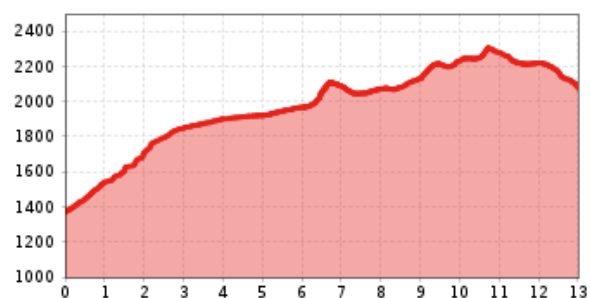


Höhenprofil



The most important at a glance

distance

13 km

altitude meters uphill

1084 m

altitude meters downhill

371 m

walking time uphill

5:15 h

walking time downhill

45 min

total walking time

6 h

highest point

2317 m

difficulty

average

fitness:

★ ★ ★ ★ ★

technique:

★ ★ ★ ★ ★

starting point:

St. Oswald bei Kartitsch

destination point:

Connyalm

best season:

JUN, JUL, AUG, SEP

route type:

family tour

Gpx file

[download>](#)

Interactive map

[open>](#)