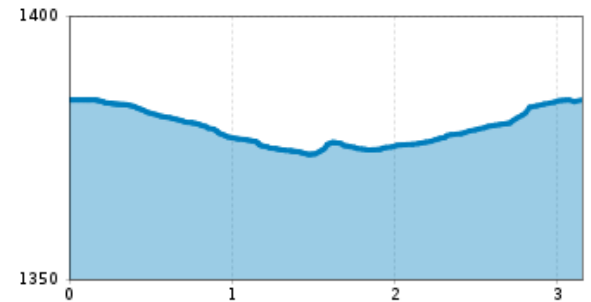


## Altitude profile



## The most important at a glance

distance  
2.8 km

snowed  
no

difficulty  
easy

start altitude  
1389 m

destination altitude  
1389 m

altitude meters uphill  
53 m

highest point  
1413 m

special accommodation for cross country skier  
no

barrier-free  
no

biathlon  
no

cross country seal of quality  
yes

fitness:

★ ★ ★ ★ ★

technique:

★ ★ ★ ★ ★

best season:

JAN, FEB, MAR, DEC

## Gpx file

[download>](#)

## Interactive map

[open>](#)

## Description

Relaxation and fitness is available for cross-country skiers of every age here. The access area is at the panorama display board at the school. The slope proceeds across the bridge heading out of the valley, next to the Schwarzach to Lackbrücke. After a short ascent continue and enjoy an easy descent to Schwefelbrunn back to the starting point.