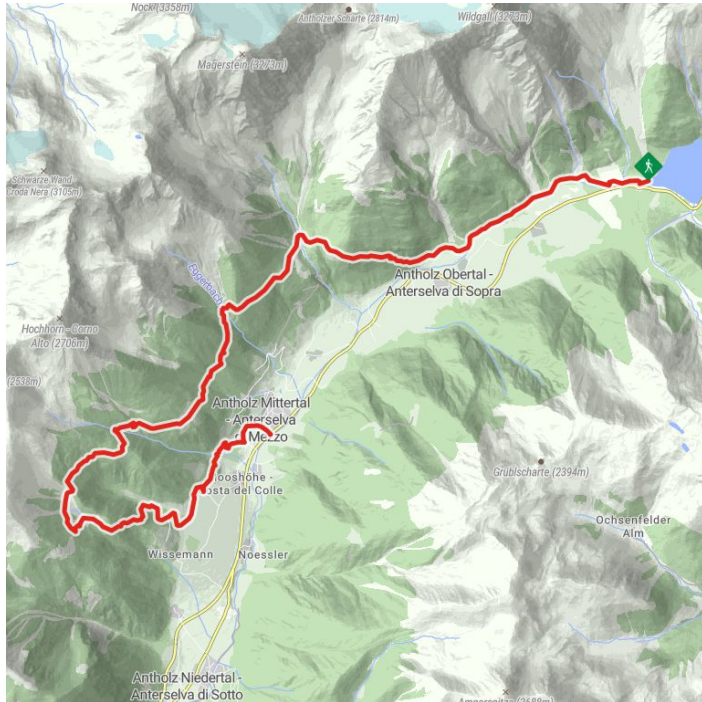
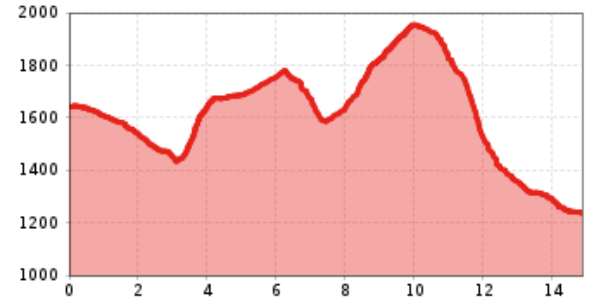


2TälerTrail - Stage 5: From Lake Antholz to Antholz Mittertal

From Lake Antholzersee to Antholz Mittertal - "At the Foot of the Rieserferner"



Höhenprofil



The most important at a glance

distance

15 km

altitude meters uphill

773 m

altitude meters downhill

1175 m

total walking time

5 h

highest point

1800 m

difficulty

average

fitness:



technique:



parking:

starting point:

destination point:

best season:

Beim Antholzer See

Antholzer See - Südtirol

Antholz-Mittertal - Südtirol

JUL, AUG, SEP, OCT

Gpx file

Interactive map

[download>](#)

[open>](#)

2TälerTrail - Stage 5: From Lake Antholz to Antholz Mittertal

From Lake Antholzersee to Antholz Mittertal - "At the Foot of the Rieserferner" On this stage, you hike from Lake Antholz past the biathlon centre across the Kornbrentesteig to the Schwörzalm. The trail leads over the Klammbach past the Brennalm (not managed) on the Mitteltaler High Route, which for the most part runs parallel to a forest path. After crossing the Eggerbach, you descend to the managed Kumpflalm, where you can take a break. Once you had your refreshment, you will hike uphill again on the waymarked hiking trail 6a to the Grentalmen. These well-kept alpine huts offer refreshment opportunities and snacks; from the terrace you can enjoy fantastic views over Antholztal Valley and the surrounding mountains. Choose hiking trail 6A for your descent towards Antholz-Mittertal. It winds its way down to the idyllic village of Antholz-Mittertal.