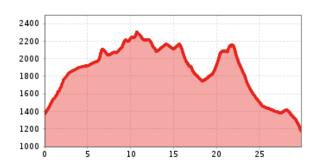


The Gailtal altitude trail



Höhenprofil



29.03.2024



The Gailtal altitude trail

The most important at a glance

distance

30 km

altitude meters uphill

1700 m

altitude meters downhill

1900 m

walking time uphill

10 h

walking time downhill

3 h

total walking time

13 h

highest point

2300 m

difficulty

average

fitness: * * * * *

technique: * * * * *

starting point: S
destination point: best season:

St. Oswald / Kartitsch Untertilliach/Wacht JUN, JUL, AUG, SEP

arrival

Car park

Car park St. Oswald

hut/alpine hut

Panoramic restaurant Conny-Alm 2.070 m closed

Gpx file

Interactive map

download>

open>

Beschreibung

The Gailtaler Höhenweg (Nr. 229) leads in the south of the Lienz Dolomites and in the western wing of the Gailtal Alps through one of the most beautiful areas of the East Tyrolean and Carinthian mountains - through the impressive natural and cultural landscapes of the Tyrolean Gail and Lesach valleys. Bordered in the north by the Pustertal valley and in the south by the Tyrolean Gail and Lesachtal valleys, the long-distance hiking route is considered a gentle counterpart to the Carnic High Trail (Friedensweg 403). The only overnight accommodation is at the "Connyalm" in the Golzentipp hiking area in Obertilliach. From the Lotteralm at the Landers border to Carinthia, this long-distance hiking trail is unfortunately no longer maintained and the infrastructure along this actually very beautiful trail is also very limited. Only adventure holidaymakers who want to spend the night in their own tent can make their way towards the Gailberg Sattel.

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