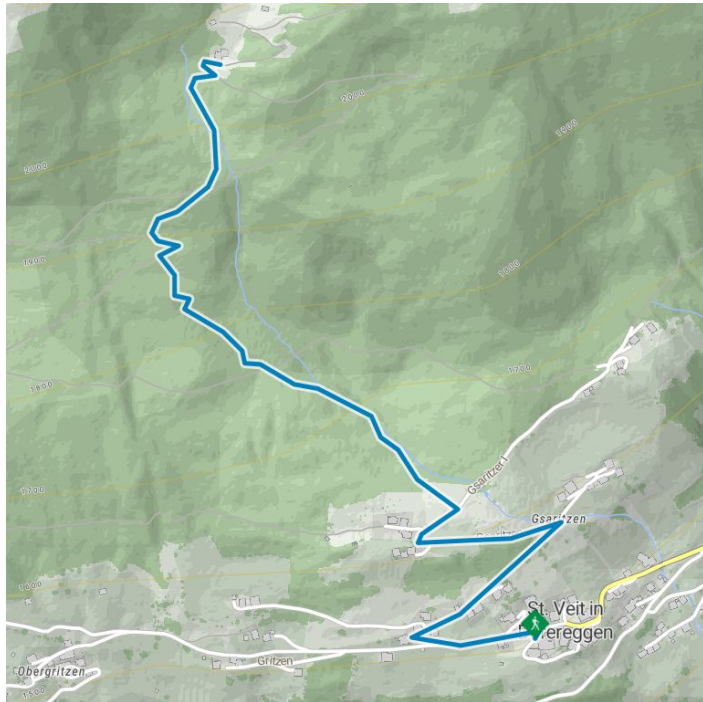
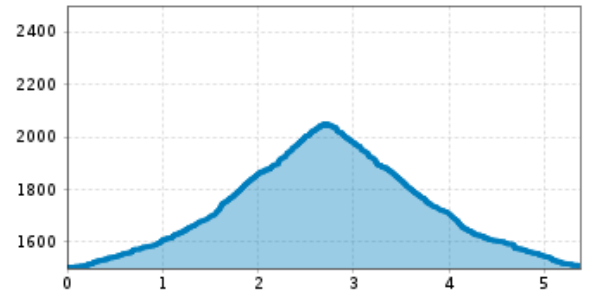


Easy hiking tour on the sunny side of Defereggental



### Altitude profile



## The most important at a glance

**distance**  
5.37 km

**altitude meters uphill**  
550 m

**altitude meters downhill**  
550 m

**walking time uphill**  
1:50 h

**walking time downhill**  
1:30 h

**total walking time**  
3:20 h

**highest point**  
2050 m

**difficulty**  
easy

**fitness:**



**public transport:**

Bushaltestelle St. Veit in Defereggental Dorf

**parking:**

**starting point:**

Parkplatz Oberholz

**destination point:**

Parkplatz

**best season:**

Parkplatz St. Veit

JUN, JUL, AUG, SEP, OCT

### Gpx file

[download>](#)

### Interactive map

[open>](#)

### Description

Starting from the carpark at the community office of St. Veit i. Deferegggen, walk towards the district of Gsaritzen from where a shorter path and the broader road way lead to Speikbodenhütte. Both tour variants are easy to hike and offer magnificent views all over Defereggental. Speikbodenhütte is located on 2,050 metres above sea level and provides not only a sun deck but also many culinary highlights.