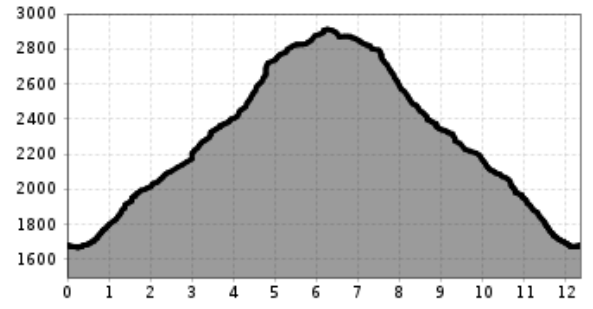




**Altitude profile**



## The most important at a glance

distance  
12.2 km

altitude meters uphill  
1200 m

altitude meters downhill  
1350 m

walking time uphill  
5 h

walking time downhill  
4 h

total walking time  
9 h

highest point  
3020 m

difficulty  
difficult

fitness:

\* \* \* \* \*

technique:

\* \* \* \* \*

public transport:

Donnerstags und Samstags mit dem Wanderbus bis zum Parkplatz Seichenbrunn.

parking:

starting point: Parkplatz Seichenbrunn  
destination point: Alkuser Rotspitze  
best season: MAY, JUN, JUL, AUG, SEP

## arrival

Parking spot

Car park Seichenbrunn

**Gpx file**

**Interactive map**

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