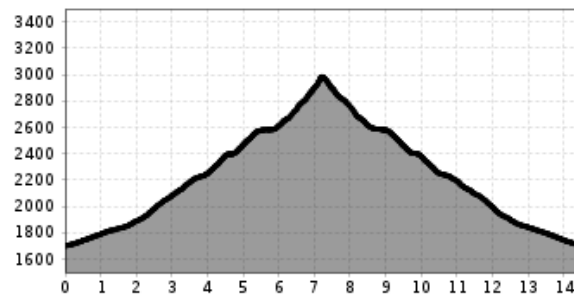


Höhenprofil



The most important at a glance

distance 14.4 km	altitude meters uphill 1310 m	altitude meters downhill 1310 m	walking time uphill 5 h
walking time downhill 3:30 h	total walking time 8:30 h	highest point 3021 m	difficulty difficult

fitness: * * * * *

technique: * * * * *

public transport:

parking: Bushaltestelle St. Jakob i. D. Gemeindeamt

starting point: Parkplatz Trogach
destination point: Trogach
Seespitze
best season: JUN, JUL, AUG, SEP

arrival

Car park
Car park Trogach 1.700m

hut/alpine hut

[Seespitzhütte 2.327m](#) closed

Gpx file

Interactive map

[download>](#)

[open>](#)

Beschreibung

From Trogach on the forest trail to Gasserkofel, continuing via the meadow slopes to the Seespitzhütte (2327 m). There is a signposted path to the superb Oberseitsee (2576 m), which formed into a wide corrie trough after the glaciers retreated. To the west, past the lake, a steep path with a rope-secured section to the summit of the Seespitze, the most impressive viewing mountain on the Panargen ridge.