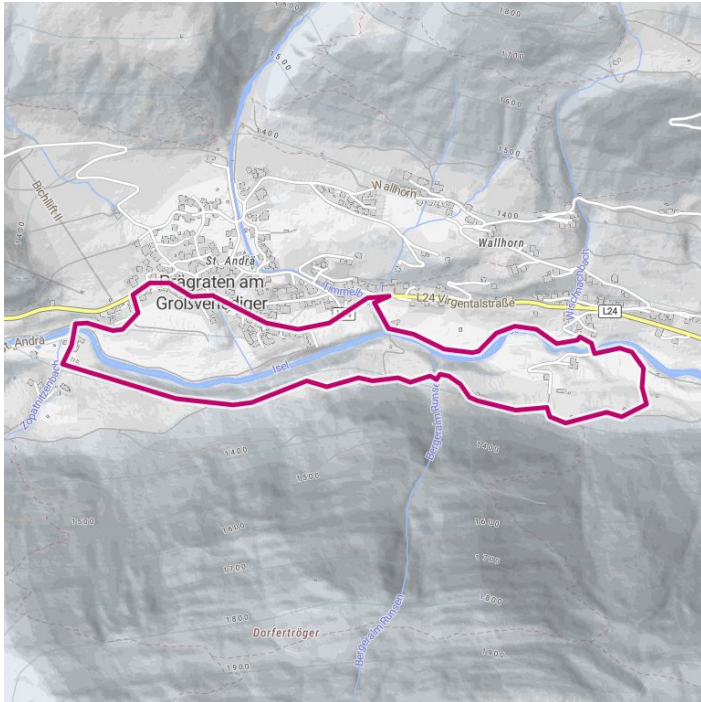
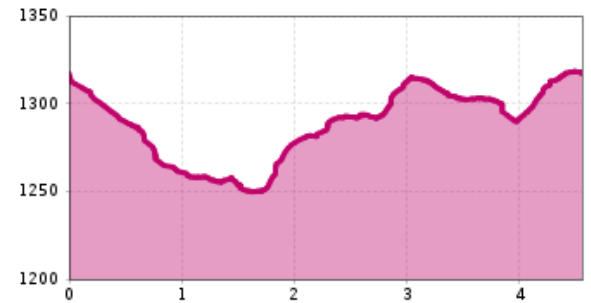


On crunching snow along the Isel



Altitude profile



The most important at a glance

distance
4.56 km

altitude meters uphill
96 m

altitude meters downhill
93 m

total walking time
1:30 h

highest point
1320 m

difficulty

fitness:

★★★★★

technique:

★★★★★

best season:

JAN, FEB, DEC

Gpx file

Interactive map

[download>](#)

[open>](#)

Description

Prägraten a. G. is a true winter hiking paradise. Glittering ice crystals, the soft crunch of snow underfoot and the gentle babbling of the Isel river accompany you on this idyllic trail through the snow-covered landscape.

The large loop is around 4.5 km long and can be easily shortened halfway through – ideal for families and anyone who wants to enjoy winter at their own pace.

The Gries Café invites you to recharge your batteries – whether with coffee and cake, a crispy pizza or a cosy cocktail in cosy warmth.