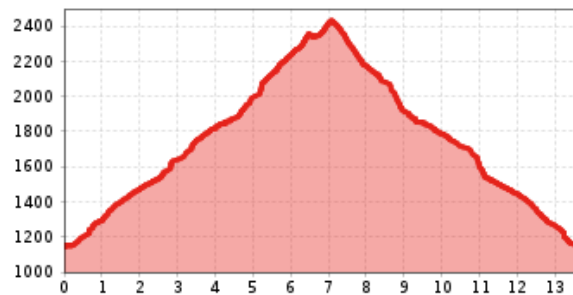




## Altitude profile



## The most important at a glance

distance  
13.6 km

altitude meters uphill  
1300 m

altitude meters downhill  
1300 m

walking time uphill  
3:45 h

walking time downhill  
2:45 h

total walking time  
6:30 h

highest point  
2442 m

difficulty  
average

fitness:

★ ★ ★ ★ ★

technique:

★ ★ ★ ★ ★

starting point:

destination point:

best season:

Parkplatz Guggenberg 1.130m

Parkplatz Guggenberg 1.130m

JUN, JUL, AUG, SEP, OCT

## Gpx file

[download>](#)

## Interactive map

[open>](#)

### Description

The hike starts at the Guggenberg car park in Matri in Osttirol. From there you can either take the path or the wide forest trail and after about 1.5 hours you reach the Zunigalm. From there, follow the signs in the direction of the Zunigsee and on to the Zunigtörl. From there you reach the summit after a few hundred metres, from where you have an excellent view of the Virgen, Tauern and Iseltal valleys. The way back can be done via the same path or via the north side (Maleregg).

TIP: The summit is particularly suitable for a sunrise tour!