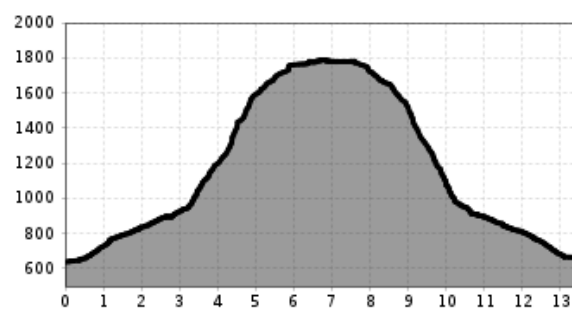


Altitude profile



The most important at a glance

distance
13 km

altitude meters uphill
1200 m

walking time uphill
4:45 h

total walking time
7:30 h

highest point
1800 m

difficulty
difficult

fitness:

* * * * *

technique:

* * * * *

public transport:

Take the train to the stop "Nikolsdorf Bahnhof".

parking:

starting point:
destination point:
best season:

Car park station Nikolsdorf
Lienz, Bahnhof Nikolsdorf
Hochstadel
JUN, JUL, AUG, SEP

Gpx file

Interactive map

[download>](#)

[open>](#)

Description

From the train station, follow the road and after three bends turn off onto Zabratsteig. First it leads up steeply, then it flattens briefly and leads down into a canyon full of shrubs. The rocky terrain that follows can be mastered by making use of the solid ladders. At the "Tiroler Grenzstein" (Tyrolean landmark) signpost, the trail leads leftwards across mountain meadows to "Unholdenalm" with Kalserhütte and the Hochstadelhaus, which is in 5 minutes distance to the east. The same route takes you back to the starting point.