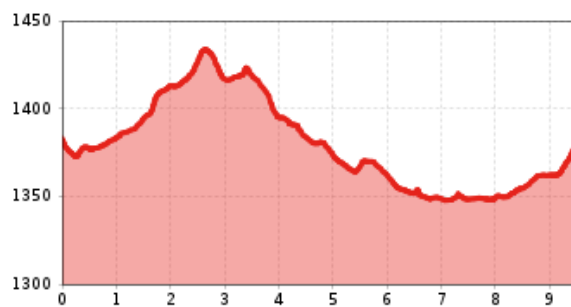




Altitude profile



The most important at a glance

distance 10 km	snowed no	difficulty average	start altitude 1402 m	destination altitude 1402 m
altitude meters uphill 250 m	highest point 1437 m	special accommodation for cross country skier no		
barrier-free no	biathlon no	cross country seal of quality no		

fitness:

* * * * *

technique:

* * * * *

public transport:

Mit dem Bus bis zur Haltestelle "Innervillgraten Dorf"

parking:

Parkplatz im Dorfzentrum
JAN, FEB, MAR, DEC

best season:

Gpx file

Interactive map

[download>](#)

[open>](#)

Description

The Villgratental slope begins beneath Cafe Alfonsstüberl in the centre of the village. It starts with an easy climb to the Maxerhof. Turning, you proceed via easy to moderately difficult ascents and descents across open fields to Pranau. Pass the children's playground and after crossing the rural road to the turning point at Graferhöfen and back again through the romantic forest and open terrain to the starting point in the centre of the village.