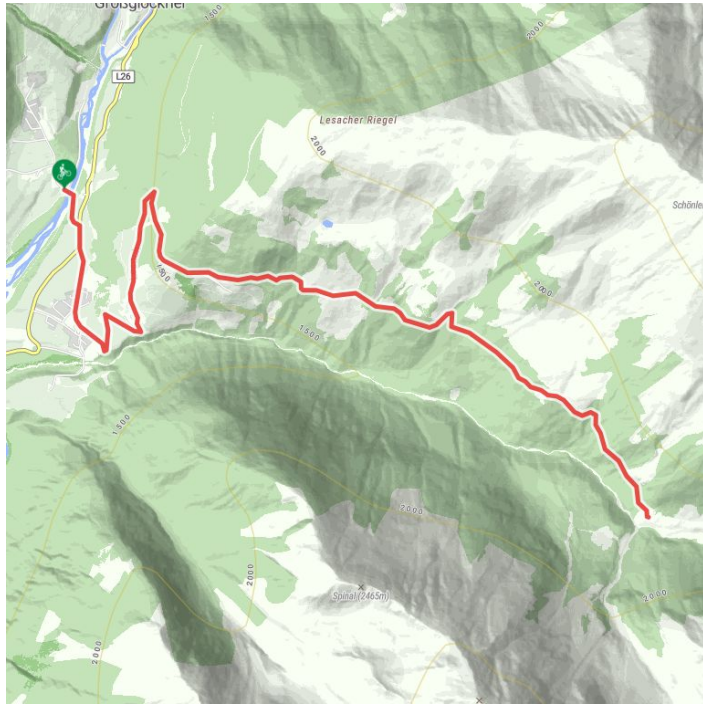
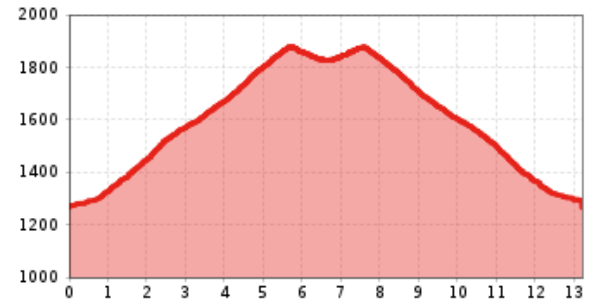


Mountain biking alwasy within the sight of the Glödis (3.207m)



Höhenprofil



The most important at a glance

distance 13.2 km	altitude meters uphill 654 m	altitude meters downhill 655 m	highest point 1880 m
difficulty average	circuit no		

fitness: * * * * *

technique: * * * * *

public transport:

parking: Kals a.G. Lesacherhof

destination point: Parkplatz Lesach Zentrum
Lesachalm

best season: JUN, JUL, AUG, SEP

arrival

Bus stop
Kals a. G. Lesacherhof

Car park
Car park Lesach centre

hut/alpine hut

[Alpengasthof Glödis Refugium 1.850 m](#) open

Gpx file

[download>](#)

Interactive map

[open>](#)

Beschreibung

This moderately difficult mountain bike route starts at the Lana bridge. From there, cross the bridge to the Lesach district. Please take particular care on the short stretch on the main road (approx. 100m)! Continue into the Lesach district, past Gasthof Lesacherhof and up the road in hairpin bends to Oberlesach. From there, a forest road continues in serpentine to the barrier at Rubisoierhof. At the Lesach-Riegel junction, follow the path towards Lesachalm up through the forest. The last section of the trail is relatively flat and even slightly downhill to the end of the route. From the Alpengasthof Glödis Refugium (please note the opening times) you can enjoy a breathtaking view of the Glödis (3,207m).