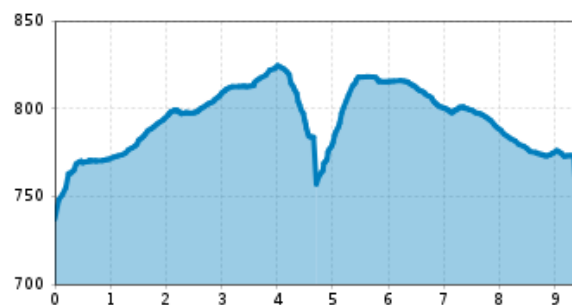


Altitude profile



The most important at a glance

distance
9.5 km

altitude meters uphill
180 m

altitude meters downhill
95 m

walking time uphill
2 h

walking time downhill
2 h

total walking time
2 h

highest point
831 m

difficulty
easy

public transport:

Mit dem Bus bis zur Bushaltestelle "Gaimberg Zettersfeldbahn".

parking:

starting point: Parkplatz Talstation Zettersfeldbahn
destination point: Zettersfeld Talstation
best season: Oberlienz/Lesendorf
route typ: MAY, JUN, JUL, AUG, SEP
buggy-friendly tour

Gpx file

Interactive map

[download>](#)

[open>](#)

Description

Priest Sebastian Kneipp can be described as being the pioneer of the wellness movement of today - his theses, which, above all else, served as preventative health care, are revealed on this themed trail. A stone labyrinth is a symbol for your route into your core, a healing herb garden, an arm bath and water treading facility as well as hiking bring visitors to this route closer to the 5 keystones of Priest Kneipp.