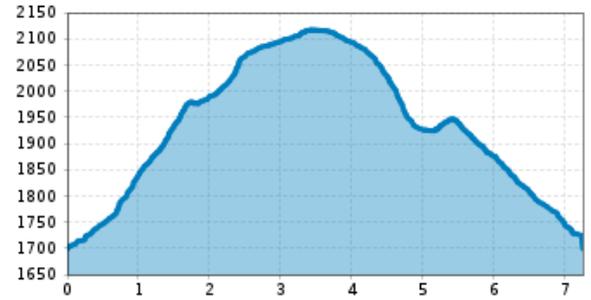


... from stone lounger to four-poster bed

## Theme path "Liegstätten in Timmeltal near Prägraten"



### Altitude profile



## The most important at a glance

distance 4.3 km	altitude meters uphill 480 m	altitude meters downhill 480 m	walking time uphill 1:30 h
walking time downhill 1:30 h	total walking time 3 h	highest point 2130 m	difficulty easy

**fitness:**

\* \* \* \* \*

**technique:**

\* \* \* \* \*

**public transport:**

Prägraten a.G. Wallhorn

**parking:**

**starting point:** Parkplatz Bodenalm  
**destination point:** Parkplatz Bodenalm  
**best season:** Liegstatt Grießler Oder  
**route typ:** JUN, JUL, AUG, SEP, OCT  
circuit family tour

## Gpx file

## Interactive map

[download>](#)

[open>](#)

## Description

In the surroundings of the Bodenalm and Wallhorner Alm, wooden structures await hikers that are not commonplace. This "resting places", modelled on the historical resting places once used by farmers to relax while working in the mountain meadows. The entrance to the nature experience is at the parking place Bodenalm. The 4 stations are located between 1.950 and 2.130 m and do not have any steep inclines. The snack station Bodenalm (not open right now) can be reached from the parking place Bodenalm (fee required!) after a short hike of 40 minutes. The easy and family-friendly circular hike to all 4 resting places from the Bodenalm takes about 2 hours.