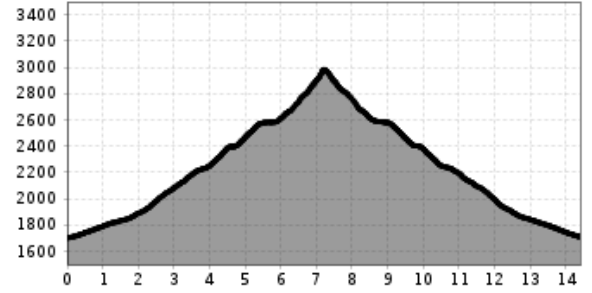


Every step offers a view, every second an experience



## Altitude profile



## The most important at a glance

distance 14.4 km	altitude meters uphill 1310 m	altitude meters downhill 1310 m	walking time uphill 5 h
walking time downhill 3:30 h	total walking time 8:30 h	highest point 3021 m	difficulty difficult

**fitness:**

\* \* \* \* \*

**technique:**

\* \* \* \* \*

**public transport:**

Bushaltestelle St. Jakob i. D. Gemeindeamt

**parking:**

**starting point:** Parkplatz Trogach  
**destination point:** Trogach  
**best season:** Seespitze  
JUN, JUL, AUG, SEP

## arrival

**Parkplatz**

Car park Trogach 1.700m

## Gpx file

[download>](#)

## Interactive map

[open>](#)

## Description

From **Trogach** on the forest trail to **Gasserkofel**, continuing via the meadow slopes to the **Seespitzhütte** (2327 m). There is a signposted path to the superb **Oberseitsee** (2576 m), which formed into a wide corrie trough after the glaciers retreated. To the west, past the lake, a steep path with a rope-secured section to the summit of the **Seespitze**, the most impressive viewing mountain on the **Panargenkamm**.