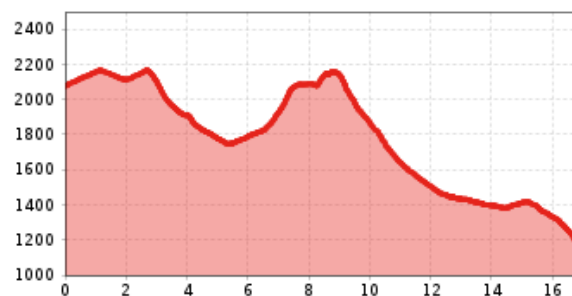


### Altitude profile



### The most important at a glance

distance  
16.8 km

altitude meters uphill  
652 m

altitude meters downhill  
1152 m

total walking time  
7:30 h

highest point  
2172 m

difficulty  
average

fitness:

\*\*\*\*\*

technique:

\*\*\*\*

starting point:

Connyalm

destination point:

Lotteralm

best season:

JUN, JUL, AUG, SEP

Gpx file

Interactive map

[download>](#)

[open>](#)