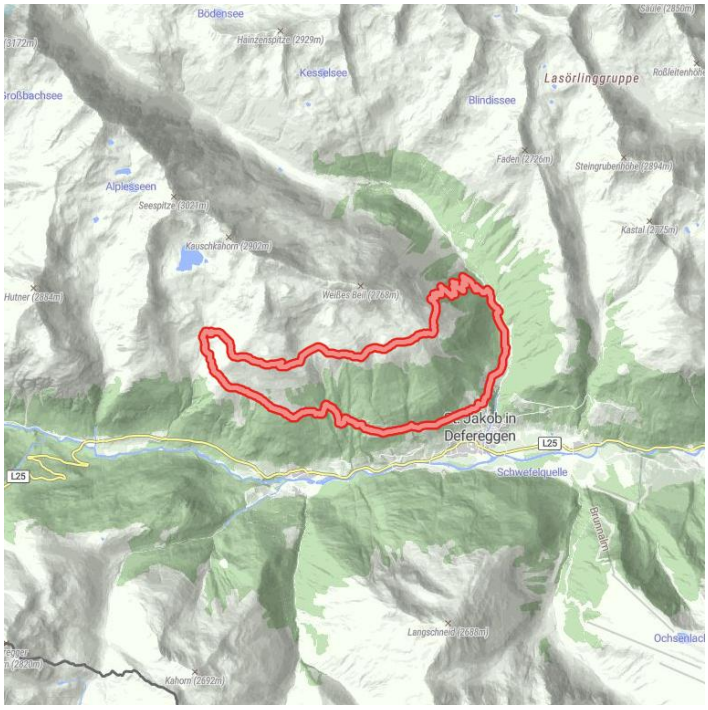
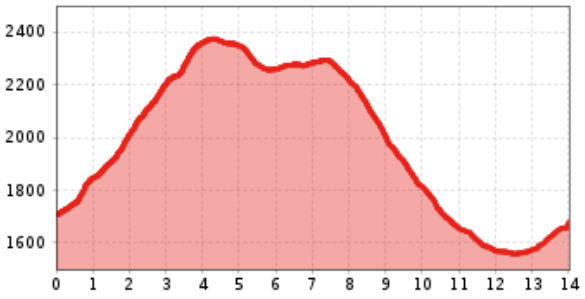
Themed Path “Alpine Flower Trail Oberseite



Höhenprofil



Themed Path “Alpine Flower Trail Oberseite

The most important at a glance

distance	altitude meters uphill	altitude meters downhill	total walking time
14.1 km	834 m	862 m	6 h

highest point	difficulty
2367 m	average

fitness: ★ ★ ★ ★ ★

technique: ★ ★ ★ ★ ★

public transport:

parking: Bushaltestellte St. Jakob i. D. Gemeindeamt

Parkplatz Trogach

starting point: St. Jakob/Trogach

destination point: Seespitzhütte

best season: MAY, JUN, JUL, AUG, SEP

route typ: circuit

arrival

Bus stop
St. Jakob i. D. Lärchenhof

Car park
Car park Trogach 1.700m

hut/alpine hut

Seespitzhütte 2.327m closed

Gpx file

download>

Interactive map

open>

Beschreibung

The themed path “Alpine Flower Trail Upper Side” provides good insight into the colourful diversity of the alpine plants and their living conditions in the high mountains. The starting point of the hike is Trogach (car park). A forest road and hiking trail lead to the actual starting point of the Alpine Flower Trail, the “Gasser Kofel”. From there, a moderately ascending hiking trail leads to the Seespitzhütte. From there, a high route runs eastwards (Reggnalm) and then descends into the Trojeralm Valley. The same-titled Natural History Guide published by the Austrian Alpine Association offers interesting facts about flora and fauna and the healing properties of some Alpine plants at all stops. (Please note: extensive day trip)