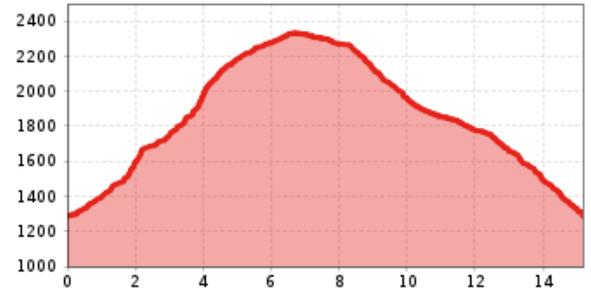




Höhenprofil



The most important at a glance

distance 15.2 km	altitude meters uphill 1090 m	altitude meters downhill 1090 m	walking time uphill 3:30 h
walking time downhill 2:30 h	total walking time 6 h	highest point 2350 m	difficulty average

fitness: * * * * *

technique: * * * * *

public transport:

parking: Prägraten a.G. Gemeindeamt

starting point: Parking place Sägewerk

destination point: Parking place Sägewerk

best season: JUL, AUG, SEP

route typ: circuit

arrival

Bus stop

Prägraten a. G. Gemeindeamt

Car park

Parkplatz Sägewerk Prägraten a.G.

hut/alpine hut

[Lasnithenhütte 1.900m](#) closed

[Bergerseehütte 2.181m](#) closed

Gpx file

[download>](#)

Interactive map

[open>](#)

Beschreibung

On the Muhs panorama trail a wonderful panoramic view to the three-thousand metre mountains of the Venediger group open up!

The starting point is the parking place behind sawmill Dorfer Säge. From here, proceed initially on the road to Lasnitzenhütte. After around 30 minutes you have to decide whether you will take the direct ascent to Bergersee Hütte or continue on the road to Lasnitzenhütte. The majority of hikers prefer the steep ascent to Bergersee Hütte and the easier descent from Lasnitzenhütte via the road, which is why this variant is described too. Proceed initially via route 312 which proceeds steeply up via the woodlands until you reach a forest trail, where the route proceeds east for a short section. Before the end of this route continue in hairpin bends, relatively steeply, until you come to a little Jagdhütte, which is concealed beneath a cliff.

The middle section of the climb now climbs slightly until the crossing point of Zopatnizenbach. The route is then really quite steep after this and it is an arduous trek up to Bergersee Hütte, which is located in a basin, right next to the wonderful Lake Bergersee.

Continue now on the actual Muhs panorama trail, which is beautifully developed, climbing slightly to the highest point 2356 m (Muhs).

The descent to Lasnitzenhütte proceeds on the route which was overhauled in 2012 and which is also great for families hiking with children. From Lasnitzenhütte the descent proceeds via the wide trail to the starting point at the parking place for the Dorfer sawmill.