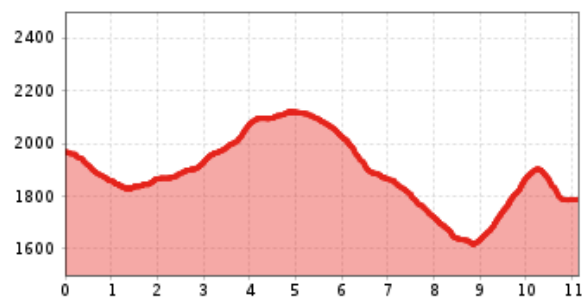


Trail Virgentaler Sonnseitenweg Stage 3



Höhenprofil



The most important at a glance

distance 11.2 km	altitude meters uphill 580 m	altitude meters downhill 770 m	total walking time 5 h
highest point 2120 m	difficulty average		

fitness: * * * * *

technique: * * * * *

starting point: Hut Nilljochhütte

destination point: Hut Stabanthütte

best season: JUN, JUL, AUG, SEP, OCT

route typ: circuit family tour

hut/alpine hut

[Nilljochhütte 1.990m](#) closed

[Stabanthütte 1.777m](#) closed

Gpx file

Interactive map

[download>](#)

[open>](#)

Beschreibung

Stage 3:

Nilljochhütte 1975 m - Bodenalm (20) – Liegstätten circuit trail in Timmeltal (28) – Wiesachweg (20) – Katinweg (23) – Redler Stein – Hell Maurach (22a) – Stabanthütte 1777m

Walking time: 4.5 to 5 hrs – depending on the stop at Liegstätten